

HEALTH AND WELLNESS

PROGRAM OF STUDY

The Health and Wellness program of study introduces students to knowledge and skills related to promoting physical, emotional, social, and mental health and wellness. Students who choose this program of study may learn how to assist patients in planning for their health and wellness, respond to crises, and advise, provide education or counseling, or make referrals. Students may also focus on addressing barriers to access health and wellness services.

Texas Data: Collected by TEA October 2019

OCCUPATIONS	MEDIAN WAGE	ANNUAL OPENINGS	% GROWTH
Community Health Workers	\$38,064	592	25%
Rehabilitation Counselors	\$43,930	586	23%
Mental Health Counselors	\$41,558	812	38%
Health Care Social Workers	\$55,515	1,583	35%
Dietitians and Nutritionists	\$57,762	428	24%



RECOMMENDED COURSE SEQUENCE

- 1 LEVEL** Principles of Human Services
- 2 LEVEL** Lifetime Nutrition & Wellness/ Interpersonal Studies
- 3 LEVEL** Applied Nutrition and Dietetics
- 4 LEVEL** Practicum in Human Services

NOTE: See reverse for additional course sequence options and endorsement requirements. Course descriptions and details can be found in the course catalog.

WORK-BASED LEARNING EXPERIENCES	CAREER AND TECHNICAL STUDENT ORGANIZATIONS
Industry Guest Speakers; Site Visits/Field Trips; Industry Mentors; Community Project Opportunities; Internships/Externships.	Family, Career and Community Leaders of American (FCCLA); National Technical Honor Society (NTHS)



The Human Services Career Cluster focuses on preparing individuals for employment in career pathways that relate to families and human needs such as counseling and mental health services, family and community services, personal care services, and consumer services.

Non-Discrimination Statement

It is the policy of Leander ISD not to discriminate on the basis of race, color, national origin, sex or handicap in its Career and Technology Education Programs, services, or activities. Leander ISD will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs. Es norma de Leander ISD de no discriminar por motivos de raza, color, origen nacional, sexo o impedimento, en sus programas, servicios o actividades vocacionales. Leander ISD tomará las medidas necesarias para asegurar que la falta de habilidad en el uso de la lengua inglés no sea un obstáculo para la admisión o participación en todos los programas educativos y vocacionales.

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PUBLIC SERVICE

A student may earn a Public Service Endorsement by completing foundation and general endorsement requirements. Endorsement course options for the Health and Wellness program of study are listed below.



4 CREDITS REQUIRED

Required Credits:

- Lifetime Nutrition and Wellness/ Interpersonal Studies
- Applied Nutrition and Dietetics

Choose additional credits, if needed, from the following:

- Principles of Human Services
- Principles of Health Science
- Human Growth and Development
- Kinesiology I
- Family and Community Services
- Counseling and Mental Health
- Practicum of Human Services
- Introduction to Culinary Arts or Entrepreneurship
- Career Preparation
- Project-Based Research

NOTES:
