



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
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Fall 1 (Sept. 15 - Oct. 25, 2014)
Fall 2 (Oct. 27 - Dec. 13, 2014)

Gymnastics Six-Week Programs Registration Form

TWIN LAKES FAMILY YMCA

SESSION REGISTRATION DATES

FALL 1 **Y Member Registration:** July 26 - Oct. 24, 2014 **Open Registration:** Aug. 2 - Oct. 24, 2014
FALL 2 **Y Member Registration:** Sept. 20 - Dec. 12, 2014 **Open Registration:** Oct. 4 - Dec. 12, 2014

PROGRAM SELECTION & DESCRIPTIONS

* Lesson Plans Repeat Every 6 Weeks *

Class	Ages	Day	Member Fee*	Non-Member Fee*	Selection
Intro To Tiny Tots	18mo-3yrs	Wed. (9:30-10:20am)	\$50	\$65	
Intro To Tiny Tots	18mo-3yrs	Thurs. (10:30-11:20am)	\$50	\$65	
Intro To Flippin For Fun	3yrs	Wed. (10:30-11:20am)	\$50	\$65	
Intro To Flippin For Fun	3yrs	Thurs. (11:30-12:20pm)	\$50	\$65	
Intro To Developmental Gymnastics	4-5yrs	Wed. (11:30am - 12:25pm)	\$50	\$65	
Intro To Cheerleading	4-5yrs	Thurs. (9:30am - 10:20am)	\$50	\$65	
Kids Open Gym	4+ yrs	Sat. (12:30-1:25pm)	\$30	\$40	

* Fees will NOT be pro-rated for registration at mid-month.

Intro To Tiny Tots (18mo-3yrs)

This parent-child class teaches basic gymnastics skills to participants in order to prepare them for our year-round Tiny Tots class. Only the registered parent or guardian listed on the registration form can participate. If someone else will be assisting the child, they must speak with the instructor and complete a waiver.

Intro To Flippin For Fun (3yrs)

Children who are able to wait for the instructor on a dot, follow simple commands, learn basic skills, and can comfortably separate from their parent are appropriate for this class, which prepares them for our year-round Flipping For Fun program.

Intro To Developmental Gymnastics (4-5yrs)

This class prepares children for our year-round gymnastics programs. Participants must be able to follow instructions on basic skills.

Intro To Cheerleading (4-5yrs)

Children will be introduced to chants and cheers as well as cheer motions and jumps. There will be time spent working on basic tumbling skills each week. This class will improve muscle control, coordination and body awareness while helping build confidence.

Kids Open Gym (4+ yrs)

Children who would like to have extra time to practice their gymnastics skills are encouraged to register for this class, which provides an open gym setting without a set curriculum. Children who do not follow rules and cause an unsafe gym environment will be removed from the program.

Y STAFF ONLY	Gymnastics (14FA1) Class: _____	Day: _____	Amt. paid: _____	Staff Initials: _____
	Gymnastics (14FA2) Class: _____	Day: _____	Amt. paid: _____	Staff Initials: _____

PARTICIPANT INFORMATION

REGISTERING FOR: _____

PARTICIPANT NAME: _____ GENDER: _____ AGE: _____

ADDRESS: _____

D.O.B.: _____ CITY: _____ STATE / ZIP: _____

PARENT / GUARDIAN NAME: _____

HOME PHONE: _____ CELL / WORK PHONE: _____

E-MAIL: _____

EMERGENCY CONTACT NAME: _____

HOME PHONE: _____ CELL / WORK PHONE: _____

MEDICAL CONCERNS (please list any special conditions or limitation your child may have as well as any food, medicine or plant allergies, previous or existing illness, medications, hospitalizations, or medical requirements within the past 12 months):

PARTICIPANT WAIVER

Please **INITIAL** or **ANSWER** all lines to indicate received written policies / materials and agree to terms with **SIGNATURE** below.

_____ **Policies Waiver (REQUIRED):** I have received a copy of the gymnastics class descriptions and program rules / policies. I am clear about the descriptions, rules and policies stated.

_____ **ADA Policy (REQUIRED):** Parents have the obligation to disclose significant, medical, physical or behavioral issues at the time of the child's enrollment and on an ongoing basis. Due to the large group format of our program, we are unable to provide one-on-one care for any child except on an intermittent basis, such as injuries, immediate disciplinary issues and certain personal care needs customarily provided to other children.

_____ **Waiver for Medical Treatment (REQUIRED):** In the event that my child requires emergency medical treatment, I hereby authorize the Y staff to make arrangements to transport my child to the physician, hospital or clinic that I have designated or the nearest hospital / emergency medical facility. I give my consent for any and all necessary medical care treatment for my child during this time.

_____ **Waiver for Participation (REQUIRED):** I understand that Y activities have inherent risks and hereby assume all risks and hazards as a result of my child's participation in all Y programs and facilities, including transportation to and from said activities. I further release, absolve, indemnify and agree to hold harmless, the Y, the organizers, supervisors, directors, staff, volunteers, participants, coaches, referees, as well as persons or parents transporting participants to or from such activities from any claims or injury sustained during my use of Y facilities or participation in any Y activity, whether located on Y property or not.

_____ **Waiver for Photo / Video / Audio Release (OPTIONAL):** I give my consent for any photos, video and/or audio taken of my child involved in Y programs to be used for Y promotions, trainings and/or displays.

_____ **Change / Cancellation / Refund Policy (REQUIRED):** I understand that changes / cancellations / refunds are not permitted unless a physician's note is submitted stating the inability to complete the class. No refunds will be issued for missed classes or holiday closings (no classes will be held from Nov. 25-30 due to the Thanksgiving holiday), and no make-up classes are offered for six-week classes. Additionally, there is a \$10 transfer fee for changing class days and/or times unless moved by the instructor. If you drop from the class, no refund will be issued as all six-week classes are nonrefundable once registered.

_____ **Payment & Fee Policy (REQUIRED):** I understand that payment is due before participant begins class.

_____ **Additional Notes (REQUIRED):** Participants may begin program classes at any time. Proper attire must be worn at all times. Days and times are subject to change due to low enrollment. Financial assistance is available for all those who qualify. For any questions or concerns, please contact the Twin Lakes Family YMCA at (512) 250-9622.

Parent / Guardian Signature: _____ Date: _____

REFUNDS

Six-week classes are non-refundable. If your child is in a class that is too difficult for them or that they are not physically and/or emotionally ready for, they can be transferred to another class without a transfer fee.

MISSED CLASSES & MAKE-UP CLASSES

Missed classes are nonrefundable and no make-up classes are offered for six-week programs.

CLASS VIEWING

Friends and relatives can watch the class from outside the gym. Only the registered parent or guardian is permitted on the gym floor during Tiny Tot classes. Children who are not registered for that class are not allowed in the gym for any reason. YMCA of Greater Williamson County Family Members are welcome to take advantage of the Child Watch program by dropping siblings off across the hall.

GYMNASTICS & CHEER ATTIRE

Proper attire must be worn at all times. This is for the safety of the participant and to ensure a successful class.

Girls: Gymnastics – Leotard (NO leotard with a skirt attached will be allowed). During cooler weather, girls may wear leggings over their leotard but tights are not allowed. No pants / shorts with buttons or zippers are permitted.
Cheer – Leotard or properly fitting t-shirt tucked in to elastic waist shorts. Pom Poms will be available to use during class.

Boys: Shorts or pants with elastic waist only and a properly fitting t-shirt, which must be tucked in. No pants / shorts with buttons or zippers are permitted.

Hair

Everyone with hair that gets in their face must have it pulled back. This is for the safety of the participant. Of note, if a participant does not have their hair pulled back, they will be sent back to the parents to find a suitable solution.

Jewelry

Jewelry is not allowed to be worn during class. All necklaces, bracelets, watches and earrings (studs are permitted) should be left in the lobby with a parent during class. The YMCA of Greater Williamson County staff is not responsible for any lost or stolen jewelry or other belongings.

Personal Belongings

Please label all personal belongings and leave them on the gym bench. Items left in the gym will be sent to the lost and found. The YMCA of Greater Williamson County staff is not responsible for any lost or stolen jewelry or other personal belongings.

Food

No food or drinks are allowed on the gym floor. **Please be sure your child has had a snack and used the bathroom prior to coming to class. There is a water fountain in the gymnastics facility for water breaks but no restrooms.**

CAN I DROP MY CHILD OFF AND LEAVE THE Y DURING THEIR CLASS?

We strongly encourage all parents stay at the Y during their child's class. Of note, parents with children under four-years-old MUST be present outside of the class in the event a bathroom break is needed for the child.

HOW WILL I KNOW WHEN IT IS TIME FOR MY CHILD'S CLASS?

All participants will be called into class by a coach, who will announce the start of class and welcome everyone to come in and find a cubby for their belongings. No one is allowed in the facility or on the equipment without a Y instructor present.

For questions or to schedule an evaluation to determine class placement, please contact Gymnastics, Cheer & Dance Coordinator Mickie Vasquez at 512-250-9622 or mvasquez@ymcagwc.org. Space is limited, and registration is first come, first served. Days and times are subject to change due to enrollment.