

# LISD Summer Sports Camps

## Summer 2017

The Week of June 7th-10th is the first week of camp, the camps will run from Tuesday-Friday.

The week of July 25th, the camps will only run from Monday-Wednesday with increased time to make up for no Thursday.

UIL Constitution Section 1209: BASEBALL, BASKETBALL, FOOTBALL, SOCCER, SOFTBALL AND VOLLEYBALL CAMPS WHERE SCHOOL PERSONNEL WORK WITH THEIR OWN STUDENTS. After the last day of the school year in May, June, July and prior to the second Monday in August, on non-school days, all students other than students who will be in their second, third or fourth year of high school may attend one camp in each team sport, held within the boundaries of their school district, in which instruction is given in that team sport, and in which a 7th-12th grade coach from their school district attendance zone works with them.

### Location and Contact Information

### Camp Date/Time

#### *Canyon Ridge MS*

#### Canyon Ridge Sports and Games Camp I Grades 6-8

Canyon Ridge Middle School Gym

6/6/2017 - 6/9/2017

Sport Sports and Games  
 Incoming Grades 6th-8th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Terrece Harris  
 brenda.edwards@leanderisd.org

01:00 PM - 04:00 PM

#### Description

Campers will have the opportunity to challenge themselves through a variety of sports and games. This camp is always a favorite with all students. Come have a great time and at the same time learn some new games and activities.

**Special Instructions** Come ready to have fun!

**Special Requirements** Water bottle and comfortable clothes and shoes.

#### Canyon Ridge Track and Field Camp

Canyon Ridge Middle School Track

6/6/2017 - 6/9/2017

Sport Track  
 Incoming Grades 4th-8th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Brenda Edwards  
 brenda.edwards@leanderisd.org

09:00 AM - 12:00 PM

#### Description

The CRMS Track and Field camp is an introduction to the great sport of Track and Field to Middle School students. The camp will introduce students to most of the Middle School Track and Field events including sprint races, long distance races, relays, high jump, long jump and shot put. The camp will end with a fun Track meet to give students a chance to compete and have fun.

**Special Instructions**

**Special Requirements** Water bottle, appropriate clothing and shoes for running and jumping.

**Canyon Ridge MS****SPORTS AND GAMES CAMP II GRADES 6-8**

Canyon Ridge Middle School Gym

6/12/2017 - 6/15/2017

Sport Sports and Games  
 Incoming Grades 6th-8th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Brenda Edwards  
 brenda.edwards@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Campers will have the opportunity to challenge themselves through a variety of sports and games. This camp is always a favorite with all students. Come have a great time and at the same time learn some new games and activities.

**Special Instructions** Come ready to have fun!

**Special Requirements** Athletic clothes including tennis shoes & a water bottle.

**SPORTS AND GAMES CAMP GRADES 3-5**

Canyon Ridge Middle School Gym

6/12/2017 - 6/15/2017

Sport Sports and Games  
 Incoming Grades 3rd-5th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Marty Oneill  
 brenda.edwards@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Sports and Games Camp is a fun way to get off the couch and out of the house for fun indoor/outdoor activities! At Sports and Games Camp you will be introduced to new & fun large group games as well as participate in favorites such as capture the flag, hot pursuit, California dodge-ball and many more!</br>

**Special Instructions** Come ready to have fun!

**Special Requirements** Athletic clothing including tennis shoes, water bottle

**Get Ready for Tryout Volleyball Camp**

Canyon Ridge MS Gyms

7/31/2017 - 8/3/2017

Sport Volleyball  
 Incoming Grades 7th-8th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 brenda edwards  
 brenda.edwards@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Get yourself ready for fall volleyball tryouts by attending this camp. Campers will participate in competitive drills and learn advanced skills to ready themselves for tryouts. Athletes will end the camp with tournament play.

**Special Instructions** Come ready to have fun and learn volleyball skills.

**Special Requirements** Water bottle, appropriate clothing and shoes

**Cedar Park HS**

**T'Wolves Advanced Baseball Camp**

Cedar Park High School Baseball Facility

6/5/2017 - 6/8/2017

Sport Baseball  
 Incoming Grades 9th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Kris Gawriluk  
 kris.gawriluk@leanderisd.org

09:00 AM - 12:00 PM

**Description**

This camp is directed by the CPHS Baseball Coaching Staff and will teach advanced skills of throwing, catching, base running, sliding, hitting and pitching as it is taught to the varsity. This camp is designed for incoming 9th graders to get a good head start on what it means to be a Cedar Park Timberwolves Baseball Player.

**Special Instructions**

**Special Requirements** Campers need to bring glove, bat, baseball shoes, baseball pants, a hat and a water bottle

**Timberwolf Skills Camp**

Cedar Park High School

6/6/2017 - 6/9/2017

Sport Volleyball  
 Incoming Grades 3rd-6th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Rachel Altman  
 rachel.altman@leanderisd.org

09:00 AM - 12:00 PM

**Description**

The skills camp focuses on fundamentals and individual skills with opportunities for team play as well. The camp mission is to provide quality instruction, provide each camper with thousands of repetitions, and familiarize the campers with the philosophies and system of Cedar Park Volleyball.

**Special Instructions** Campers need to dress in appropriate volleyball attire including court shoes and knee pads.

**Special Requirements** Campers can bring money to purchase drinks and snacks in the concession stand during breaks.

**Cedar Park HS**

**Timberwolf Skills Camp**

Cedar Park High School

6/6/2017 - 6/9/2017

Sport Volleyball  
 Incoming Grades 7th-9th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Rachel Altman  
 rachel.altman@leanderisd.org

01:00 PM - 04:00 PM

**Description**

The skills camp focuses on fundamentals and individual skills with opportunities for team play as well. The camp mission is to provide quality instruction, provide each camper with thousands of repetitions, and familiarize the campers with the philosophies and system of Cedar Park Volleyball.

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**Special Instructions** Campers need to dress in appropriate volleyball attire including court shoes and knee pads.

**Special Requirements** Campers can bring money to purchase drinks and snacks in the concession stand during breaks.

**CPHS & VRHS Running Camp**

VRHS Track

6/12/2017 - 6/15/2017

Sport Cross Country COED  
 Incoming Grades 4th-9th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Shaun Carter  
 shaun.carter@leanderisd.org

06:00 PM - 09:00 PM

**Description**

This is a running camp for all incoming 5th thru 9th graders. The camp will focus on all aspects running including: Running Form, Running Efficiency, Nutrition, Training Methods, & Racing Strategies</br></br></br></br></br></br>

**Special Instructions**

**Special Requirements** Each camp participant should bring a good pair of running shoes and a water bottle.

**Cedar Park HS****Lady Timberwolves Softball Camp - 3rd - 5th grade**

Cedar Park Softball Field

6/12/2017 - 6/15/2017

Sport Softball  
 Incoming Grades 3rd-5th  
 Gender Girls  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Cami Jenschke  
 cami.jenschke@leanderisd.org

08:30 AM - 10:30 AM

**Description**

In this camp, we will spend 2 hours every day learning basic skills of the game of softball. We will focus on offensive and defensive drills and skills. </br>

**Special Instructions**

**Special Requirements** Campers will need to have a softball glove. Bats would be nice but are not necessary. Campers will also need to bring sunscreen and a water bottle daily.

**Lady Timberwolves Softball Camp - 6th - 9th**

Cedar Park Softball Field

6/12/2017 - 6/15/2017

Sport Softball  
 Incoming Grades 6th-9th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Cami Jenschke  
 cami.jenschke@leanderisd.org

01:00 PM - 04:00 PM

**Description**

This camp will focus on the fundamental skills of softball. We will focus on both offensive and defensive skills and drills. If numbers permit, the last afternoon will conclude with a scrimmage. </br>

**Special Instructions**

**Special Requirements** Campers will need to have a softball glove. Bats would be nice but are not necessary. Campers need to bring sunscreen and a water jug daily.

**T'Wolves Mighty Mites Days of Baseball**

Cedar Park HS Baseball Field

6/12/2017 - 6/15/2017

Sport Baseball  
 Incoming Grades 2nd-5th  
 Gender Boys  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Kris Gawriluk  
 kris.gawriluk@leanderisd.org

09:00 AM - 11:00 AM

**Description**

At this camp the young ball players will learn the basics of the game. The coaches will teach the fundamentals of the game of baseball mixed with some games and a good time. At the end of camp our youngsters will have a great baseball foundation and have had a great time in the process.

**Special Instructions**

**Special Requirements** Please bring baseball pants, a hat, a glove, a bat, and cleats (if you have some).

**Cedar Park HS****9-12 TIMBERWOLF SPEED AND STRENGTH**

CPHS Fieldhouse

6/12/2017 - 8/3/2017

Sport Strength and Conditioning  
 Incoming Grades 9th-12th  
 Gender Boys  
 Strg. and Cond. \$150

**Contact Info - Camp Director**  
 Brent Brittain  
 brent.brittain@leanderisd.org

07:00 AM - 09:00 AM

**Description**

Cedar Park High School and Middle School athletes will gain an advantage over their competition through this two-hour training. CPHS staff will provide the instructions and tools needed for campers to develop both speed and explosive power. CPHS and CPMS athletes will train separately in this 2 hour camp.</br></br>

**Special Instructions****Special Requirements** cleats, waterbottles**TIMBERWOLF CHAMPION'S FOOTBALL CAMP; GRADES 1-5**

Cedar Park Fieldhouse and Practice fields (Turf or Grass)

6/12/2017 - 6/15/2017

Sport Football  
 Incoming Grades 1st-5th  
 Gender Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Brendan McCarthy  
 carl.abseck@leanderisd.org

08:00 AM - 10:00 AM

**Description**

This is a NON-CONTACT camp. Cedar Park coaching staff members will teach Proper Tackling Form, Ball Skills, 7 on 7 & other Camp Games.

Campers need to bring: Cleats (optional) and water or sports drink. Water will also be provided.</br></br>

**Special Instructions** Camp May Be Held on Practice Turf or Grass Fields**Special Requirements** Cleats (Optional) and water bottles w/basic athletic clothes**LADY TIMBERWOLF SPEED AND STRENGTH CAMP**

CPHS Small Weight Room

6/12/2017 - 7/26/2017

Sport Strength and Conditioning  
 Incoming Grades 7th-12th  
 Gender Girls  
 Strg. and Cond. \$150

**Contact Info - Camp Director**  
 Cami Jenschke  
 cami.jenschke@leanderisd.org

07:00 AM - 09:00 AM

**Description**

This camp will offer CPHS & CPMS athletes a chance to develop speed and strength through the use of proper mechanics and form. Campers will be instructed by coaches from the CPHS and CPMS coaching staffs.

**Special Instructions** No camp the week of July 4th**Special Requirements** Wear appropriate athletic attire and bring a waterbottle

**Cedar Park HS**

**T'Wolves Baseball Youth Camp**

Cedar Park High School Baseball Facility

6/12/2017 - 6/15/2017

Sport Baseball  
 Incoming Grades 6th-8th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Kris Gawriluk  
 kris.gawriluk@leanderisd.org

11:00 AM - 02:00 PM

**Description**

This camp is directed by the CPHS Baseball Coaching Staff and will teach the fundamental skills of throwing, catching, baserunning, sliding and hitting. here we will teach the basics of advancing to the bigger fields and how to be successful in this transition.</br>

**Special Instructions**

**Special Requirements** Campers need to bring glove, bat, baseball shoes, baseball pants, a hat and a water bottle

**Timberwolves Elite Camp**

Cedar Park High School

6/12/2017 - 6/15/2017

Sport Boys Basketball  
 Incoming Grades 7th-9th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Blake Brown  
 blake.brown@leanderisd.org

01:00 PM - 04:00 PM

**Description**

This camp is designed for campers that currently participate in, or are planning to participate in Middle and High School Basketball. The Cedar Park High School "System of Play" will be taught each day in camp. Campers will be exposed to the skills and drills taught in the Timberwolves High School Basketball Program and will be led by Head Coach Blake Brown and staff.</br>

**Special Instructions** Camp concession will be available.

**Special Requirements** Basketball Shoes are highly recommended.

**7th & 8th CPHS Middle School Strength and Conditioning Camp**

Cedar Park High School

6/12/2017 - 8/3/2017

Sport Strength and Conditioning  
 Incoming Grades 7th-8th  
 Gender Boys  
 Strg. and Cond. \$150

**Contact Info - Camp Director**  
 Brent Brittain  
 brent.brittain@leanderisd.org

09:00 AM - 11:00 AM

**Description**

Enter info</br></br>

**Special Instructions**

**Special Requirements** Cleats, Water bottles

**Cedar Park HS**

**Timberwolves Fundamentals Camp I**

Cedar Park High School

6/12/2017 - 6/15/2017

Sport Boys Basketball  
 Incoming Grades 1st-3rd  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Blake Brown  
 blake.brown@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Timberwolves Fundamental Camp I will introduce beginning players to a variety of basketball skills and concepts in a fun-filled atmosphere. Camp will be led by Cedar Park Head Basketball Coach Blake Brown and staff.

**Special Instructions** Campers will have an opportunity to purchase items in the camp concession.

**Special Requirements** Basketball Shoes are highly recommended.

**CPHS Varsity Basketball Developmental Camp**

Cedar Park High School Gym

6/12/2017 - 6/15/2017

Sport Basketball Boys  
 Incoming Grades 9th-12th  
 Gender Boys  
 Full Day (6hrs) \$145

**Contact Info - Camp Director**  
 Blake Brown  
 blake.brown@leanderisd.org

09:00 AM - 04:00 PM

**Description**

Enter info here

**Special Instructions**

**Special Requirements**

**CEDAR PARK SKILLS CAMP**

Cedar Park High School

6/19/2017 - 6/22/2017

Sport Basketball Girls  
 Incoming Grades 5th-9th  
 Gender Girls  
 Full Day (6hrs) \$145

**Contact Info - Camp Director**  
 Donny Ott  
 jessical.smith@leanderisd.org

09:00 AM - 04:00 PM

**Description**

This camp will focus on individual skills with an emphasis on ballhandling and dribbling. This camp will meet in the main gym at CPHS.

**Special Instructions**

**Special Requirements**



**Cedar Park HS****Cedar Park FUNDamental Camp**

Cedar Park High School

6/26/2017 - 6/29/2017

Sport Girls Basketball  
 Incoming Grades 3rd-7th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Donny Ott  
 jessical.smith@leanderisd.org

09:00 AM - 12:00 PM

**Description**

This camp will focus on the fundamentals of basketball and having FUN.  
 This camp will meet in the main gym at CPHS.

**Special Instructions****Special Requirements****Timberwolves Offensive / Defensive Team Camp 6th & 7th grade**

Cedar Park HS

7/10/2017 - 7/13/2017

Sport Football  
 Incoming Grades 6th-7th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Carl Abseck  
 carl.abseck@leanderisd.org

05:00 PM - 08:00 PM

**Description**

This camp is specifically for quarterbacks receivers and running backs. They will work on the nuances of the passing game and develop fundamental skills in relation to catching and throwing the football while also working on running routes.

**Special Instructions**

**Special Requirements** Bring Cleats and a water bottle, Wide receivers can bring gloves as well

**Timberwolves Shooting Camp**

Cedar Park High School

7/10/2017 - 7/13/2017

Sport Boys Basketball  
 Incoming Grades 4th-9th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Blake Brown  
 blake.brown@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Campers will receive detailed instruction relating to the art and science of shooting the basketball. Instructional concepts will include: form shooting, footwork and stance fundamentals, practice basics and a variety of shot making skills.

**Special Instructions** Campers who have already attended the 7th grade and above may not attend more than one basketball camp at CPHS for the summer

**Special Requirements** Basketball Shoes are highly recommended.

**Cedar Park HS****Timberwolves Fundamentals Camp II**

Cedar Park High School

7/10/2017 - 7/13/2017

Sport Boys Basketball  
 Incoming Grades 4th-6th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Blake Brown  
 blake.brown@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Campers will be provided instruction on various basketball skills and concepts in a fun-filled and competitive environment. Camp will be led by Cedar Park Head Basketball Coach Blake Brown and staff.</br>

**Special Instructions** Campers will have the opportunity to purchase items in the concession stand.

**Special Requirements** Basketball Shoes are highly recommended.

**Timberwolves Offensive/Defensive Team Camp 8th grade**

Cedar Park Fieldhouse and Practice fields (Turf &amp; Grass)

7/17/2017 - 7/20/2017

Sport Football  
 Incoming Grades 8th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Carl Abseck  
 carl.abseck@leanderisd.org

05:00 PM - 08:00 PM

**Description**

This is a NON-CONTACT camp.

Junior High Players will be introduced to the concepts and plays the will run this season!  
 Our camp will emphasize Offensive& Defensive Terminology and Schemes used by the State Champion Timberwolf football team!  
 Please bring: Cleats (optional); Water/Sports Drink; Water will also be provided</br></br></br></br>

**Special Instructions**

**Special Requirements** Cleats (Optional) and water bottles w/basic athletic clothes

**Team Camp**

CPHS

7/24/2017 - 7/27/2017

Sport Volleyball  
 Incoming Grades 9th-12th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Rachel Altman  
 rachel.altman@leanderisd.org

05:30 PM - 08:30 PM

**Description**

Edit

**Special Instructions****Special Requirements**

**Four Points MS****Sports and Games Camp 3rd-5th**

Four Points Middle School Main Gym

6/6/2017 - 6/9/2017

Sport Sports and Games  
 Incoming Grades 3rd-5th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Glen Bridgewaters  
 glen.bridgewaters@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Enter Information here&lt;/br&gt;

**Special Instructions** Drop off will be on the side of Four Points in the Bus Lane for camp!**Special Requirements** Students should bring a water bottle and wear appropriate closed toe tennis shoes for camp!**Sports and Games Camp 6th-8th**

Four Points Middle School Main Gym

6/6/2017 - 6/9/2017

Sport Sports and Games  
 Incoming Grades 6th-8th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Glen Bridgewaters  
 glen.bridgewaters@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Enter Info

**Special Instructions** Drop off for camp will be on the side of Four Points in the bus lanes!**Special Requirements** Students should bring a water bottle and wear appropriate closed toe tennis shoes for camp!**Sports and Games Camp 6th-8th II**

Four Points Middle School Main Gym

6/12/2017 - 6/15/2017

Sport Sports and Games  
 Incoming Grades 6th-8th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Glen Bridgewaters  
 glen.bridgewaters@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Enter info

**Special Instructions** Drop off for camp will be in the bus lanes on the side of Four Points Middle School!**Special Requirements** Students should bring a water bottle and wear appropriate closed toe tennis shoes for camp!

**Four Points MS**

**Sports and Games Camp 3rd-5th II**

Four Points Middle School Main Gym

6/12/2017 - 6/15/2017

Sport Sports and Games  
 Incoming Grades 3rd-5th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Glen Bridgewaters  
 glen.bridgewaters@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Enter info

**Special Instructions** Drop off for camp will be in the Bus Lane on the side of the school.

**Special Requirements** Students should bring a water bottle and wear appropriate closed toe tennis shoes for camp!

**Location and Contact Information**

**Camp Date/Time**

**Glenn HS**

**Cub Volleyball Camp**

Glenn High School Aux. Gym

6/6/2017 - 6/9/2017

Sport Volleyball  
 Incoming Grades 3rd-6th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Marie Bruce  
 marie.bruce@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Camp designed for 3rd thru 6th grade future Lady Grizzle Volleyball Players</br>

**Special Instructions**

**Special Requirements**

**Future Grizzly Baseball Camp**

Glenn High School Baseball Field

6/6/2017 - 6/9/2017

Sport Baseball  
 Incoming Grades 7th-9th  
 Gender Boys  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Zac Darling  
 zac.darling@leanderisd.org

01:00 PM - 03:00 PM

**Description**

Baseball Camp for future Grizzle Baseball players

**Special Instructions**

**Special Requirements**

**Lady Cub Basketball Camp**

Glenn High School Aux Gym

6/6/2017 - 6/9/2017

Sport Basketball Girls  
 Incoming Grades 3rd-6th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Jordan Ramey  
 jordan.ramey@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Basketball Camp for 3rd thru 6th grade girls that will attend Glenn High School.

**Special Instructions**

**Special Requirements**

**Location and Contact Information**

**Camp Date/Time**

**Glenn HS**

**Future Grizzly Girls Basketball Camp**

Glenn High School Comp Gym

6/6/2017 - 6/9/2017

Sport Basketball Girls  
 Incoming Grades 7th-9th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Jordan Ramey  
 jordan.ramey@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Basketball Camp for future Glenn High School Girl Basketball Players

**Special Instructions**

**Special Requirements**

**Future Grizzly Volleyball Camp**

Glenn High School Comp Gym

6/6/2017 - 6/9/2017

Sport Volleyball  
 Incoming Grades 7th-9th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Marie Bruce  
 marie.bruce@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Volleyball Camp for Future Lady Grizzlies. Grades 7th-9th

**Special Instructions**

**Special Requirements**

**Cub Baseball Camp**

Glenn High School Baseball Field

6/6/2017 - 6/9/2017

Sport Baseball  
 Incoming Grades 3rd-6th  
 Gender Boys  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Zac Darling  
 zac.darling@leanderisd.org

09:00 AM - 11:00 AM

**Description**

Baseball Camp for 3rd thru 6th grade players that plan on attending Glenn High School

**Special Instructions**

**Special Requirements**

**Glenn HS****Future Grizzly Softball Camp**

Glenn High School Softball Field

6/12/2017 - 6/15/2017

Sport Softball  
 Incoming Grades 7th-9th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Marissa Guzman  
 marissa.guzman@leanderisd.org

10:00 AM - 01:00 PM

**Description**

Softball Camp for future Glenn High School Softball Players

**Special Instructions****Special Requirements****Lady Cub Softball Camp**

Glenn High School Softball Field

6/12/2017 - 6/15/2017

Sport Softball  
 Incoming Grades 3rd-6th  
 Gender Girls  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Marissa Guzman  
 marissa.guzman@leanderisd.org

09:00 AM - 11:00 AM

**Description**

Softball Camp for 3rd thru 6th grade softball players that will attend Glenn High School.

**Special Instructions** Please make sure girls either have cleats or tennis shoes for the camp and they can bring their own water as well.

**Special Requirements****Future Grizzly Boys Basketball Camp**

Glenn High School Comp Gym

6/12/2017 - 6/15/2017

Sport Basketball Boys  
 Incoming Grades 7th-9th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Byron Harkless  
 bryon.harkless@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Basketball Camp for Future Grizzle basketball players

**Special Instructions****Special Requirements**

**Glenn HS****Lady Grizzly Strength and Conditioning Camp**

Glenn High School

6/12/2017 - 7/26/2017

Sport Strength and Conditioning  
 Incoming Grades 7th-11th  
 Gender Girls  
 Strg. and Cond. \$150

**Contact Info - Camp Director**  
 Rob Schoenfeld  
 rob.schoenfeld@leanderisd.org

09:00 AM - 11:00 AM

**Description**

7th-10th Strenght and conditioning camp for Future Lady Grizzlies

**Special Instructions****Special Requirements****7th-11th grade Grizzly Strength and Explosion Camp**

Glenn High School

6/12/2017 - 7/27/2017

Sport Strength and Conditioning  
 Incoming Grades 7th-11th  
 Gender Boys  
 Strg. and Cond. \$150

**Contact Info - Camp Director**  
 Rob Schoenfeld  
 rob.schoenfeld@leanderisd.org

08:00 AM - 10:00 AM

**Description**

Strength and conditioning camp for Future Glenn Grizzlies&lt;/br&gt;&lt;/br&gt;

**Special Instructions** There will be no camp sessions the week of July 3-6.**Special Requirements****Cub Basketball Camp**

Glenn High School Aux gym

6/12/2017 - 6/15/2017

Sport Basketball Boys  
 Incoming Grades 3rd-6th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Byron Harkless  
 byron.harkless@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Basketball camp for 3rd thru 6th graders that will attend Glenn High School

**Special Instructions****Special Requirements**



**Glenn HS**

**Little Bear Football Camp**

Glenn High School

6/19/2017 - 6/22/2017

Sport                 Football  
 Incoming Grades   1st-3rd  
 Gender               Boys  
                           Two Hour Camp \$60

**Contact Info - Camp Director**  
 Rob Schoenfeld  
 rob.schoenfeld@leanderisd.org

08:00 AM - 10:00 AM

**Description**

Non-contact football camp. Will teach the basics of Grizzly Football from proper stance to 7-on-7 and everything in between.

</br></br>

**Special Instructions**     Athletes should bring one personal water bottle with name on bottle

**Special Requirements**   Athletic attire, cleats.

**Cub Football Camp**

Glenn High School

6/19/2017 - 6/22/2017

Sport                 Football  
 Incoming Grades   4th-6th  
 Gender               Boys  
                           Two Hour Camp \$60

**Contact Info - Camp Director**  
 Rob Schoenfeld

10:00 AM - 12:00 PM

**Description**

Football Camp for 4th thru 6th grade athletes that will attend Glenn High School

**Special Instructions**     Athletes should bring 1 personal water bottle labeled with athlete's name.

**Special Requirements**   Athletic attire, cleats

**Grizzly Football Passing Camp Session #1**

Glenn High School

6/26/2017 - 6/29/2017

Sport                 Football  
 Incoming Grades   5th-8th  
 Gender               Both  
                           Two Hour Camp \$60

**Contact Info - Camp Director**  
 Rob Schoenfeld  
 rob.schoenfeld@leanderisd.org

06:00 PM - 08:00 PM

**Description**

This fast-paced, high flying evening camp is offense only! Future Grizzly QB's, wide receivers and running backs will learn Grizzly tempo, offensive system, perform drills that improve throwing catching and running skills and most of all, HAVE FUN!

**Special Instructions**

**Special Requirements**   Athletic attire, cleats

**Glenn HS**

**Grizzly Football Passing Camp Session 2**

Glenn High School

7/10/2017 - 7/13/2017

Sport Football  
 Incoming Grades 5th-8th  
 Gender Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Rob Schoenfeld  
 rob.schoenfeld@leanderisd.org

06:00 PM - 08:00 PM

**Description**

This fast-paced, high flying evening camp is offense only! Future Grizzly QB's, wide receivers and running backs will learn Grizzly tempo, offensive system, perform drills that improve throwing catching and running skills and most of all, HAVE FUN! If you are in grades 5-8 and you missed session 1, this is the camp for you.

**Special Instructions**

**Special Requirements** Athletic attire, cleats

**Grizzly Volleyball Team Camp**

Glenn High School Comp Gym

7/17/2017 - 7/20/2017

Sport Volleyball  
 Incoming Grades 10th-12th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Marie Bruce  
 marie.bruce@leanderisd.org

05:00 PM - 08:00 PM

**Description**

Volleyball Team camp for the Lady Grizzle Volleyball team.</br>

**Special Instructions** The camp will run 4 hours a day for 3 days. Wednesday is the last day of the camp

**Special Requirements**

**Glenn Grizzly CO-ED Soccer Camp**

Tom Glenn High School Stadium

7/24/2017 - 7/26/2017

Sport Soccer COED  
 Incoming Grades 3rd-9th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Luz Moore  
 luz.moore@leanderisd.org

08:00 AM - 11:00 AM

**Description**

Enter information here

**Special Instructions**

**Special Requirements**

**Glenn HS**

**Grizzly Freshman Football Camp**

Glenn High School

7/31/2017 - 8/3/2017

Sport Football

**Contact Info - Camp Director**

09:00 AM - 11:00 AM

Incoming Grades 9th

Rob Schoenfeld

Gender Boys

rob.schoenfeld@leanderisd.org

Two Hour Camp \$60

**Description**

Football Camp for incoming Glenn High School Freshman. Any incoming 9th grader who will play for GHS in 2017 should attend this camp. Offense, Defense and Special Teams will be taught by the Glenn High School football staff.

**Special Instructions**

**Special Requirements**

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**Leander HS****Lion Raid Passing Camp**

Leander High School

6/5/2017 - 6/8/2017

Sport            Football  
 Incoming Grades    4th-8th  
 Gender            Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Tim Smith  
 tim.smith@leanderisd.org

05:00 PM - 07:00 PM

**Description**

Quarterbacks and Receivers  
 Learn QB fundamentals. All drops and throws as well as option game.  
 Receivers learn fundamental route running as well as catching all types of passes.</br></br>

**Special Instructions****Special Requirements**    cleats / water bottle**Lion Cub Football Camp**

Leander HS grass / TURF fields

6/5/2017 - 6/8/2017

Sport            Football  
 Incoming Grades    4th-6th  
 Gender            Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Tim Smith  
 tim.smith@leanderisd.org

08:00 AM - 10:00 AM

**Description**

Future Lions Football camp for fun--learn to pass, catch, punt, and kickthe ball have fun playing the game by learning these skills</br>

**Special Instructions****Special Requirements**    Can bring own water. we will provide water.**Lion Wrestling Camp**

Leander HS Wrestling Room

6/6/2017 - 6/9/2017

Sport            Wrestling  
 Incoming Grades    2nd-9th  
 Gender            Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Adam Mclain  
 adam\_mclain@leanderisd.org

09:00 AM - 12:00 PM

**Description**

The Leander Lion Wrestling team will be hosting a summer wrestling camp for new and experienced wrestlers. The purpose of this camp is to teach the rules, skills, and techniques of wrestling to kids of all skill levels. This fun camp will be led by the Leander Lions Wrestling coaches.</br>

**Special Instructions**    Wrestling Shoes are encouraged but are not required.**Special Requirements**

**Leander HS****Leander Lion COED Cross Country Camp**

Leander High School Stone Bench in front of softball/baseball bathrooms

6/6/2017 - 6/9/2017

Sport Cross Country COED  
 Incoming Grades 5th-9th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Ashley Atkinson  
 aubrey.lindberg-buchhorn@leanderisd.org

07:30 AM - 10:30 AM

**Description**

Cross Country: It's not how fast you run, but how long you run fast. LHS Cross Country Camp will teach the art of loving to run. Our camp will focus on proper running form, dynamic and static stretches for distance athletes, fundamentals and logistics of the sport, and an end of the camp endurance challenge complete with finishers certificates, top runner awards, and a post challenge party.  
 We Run This Town.</br></br>

**Special Instructions** comfortable, breathable activity clothes and tennis shoes.

**Special Requirements** Bring portable hydration. Snacks are fine too.

**Lions Baseball Camp Grade 9th**

Leander High School Baseball Field

6/6/2017 - 6/9/2017

Sport Baseball  
 Incoming Grades 9th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Matthew Grissom  
 matthew.grissom@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Advanced Instruction for Incoming Leander Lion Baseball players.

**Special Instructions**

**Special Requirements** proper baseball attire-cleats, baseball pants, hat, sunscreen, water

**Lion Team and Shooting Camp**

Leander High School

6/6/2017 - 6/9/2017

Sport Boys Basketball  
 Incoming Grades 4th-6th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Clint Bradley  
 Clint.Bradley@Leanderisd.org

01:00 PM - 04:00 PM

**Description**

Campers will learn how to utilize key fundamentals toward individual and team play. Coaches will place emphasis on proper shooting technique and learning how to play team basketball

**Special Instructions**

**Special Requirements**

**Leander HS****Lion "FUN"damental Camp**

Leander High School-Main Gym

6/6/2017 - 6/9/2017

Sport Boys Basketball  
 Incoming Grades 1st-5th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Clint Bradley  
 Clint.Bradley@Leanderisd.org

09:00 AM - 12:00 PM

**Description**

Campers will be given the opportunity to develop the essential fundamental skills in an array of fun drills, competitions and games</br>

**Special Instructions****Special Requirements****Future Lady Lion 8th and 9th grade Volleyball Camp**

Leander High School Competiton Gym

6/6/2017 - 6/9/2017

Sport Volleyball  
 Incoming Grades 8th-9th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Ashley Atkinson  
 ashley.atkinson@leanderisd.org

09:00 AM - 12:00 PM

**Description**

For freshman and 8th graders wanting to tryout for the Lady Lion Volleyball Team. We will be learning skills, techniques and strategies for high school level volleyball

**Special Instructions****Special Requirements****LHS CO-ED SOCCER CAMP**

Leander High School, Bible Stadium, Grass Fields, Aux. Gym

6/6/2017 - 6/9/2017

Sport Soccer COED  
 Incoming Grades 7th-9th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Russ Girard  
 russ.girard@leanderisd.org

09:00 AM - 12:00 PM

**Description**

This camp is offered to incoming 7th, 8th, and 9th grade girls and boys interested in learning fundamentals of soccer technique and tactics. Camp coaches include the varsity boys and girls soccer coaches at Leander High School.

**Special Instructions**

**Special Requirements** Please bring both cleats and indoor shoes/tennis shoes and water bottle

**Leander HS****Future Lady Lion Middle School Volleyball Camp**

Leander High School Middle School Gym

6/12/2017 - 6/15/2017

Sport Volleyball  
 Incoming Grades 5th-7th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Ashley Atkinson  
 ashley.atkinson@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Teaching skills and techniques to excel in middle school and high school volleyball

**Special Instructions****Special Requirements****Lions Baseball Camp Grades 6th- 8th**

Leander High School Baseball Field

6/12/2017 - 6/15/2017

Sport Baseball  
 Incoming Grades 6th-8th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Matthew Grissom  
 matthew.grissom@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Camp for Middle School players

**Special Instructions****Special Requirements** proper baseball attire-cleats, baseball pants, hat, sunscreen, water**Boys 7-8 grade Strength and Conditioning**

Leander High School Wgt. Room/Bible Stadium

6/12/2017 - 7/27/2017

Sport Strength and Conditioning  
 Incoming Grades 7th-8th  
 Gender Boys  
 Strg. and Cond. \$150

**Contact Info - Camp Director**  
 Tim Smith  
 tim.smith@leanderisd.org

09:00 AM - 11:00 AM

**Description**

This a speed and strength camp for future athletes for Leander High School. The focus will be on lifting weights, core strength, speed and agility drills, and flexibility. The camp is designed to assist athletes training for development in various sports. Boy and Girl athletes will work out separately during the same period.

**Special Instructions** Drop off and pick up is on east side of campus (Bagdad entrance)**Special Requirements**

**Leander HS****Lady Lion Champions Course Grades 7-12**

Leander High School

6/12/2017 - 7/26/2017

Sport Strength and Conditioning  
 Incoming Grades 7th-12th  
 Gender Girls  
 Strg. and Cond. \$150

**Contact Info - Camp Director**  
 Ashley Atkinson  
 ashley.atkinson@leanderisd.org

08:00 AM - 10:00 AM

**Description**

Strength and Conditioning Camp all current and future Lady Lion athletes. The will focus on speed, agility, strength and flexibility.</br>

**Special Instructions** Camp will be closed the week of July 4th

**Special Requirements** Indoor and outdoor work out attire

**Future Lady Lion Elementary Volleyball Camp**

Leander High School

6/12/2017 - 6/15/2017

Sport Volleyball  
 Incoming Grades 1st-5th  
 Gender Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Ashley Atkinson  
 ashley.atkinson@leanderisd.org

10:00 AM - 12:00 PM

**Description**

Teaching skills and techniques for the game of volleyball

**Special Instructions****Special Requirements****9-12 LHS BOYS STRENGTH AND CONDITIONING CAMP**

Leander High School Weightroom

6/12/2017 - 7/27/2017

Sport Strength and Conditioning  
 Incoming Grades 9th-12th  
 Gender Boys  
 Strg. and Cond. \$150

**Contact Info - Camp Director**  
 Tim Smith  
 tim.smith@leanderisd.org

07:00 AM - 09:00 AM

**Description**

This a speed and strength camp for Leander High school. The focus will be on lifting weights, core strenghting, speed and agility drill and flexibility. The camp is designed to assist athletes train and improve for their various sports. Boys and Girls athletes will work out separatley during the same time period.

**Special Instructions** Drop off and Parking is on the east side of campus (Bagdad entrance)

**Special Requirements** Bring both cleats and flats along with water. Water is provided.



**Leander HS****Future Lions Baseball Camp Grades 1-5**

Leander High School Baseball Field

6/19/2017 - 6/22/2017

Sport Baseball  
 Incoming Grades 1st-5th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Matthew Grissom  
 matthew.grissom@leanderisd.org

09:00 AM - 12:00 PM

**Description**

All youngster Grades 1-5 baseball camp! We will be focusing on FUNdamentals and games.</br>

**Special Instructions** Please dress in baseball pants and ball cap. Please bring all equipment, water and sunscreen.

**Special Requirements****Lady Lion Softball Camp**

LHS Softball Field

6/19/2017 - 6/22/2017

Sport Softball  
 Incoming Grades 6th-9th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Kendall Driver  
 kendall.driver@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Campers will experience a fun and exciting camp that teaches fundamentals and increase their softball knowledge. We will cover all basics like throwing, fielding grounders, catching fly balls, base running, hitting and bunting. We will also increase game knowledge and introduce advanced situations, drills, and terminology as the week progresses.

**Special Instructions**

**Special Requirements** Campers are encouraged to wear cleats but if cleats aren't available, they must wear tennis shoes. Campers are required to bring a glove and water bottle and are encouraged to bring a bat.

**Future Lady Lions Basketball Camp Grade 7-9**

Leander High School Comp Gym

6/19/2017 - 6/22/2017

Sport Girls Basketball  
 Incoming Grades 7th-9th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Kiara Marshall  
 Kiara.Marshall@leanderisd.org

12:00 PM - 03:00 PM

**Description**

This camp is designed for middle school and high school girls who are interested in playing basketball for the Leander Lady Lion Basketball Program.

Camp is designed for Middle School and incoming 9th grade athletes that will be attending LHS. The camp will focus on fundamentals of basketball and getting the players ready for high school competition</br></br></br></br></br>

**Special Instructions** none

**Special Requirements** Please have basketball clothes and shoes

**Leander HS****Lady Lion Elementary Girls Basketball Camp**

Leander High School Middle Gym

6/19/2017 - 6/22/2017

Sport           Basketball Girls  
 Incoming Grades   3rd-6th  
 Gender           Girls  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Kiara Marshall  
 kiara.marshall@leanderisd.org

09:00 AM - 11:00 AM

**Description**

This camp is designed for girls grades 3-6, that are looking to learn fundamentals of basketball and to start building a foundation for future success.

This basketball camp is designed for girls to learn the fundamentals of basketball and build a foundation for future success.  
 Elem girls bb</br></br></br></br>

**Special Instructions**    none**Special Requirements**   Bring basketball shoes and attire**Leander Volleyball High School Team Camp**

Leander High School Competition Gym

7/17/2017 - 7/20/2017

Sport           Volleyball  
 Incoming Grades   10th-12th  
 Gender           Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Ashley Atkinson  
 ashley.atkinson@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Team Camp current LHS volleyball team members only

**Special Instructions**    The last day will take place at Vista Ridge from 9-12**Special Requirements****Lady Lion High School Team Camp**

7/24/2017 - 7/27/2017

Sport           Basketball Girls  
 Incoming Grades      
 Gender           Girls  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Ashley Atkinson  
 Kiara.Marshall@leanderisd.org

08:00 AM - 10:00 AM

**Description**

Team Camp for members of LHS Lady Lion Basketball Team

**Special Instructions****Special Requirements**

**Leander HS****Lion Elite Basketball Camp**

Leander High School

7/24/2017 - 7/28/2017

Sport Boys Basketball  
 Incoming Grades 6th-9th  
 Gender Boys  
 Full Day (6hrs) \$145

**Contact Info - Camp Director**  
 Clint Bradley  
 Clint.Bradley@Leanderisd.org

09:00 AM - 04:00 PM

**Description**

Campers will participate in drills, competitions and team play that are done the "Lion Way". This camp will help prepare all campers for play at the high school level. Emphasis on team play and upper level skill development. Get ahead of your competition!

**Special Instructions****Special Requirements****LION 9th GRADE FOOTBALL CAMP**

Bible Stadium and LHS practice football fields

8/7/2017 - 8/10/2017

Sport Football  
 Incoming Grades 9th  
 Gender Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Tim Smith  
 tim.smith@leanderisd.org

08:00 AM - 10:00 AM

**Description**

This camp will cover football fundamentals and techniques.

**Special Instructions**

**Special Requirements** Cleats and water would be good to bring. Water will be provided as well.

**Leander MS**

**LMS FOOTBALL CAMP**

LMS football field

7/31/2017 - 8/3/2017

Sport                Football  
 Incoming Grades   7th-8th  
 Gender              Both  
                           Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Greg Steger  
 greg.steger@leanderisd.org

08:00 AM - 11:00 AM

**Description**

This camp is designed for middle school boys to focus on the fundamentals offensive and defensive football skills. We will work with your son on footwork, blocking techniques, receiver route running, stance, ball drills and throwing mechanics. This is a good way for us to get to know the athletes and prepare for the upcoming season. Instructors will be Leander Middle School coaches. This is a non-contact camp.

**Special Instructions**      Meet on LMS football field

**Special Requirements**    Cleats and water bottle

**Rouse HS****Raider Baseball Advanced Skills and Drills 2017**

Rouse High School Baseball Complex

6/6/2017 - 6/9/2017

Sport Baseball  
 Incoming Grades 3rd-9th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 chad krempin  
 chad.krempin@leanderisd.org

08:00 AM - 11:00 AM

**Description**

Baseball Skills and Drills done the Rouse Raider way! Camp is for incoming 3rd-9th graders wanting to learn how to improve individual hitting, throwing, and catching skills.

**Special Instructions**

**Special Requirements** Campers should have pants, hats, gloves and cleats. They should also bring "flats" or tennis shoes as NO SPIKES are allowed in the batting cages

**Rouse Elite Basketball Camp I**

Rouse High School Competition Gym

6/12/2017 - 6/15/2017

Sport Boys Basketball  
 Incoming Grades 3rd-9th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Shane Krause  
 shane.krause@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Coach Krause and staff will teach advanced basketball skills including individual offensive moves, and team offensive and defensive philosophies. Players will compete in stations, drills, competitions, and games. Fundamentals including shooting, passing and dribbling will also be taught

**Special Instructions** Can only attend one week of basketball camp with same Coach.

**Special Requirements** Basketball Shoes

**Rouse Fundamental Basketball Camp**

Rouse High School Competition Gym

6/12/2017 - 6/15/2017

Sport Boys Basketball  
 Incoming Grades K-7th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Shane Krause  
 shane.krause@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Coach Krause and staff will teach the fundamentals of basketball including shooting, passing, and dribbling in a fun and energetic atmosphere. Drills, games and competitions will be utilized to improve players' skills

**Special Instructions** Can only attend one week of basketball camp with same Coach.

**Special Requirements** Basketball Shoes

**Rouse HS****ROUSE RAIDER STRENGTH AND SPEED CAMP**

Rouse Weight Room

6/12/2017 - 7/26/2017

Sport Strength and Conditioning  
 Incoming Grades 7th-12th  
 Gender Boys  
 Strg. and Cond. \$150

**Contact Info - Camp Director**  
 Joshua Mann  
 joshua.mann@leanderisd.org

07:00 AM - 11:00 AM

**Description**

The Rouse strength and conditioning camp is designed to improve overall strength and speed for all athletes. This camp is for athletes that are looking to improve their overall performance for their upcoming seasons. 9th through 12th grade camp will run 7 a.m. to 9 a.m. 7th and 8th will run 9 a.m. to 11 a.m. Athletes need to report to the weight room 30 minutes prior to workout for check in.

**Special Instructions** Report to the Weight Room 30 min prior for check. There will be no camp taking place the week of July 4

**Special Requirements** Grades 9th through 12th 7:00 a.m to 9:00 a.m. Grades 7th and 8th 9:00 a.m. to 11:00 p.m.

**Raider Soccer Camp**

Rouse High School

6/19/2017 - 6/21/2017

Sport Soccer  
 Incoming Grades 5th-9th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Darrell Knight  
 Darrell.Knight@leanderisd.org

07:30 AM - 11:30 AM

**Description**

Raider Soccer camp is a competitive skills based camp where campers will be introduced to the Raider soccer philosophy and program. Dribbling, passing, shooting, goalkeeping, as well as overall field play will be emphasized. Campers do not need to be from a feeder school of Rouse but only passionate about improving their skills during fun competitions. Camp will be held Mon-Wed 7:30-11:30 a.m. </br>

**Special Instructions**

**Special Requirements** Shin Guards, Water. Cleats, Tennis shoes

**Raider Elite Girls Basketball Camp**

Rouse High School Competition Gym

6/19/2017 - 6/22/2017

Sport Girls Basketball  
 Incoming Grades 7th-9th  
 Gender Girls  
 Full Day (6hrs) \$145

**Contact Info - Camp Director**  
 Lori McDonald  
 lori.mcdonald@leanderisd.org

09:00 AM - 03:00 PM

**Description**

Coach McDonald and staff will provide daily individual skill instruction and fundamental work. Campers will utilize those skills while learning the Lady Raider offensive and defensive systems used at the high school. Drills, games, individual competitions, and team play will provide each player with the tools to improve her game, challenging her to move to the next level of play.

**Special Instructions** Campers should also bring snacks, water and lunch every day.

**Special Requirements** Campers will need to wear athletic clothes and shoes.

**Rouse HS****Rouse Youth Football Camp 5th through 6th Grades**

Rouse Athletic Stadium and gyms

6/19/2017 - 6/22/2017

Sport                Football  
 Incoming Grades   5th-6th  
 Gender                Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Joshua Mann  
 joshua.mann@leanderisd.org

07:30 AM - 10:30 AM

**Description**

Coach Mann and Staff will be instructing a camp based around the fundamentals of football. This camp is desgined to help the lest and most experienced athletes in football. We will teach the proper techinques for offense and defensive football. This is a non contact camp.

**Special Instructions**      Please have cleats and tennis shoes for this camp. We will be giving out Team Logo Socks for all campers!!

**Special Requirements**    Athletes need to bring thier own cleats, and tennis shoes.

**Rouse Youth Football Camp 3rd through 4th Grades**

Rouse High School Athletic Field House

6/19/2017 - 6/22/2017

Sport                Football  
 Incoming Grades   3rd-4th  
 Gender                Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Joshua Mann  
 joshua.mann@leanderisd.org

07:30 AM - 09:30 AM

**Description**

Coach Mann and staff will be leading a 7 on 7 Camp that will develope young football players on how to play 7 on 7. Every camper will work offense and defense and will have a competitions at the end of every day. This camp is for athletes that play skill postitions on offense and defense.</br>

**Special Instructions**      We will be handing out Team Logo Socks to the campers

**Special Requirements**    Need athletic clothing, cleats, and tennis shoes





**Rouse HS****Rouse Elite Basketball Camp II**

Rouse High School Competition Gym

7/10/2017 - 7/13/2017

Sport Boys Basketball  
 Incoming Grades 3rd-9th  
 Gender Boys  
 Full Day (6hrs) \$145

**Contact Info - Camp Director**  
 Shane Krause  
 shane.krause@leanderisd.org

10:00 AM - 04:00 PM

**Description**

Coach Krause and staff will teach advanced basketball skills including individual offensive moves, and team offensive and defensive philosophies. Players will compete in stations, drills, competitions, and games. Fundamentals including shooting, dribbling and passing will provide each player with the tools to improve his ability.

**Special Instructions** Can only attend one week of basketball camp with same Coach.

**Special Requirements** Basketball Shoes/Lunch

**Lady Raider Pre-Tryout Camp**

Rouse High School Gym

7/17/2017 - 7/20/2017

Sport Volleyball  
 Incoming Grades 8th-9th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Jacob Thompson  
 jacob.thompson@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Open to girls of all skill levels entering the 9th grade that plan to tryout for the RHS Volleyball Teams. This is a great opportunity to perfect your skills prior to the tryout date. The All Skills Camps will focus on developing and refining individual skills. Campers will be challenged according to their level of ability. Campers participate in skill development drills as well as competitive games. Excellent instruction and individual attention is stressed.

**Special Instructions**

**Special Requirements**

**RHS Future Lady Raider Volleyball Camp**

Rouse High School Gym

7/17/2017 - 7/20/2017

Sport Volleyball  
 Incoming Grades 4th-7th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Jacob Thompson  
 jacob.thompson@leanderisd.org

09:00 AM - 12:00 PM

**Description**

This camp is designed for the player that wants to improve all of their skills (passing, setting, defense, serving, clocking, and attacking) through fast paced training and game-like drills. Open to kids entering the 6th and 8th grade and grouped according to age and skill level. The goal is to meet the needs of each individual camper. Campers will be exposed to team systems that will help prepare them for their upcoming middle school seasons.

**Special Instructions**

**Special Requirements** Volleyball clothes-comforable shorts or bikers and t-shirts - extra socks, playing shoes-towels

**Rouse HS****Rouse Sports, Games, and Variety Camp I**

Rouse High School gymnasium

7/24/2017 - 7/27/2017

Sport Sports and Games  
 Incoming Grades 1st-4th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Darrell Knight  
 Darrell.Knight@leanderisd.org

08:00 AM - 11:00 AM

**Description**

At sports camp campers will be introduced to a variety of sports, games, and fun activities. Examples of the games include basketball, soccer, tennis, badminton, capture the flag, dodgeball, and many more. Here's your chance to get moving and off the coach this summer! Camp is held at the Rouse gym and coached by Darrell Knight (Head boys soccer coach at RHS)

**Special Instructions** Enter through the gate in the bus lane. It is the far entrance between the cafeteria and athletic building. Gym will be on your left and use the last door to enter building.

**Special Requirements** Bring rubber soled shoes, sunscreen, and water

**Rouse Sports, Games, and Variety Camp II**

Rouse Gymnasium

7/24/2017 - 7/27/2017

Sport Sports and Games  
 Incoming Grades 5th-8th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Darrell Knight  
 Darrell.Knight@leanderisd.org

12:00 PM - 03:00 PM

**Description**

At sports camp campers will be introduced to a variety of sports, games, and fun activities. Examples of the games include basketball, soccer, tennis, badminton, capture the flag, dodgeball, and many more. Here's your chance to get moving and off the coach this summer! Many tournaments will take place where the campers can thrive in dodgeball, football, soccer, and a variety of competitive games. Camp is held at the Rouse gym and coached by Darrell Knight (Head boys soccer coach at RHS)

**Special Instructions** Bring Water, Tennis shoes, and sunscreen

**Special Requirements****Lady Raider Volleyball HS Team Camp**

Rouse Comp gym

7/24/2017 - 7/27/2017

Sport Volleyball  
 Incoming Grades 9th-12th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Jacob Thompson  
 Jacob.thompson@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Rouse High School Team camp

**Special Instructions****Special Requirements**

**Running Brushy MS**

**Running Brushy Middle School Football Camp**

Running Brushy Middle School

8/7/2017 - 8/10/2017

Sport                Football  
 Incoming Grades   7th-8th  
 Gender              Both  
                             Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Ryan West  
 ryan.west@leanderisd.org

08:00 AM - 11:00 AM

**Description**

The camp is designed for middle school boys to focus on the fundamentals of offensive and defensive football skills. Coaches will work with your son on footwork, blocking techniques, receiver route running, stance, ball drills and throwing mechanics. This is a good way for us to get to know the athletes and better prepare for the upcoming season. Instructors will be Running Brushy Middle School Coaches. THIS IS A NON-CONTACT FOOTBALL CAMP.</br></br>

**Special Instructions**      Meet at the RBMS Football Field

**Special Requirements**    cleats, water bottle

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**Stiles MS**

**Stiles Sports and Games camp**

Stiles main gym

6/6/2017 - 6/9/2017

Sport Sports and Games  
 Incoming Grades 3rd-8th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Paris Hodges  
 paris.hodges@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Fun indoor/outdoor activities! At Stiles Sports and Games Camp, students will be introduced to new & fun group games as well as participate in favorites such as Spartan ball, kick ball, medic dodge-ball, and many more!

**Special Instructions** Be ready to have fun!!!

**Special Requirements**

**STILES SPARTAN FOOTBALL CAMP**

Stiles Middle School

8/7/2017 - 8/10/2017

Sport Football  
 Incoming Grades 7th-8th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Paris Hodges  
 paris.hodges@leanderisd.org

08:00 AM - 11:00 AM

**Description**

This camp will teach the fundamentals of football. It will taught by the Stiles football coaches. We will also cover the offense and defense which we will be using for the upcoming season. The camp will be fun, as well as an asset to the athlete.

**Special Instructions**

**Special Requirements** Please wear shorts and T-shirt and bring cleats.

**Vandegrift HS****Viper Cross Country Fun Run Camp**

Monroe Stadium

6/6/2017 - 6/9/2017

Sport Cross Country  
 Incoming Grades 6th-9th  
 Gender Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Colin Sully  
 colin.sully@leanderisd.org

07:00 AM - 09:00 AM

**Description**

This four day camp is geared toward any long distance runner wanting to get ahead of their competition. This camp will include personalized instruction, proper stretching, a variety of distance work-outs, core work, nutrition tips and a cool recovery snack everyday! This camp will provide you with the proper tools to become a great long distance runner. The last day of the camp the kids will participate in a Cross Country Meet.

**Special Instructions**

**Special Requirements** Water bottle, athletic clothing and running shoes

**Future Viper Baseball Camp (incoming 2nd-5th graders)**

VHS Baseball Field

6/6/2017 - 6/9/2017

Sport Baseball  
 Incoming Grades 2nd-5th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Allen Mcgee  
 allen.mcgee@leanderisd.org

09:00 AM - 12:00 PM

**Description**

This camp is for our younger Vipers, incoming 2nd-5th graders. During the camp we will teach the FUNdamentals of the game of baseball. Proper throwing, fielding, hitting, and baserunning will be instructed.

**Special Instructions**

**Special Requirements** Everyone needs to bring a glove. Pants and caps are recommended. You may bring your own bat (note high school doesn't have the same bats as younger kids).

**Viper Football Passing Camp I**

Monroe Stadium

6/12/2017 - 6/15/2017

Sport Football  
 Incoming Grades 3rd-6th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Drew Sanders  
 Drew.Sanders@leanderisd.org

06:00 PM - 09:00 PM

**Description**

This exclusive camp is offense only! Come learn all about QB and WR play at the highest level. Vandegrift Head Coach, Drew Sanders, will be leading this "playmaker only" camp. Come prepare to take your explosive skills to the next level. VHS assistant coaches will also be onsite. All campers need to bring a water bottle, athletic gear and football cleats. Footballs will be provided.

**Special Instructions**

**Special Requirements** Water bottle, athletic clothes and football cleats

**Vandegrift HS****7th and 8th Grade Camp Viper**

Vandegrift Football Stadium (Monroe Stadium)

6/12/2017 - 7/26/2017

Sport Strength and Conditioning  
 Incoming Grades 7th-8th  
 Gender Both  
 Strg. and Cond. \$150

**Contact Info - Camp Director**

Josh Young  
 josh.young@leanderisd.org

07:00 AM - 08:00 AM

**Description**

The best of the best VHS coaches are offering a strength and conditioning camp designed for 7th and 8th graders of all skill levels. This camp is designed to further develop and improve your son or daughter's strength, speed, and agility. This camp is a great introduction to what Viper Athletics are all about. Athlete will need to wear athletic clothes and shoes every day for activity. Athletes are also required to bring a labeled water bottle and cleats (for our speed and agility days).</br>

**Special Instructions** Bring a water bottle with your name on it.

**Special Requirements** Bring a water bottle with your name on it.

**Viper Hoops Camp I**

Vandegrift HS Main Gym

6/12/2017 - 6/15/2017

Sport Basketball Boys  
 Incoming Grades 3rd-6th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**

Cliff Ellis  
 cliff.ellis@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Viper hoops camp is a FUNdamental camp for all levels of players from the novice to the aspiring stars. During the camp all players will be given intense instruction from the Vandegrift high school and middle school coaching staffs. Campers will be given instruction in everything from ball handling and dribbling, to shooting and team concepts during the week. Also included in camp will be various skills contests and competition games. If you have never been to a Viper Hoops Camp you are in for a lot of fun learning and playing the game of basketball. Please wear proper gym clothes and shoes for non-stop activity. A snack bar with camp bank (to hold money) will be provided. Labeled water bottles are encouraged. Basketballs will be provided.

**Special Instructions**

**Special Requirements**

**Vandegrift HS**

**Vipers Hoops Camp II**

Vandegrift Main Gym

6/12/2017 - 6/15/2017

Sport Boys Basketball  
 Incoming Grades 7th-9th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Cliff Ellis  
 Cliff.Ellis@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Much like the Viper Hoops Camp I, the emphasis for this camp will be on the fundamentals of basketball needed to be able to compete at the middle school and high school level. Skills to be taught by coaches from Vandegrift High School, Four Points Middle School, and Canyon Ridge Middle School will include: dribbling, rebounding, shooting, footwork, 1 on 1 offense and defense, and team concepts. In addition to all the skill work there will also be games and contests to compete against one another. If you have never been to a Viper Hoops Camp you are in for a lot of fun learning and playing the game of basketball. Please wear proper gym clothes and shoes for non-stop activity. A snack bar with camp bank (to hold money) will be provided. Labeled water bottles are encouraged. Basketballs will be provided.

**Special Instructions**

**Special Requirements** Labeled Water Bottle

**9th - 12th Grade Camp Viper**

Vandegrift Football Stadium (Monroe Stadium)

6/12/2017 - 7/26/2017

Sport Strength and Conditioning  
 Incoming Grades 9th-12th  
 Gender Both  
 Strg. and Cond. \$150

**Contact Info - Camp Director**  
 Josh Young  
 drew.sanders@leanderisd.org

08:30 AM - 10:30 AM

**Description**

This camp is split up in 2 sessions lasting for 2 hours each. Athletes may go to the early session (8:15AM-10AM) or the later session (10:15AM-12AM). Both of these exclusive camps are designed for high school athletes looking to improve every aspect of their athleticism. This camp is not focused to one sport, but will improve their overall skills and performance with concentrations and sessions on power, strength, speed, and agility. This camp is a MUST if your Viper athlete is planning on trying out for a varsity sport this upcoming school year. Each camper will need to bring their own water bottle, wear appropriate workout clothing and shoes, and bring cleats on our speed and agility days.

**Special Instructions** Bring a water bottle with your name on it.

**Special Requirements** Bring a water bottle with your name on it.

**Vandegrift HS**

**Viper Volleyball Camp, Incoming 7th-8th**

Vandegrift Main gym

6/19/2017 - 6/22/2017

Sport Girls Volleyball  
 Incoming Grades 7th-8th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Melissa Southall  
 melissa.southall@leanderisd.org

01:30 PM - 04:30 PM

**Description**

Come learn volleyball the "viper way". The goals of this camp are to teach and enhance basic skills and knowledge of volleyball. Focus will primarily include instruction on fundamental skills and team concepts involving offense and defense. We expect each camper to gain a greater knowledge and love for the sport along with added self-confidence. Camp will be staffed by Vandegrift coaches, Four Points Middle School coaches, Canyon Ridge Middle School coaches, as well as some former Lady Viper volleyball players. This camp is a must if you want to take your game to the next level. Players must bring their own water bottle, knee pads, and wear proper athletic clothing and shoes. Volleyballs will be provided.

**Special Instructions**

**Special Requirements** Water bottle, knee pads, and comfortable athletic clothes and shoes

**Viper Volleyball Camp, Incoming 4th-6th**

Vandegrift Main gym

6/19/2017 - 6/22/2017

Sport Girls Volleyball  
 Incoming Grades 4th-6th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Melissa Southall

09:00 AM - 12:00 PM

**Description**

Come learn volleyball the "viper way". The goals of this camp are to teach and enhance the basic skills and knowledge of volleyball. We expect each camper to gain a greater knowledge and love for the sport along with added self-confidence. Camp will be staffed by Vandegrift High School coaches, Four Points Middle School and Canyon Ridge Middle School coaches, as well as some former Lady Viper volleyball players. Player must bring their own water bottle, knee pads, and wear comfortable athletic clothing and shoes. Volleyballs will be provided.

**Special Instructions**

**Special Requirements** Water bottle, knee pads, and comfortable athletic clothes and shoes



**Vandegrift HS****Viper Track and Field Camp**

Monroe Stadium

6/19/2017 - 6/22/2017

Sport Track & Field  
 Incoming Grades 3rd-9th  
 Gender Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Scott Hermes  
 scott.hermes@leanderisd.org

06:00 PM - 08:00 PM

**Description**

This four day camp is geared toward the beginner or for those wanting to find tune their track and field events. This camp will include personalized instruction, proper stretching, agility drills, speed-work and nutrition tips. This camp will introduce a variety of track & field events to allow all participants an opportunity to find their perfect niche. This camp will provide you with the proper tools to become a great athlete in the sport of Track and Field. The last day of the camp the kids will compete and have fun in a camper Track and Field Meet.

&lt;/br&gt;&lt;/br&gt;

**Special Instructions****Special Requirements** Water bottle, athletic clothing and running shoes**Viper Baseball Camp (incoming 6th-9th grade)**

Vandegrift High School Baseball Field

6/19/2017 - 6/22/2017

Sport Baseball  
 Incoming Grades 6th-9th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Allen McGee  
 allen.mcgee@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Coach Allen McGee and his staff will be running the baseball camp for incoming 6th-9th graders. The focus of this camp is to help make the campers better baseball players. We will focus on the fundamentals of baseball. Proper hitting, fielding, pitching, and base running techniques will be instructed.

**Special Instructions****Special Requirements** Everyone needs to bring a glove. Pants and caps are recommended. You may bring your own bat (note high school doesn't have the same bats as younger kids).**Lady Viper Hoops Skills Camp I**

Vandegrift Main Gym

6/26/2017 - 6/29/2017

Sport Girls Basketball  
 Incoming Grades 3rd-6th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Jonathan Jones  
 jonathan.jones@leanderisd.org

09:00 AM - 12:00 PM

**Description**

This camp will work on improving basketball skills and give the campers an Introduction to drills they may see in elementary and middle school. We will have games and fun competitions during this 4 day camp. Get ready to get better! Players will need to bring a labeled water bottle, appropriate clothing, and a great "Viper" attitude. A snack bar with camp bank (to hold money) will be provided.</br></br>

**Special Instructions****Special Requirements** Campers will need comfortable athletic shoes and water bottle. Campers will NOT need a ball.

**Vandegrift HS**

**Lady Viper Hoops Skills Camp II**

Vandegrift Main Gym

6/26/2017 - 6/29/2017

Sport Girls Basketball  
 Incoming Grades 7th-9th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Jonathan Jones  
 jonathan.jones@leanderisd.org

01:00 PM - 04:00 PM

**Description**

This camp will focus on improving basketball skills and give the campers an introduction to drills they may see in middle school and in 9th grade. We will have games and fun competitions. Get ready to get better! Each camper is asked to wear appropriate athletic clothing, bring a labeled water bottle, and a winning attitude. A snack bar with camp bank (to hold money) will be provided.

**Special Instructions**

**Special Requirements** Campers will need comfortable athletic shoes and water bottle. Campers will NOT need a ball.

**Little Vipers Softball Skill Camp**

Vandegrift High School Softball Field

7/10/2017 - 7/13/2017

Sport Softball  
 Incoming Grades 2nd-5th  
 Gender Girls  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Sarah Clark  
 sarah.clark@leanderisd.org

09:00 AM - 11:00 AM

**Description**

The Vandegrift High School Softball Coaching Staff will be offering a summer camp for new and experienced softball players. This camp is open to all girls from 2nd grade to incoming 4th graders. The goal of the camp is to create a fun environment for children to learn, improve, and expand upon the skills of softball such as hitting, base running, fielding, and throwing. This summer camp offers children the opportunity to continue their athletic development and to learn the skills of softball.

**Special Instructions**

**Special Requirements**

**Vandegrift HS****Viper Swim Camp**

Bella Mar Pool in Steiner Ranch

7/17/2017 - 7/20/2017

Sport Swimming  
 Incoming Grades 6th-9th  
 Gender Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Genevieve Walsh  
 genevieve.walsh@leanderisd.org

08:00 AM - 10:00 AM

**Description**

The Vandegrift Swim Team has had tremendous success over the past few years. Come get to know the Vandegrift Swim coaches while gaining more swimming experience. All swimmers must already know all 4 strokes legally to attend. This camp will take each swimmer through every stroke and provide personal attention their technique. At the same time, the swimmer will get to experience why swimming for Vandegrift is fun, motivating and challenging. Spots are limited so act fast to be a part of a great VIPER experience! Each swimmer will need to bring water, a towel, swimsuit, goggles and a cap. Swim equipment will be provided. Note: This is NOT a conditioning camp

**Special Instructions**

**Special Requirements** Bring water, a towel, swimsuit, goggles and a cap. Swim equipment will be provided. You will receive a Viper drawstring bag for your participation in the camp!

**Viper Softball Skills Camp**

VHS Softball Field

7/17/2017 - 7/19/2017

Sport Softball  
 Incoming Grades 2nd-5th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Sarah Clark  
 sarah.clark@leanderisd.org

09:00 AM - 12:00 PM

**Description**

The Vandegrift High School Softball Coaching Staff will be offering a summer camp for new and experienced softball players. This camp is open to all girls from 5th grade to incoming 9th graders. The goal of the camp is to create a fun environment for children to learn, improve, and expand upon the skills of softball such as hitting, base running, fielding, and throwing. This summer camp offers children the opportunity to continue their athletic development and to learn the skills of softball.

**Special Instructions** 6thd -9th graders camp will be from 9am-12pm;

**Special Requirements****Viper Hoops Shooting Camp**

Four Points Middle School Main Gym

7/17/2017 - 7/20/2017

Sport Boys Basketball  
 Incoming Grades 3rd-6th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Cliff Ellis  
 Cliff.Ellis@leanderisd.org

09:00 AM - 12:00 PM

**Description**

This camp will focus primarily on the fundamentals of shooting the basketball. Intense and focused teaching of the proper mechanics of the jump shot from feet to follow-through. From the lay up to the 3-pointer campers will be drilled in the art of shooting. In addition to the skills taught, campers will have the ability to test their newly acquired (or polished) skills in numerous shooting contests throughout the week. Please wear proper gym clothes and shoes for non-stop activity. A snack bar with camp bank (to hold money) will be provided. Labeled water bottles are encouraged. Basketballs will be provided.

**Special Instructions**

**Special Requirements** Labeled Water Bottle



**Vandegrift HS****Viper Football Passing Camp II**

Vandegrift High School - Monroe Stadium

7/17/2017 - 7/20/2017

Sport Football  
 Incoming Grades 3rd-6th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Drew Sanders  
 Drew.Sanders@leanderisd.org

06:00 PM - 09:00 PM

**Description**

This exclusive camp is offense only! This camp is building on Passing Camp I. There will be new drills and competitions and more opportunities to be better. If you didn't participate in Passing Camp I, you can still come, learn and get better in Passing Camp II. Vandegrift Head Coach, Drew Sanders, will be leading this "playmaker only" camp. Come prepare to take your explosive skills to the next level X 2. VHS football assistant coaches will also be onsite. All campers need to bring a water bottle, athletic gear and football cleats. Footballs will be provided.

**Special Instructions**

**Special Requirements** Water bottle, athletic clothes and football cleats.

**Viper Cross Country Fun Run Camp**

Monroe Stadium

7/17/2017 - 7/20/2017

Sport Cross Country COED  
 Incoming Grades 3rd-6th  
 Gender Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Colin Sully  
 colin.sully@leanderisd.org

07:00 AM - 09:00 AM

**Description**

This four day camp is geared toward any long distance runner wanting to get ahead of their competition. This camp will include personalized instruction, proper stretching, a variety of distance work-outs, core work, nutrition tips and a cool recovery snack everyday! This camp will provide you with the proper tools to become a great long distance runner. The last day of the camp the kids will participate in a Cross Country Meet.

**Special Instructions**

**Special Requirements** Water bottle, athletic clothing and running shoes

**Lady Viper Hoops Shooting Camp**

Vandegrift High School Gym

7/24/2017 - 7/26/2017

Sport Basketball Girls  
 Incoming Grades 3rd-6th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Jonathan Jones  
 jonathan.jones@leanderisd.org

08:00 AM - 12:00 PM

**Description**

This camp will focus primarily on the fundamentals of shooting the basketball. Intense and focused teaching of the proper mechanics of the jump shot from feet to follow-through. From the lay up to the 3-pointer campers will be drilled in the art of shooting. In addition to the skills taught, campers will have the ability to test their newly acquired (or polished) skills in numerous shooting contests throughout the week. Please wear proper gym clothes and shoes for non-stop activity. A snack bar with camp bank (to hold money) will be provided. Labeled water bottles are encouraged. Basketballs will be provided.

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**Special Instructions**

**Special Requirements**

**Vandegrift HS****Viper Football Camp I**

Monroe Stadium

7/31/2017 - 8/3/2017

Sport Football  
 Incoming Grades 1st-5th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Drew Sanders  
 Drew.Sanders@leanderisd.org

06:00 PM - 09:00 PM

**Description**

Come learn football the "Viper way". All football positions will be taught and mastered at this well attended camp. All campers will learn all positions on the offensive and defensive side in addition to the kicking game. Camp will led by Vandegrift Head Coach, Drew Sanders, and will be staffed by VHS, FPMS and CRMS coaches. All campers will need to bring a water bottle and comfortable athletic clothing and football cleats. Footballs will be provided. This camp is a must if you want to take your game to the next level.

**Special Instructions**

**Special Requirements** Water bottle, athletic clothes and football cleats

**Viper Football Camp II**

Monroe Stadium

7/31/2017 - 8/3/2017

Sport Football  
 Incoming Grades 6th-9th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Drew Sanders  
 Drew.Sanders@leanderisd.org

06:00 PM - 09:00 PM

**Description**

Come learn football the "Viper way". All football positions will be taught and mastered at this well attended camp. All campers will learn all positions on the offensive and defensive side in addition to the kicking game. Camp will led by Vandegrift Head Coach, Drew Sanders, and will be staffed by VHS, FPMS and CRMS coaches. All campers will need to bring a water bottle, comfortable athletic clothing and football cleats. Footballs will be provided. If you want to take your game to the next level, you MUST attend this camp.

**Special Instructions**

**Special Requirements** Water bottle, athletic clothes and football cleats

**Hardy and Brown's COED Soccer Camp**

Monroe Stadium

7/31/2017 - 8/3/2017

Sport Soccer COED  
 Incoming Grades 6th-9th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Jen Hardy  
 Jen.Hardy@leanderisd.org

07:00 AM - 10:00 AM

**Description**

Your son and/or daughter will participate in dynamic warm ups, foot skill work to improve touches, drill work to open up possibilities, small sided matches, and scrimmages that will hone their soccer fundamentals and soccer talents. They will be required to bring water, cleats, shin guards and a great attitude to perform well! Hosted by the Mens and Womens Head Soccer coaches at Vandegrift High School, Coach Brown and Coach Hardy. Please email us for any questions.

**Special Instructions** If weather is bad we will try to go inside. always have running shoes also!!

**Special Requirements** Water bottle, soccer cleats, tennis shoes, shin guards

**Vandegrift HS**

**Youth-Co ed soccer**

Monroe Stdium

7/31/2017 - 8/3/2017

Sport Soccer COED  
 Incoming Grades 3rd-5th  
 Gender Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Jen Hardy  
 jen.hardy@leanderisd.org

10:00 AM - 12:00 PM

**Description**

Edit information

**Special Instructions** If it rains we will look to play inside if possible. Be prepared with running shoes.

**Special Requirements** Cleats, Water bottle

**Vista Ridge HS****Ranger Elite Basketball Camp**

Vista Ridge High School

6/6/2017 - 6/9/2017

Sport Basketball Boys  
 Incoming Grades 7th-9th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Jonathan Lamb  
 clint.anderson@leanderisd.org

01:00 PM - 04:00 PM

**Description**

In this camp, players will work on more advanced basketball drills and fundamentals. Campers will work with the coaching staff to learn some of the same drills and techniques our varsity program works on every day. Players will be able to participate in various contests, and play against their age group in controlled scrimmages

**Special Instructions****Special Requirements****Rangers and Timberwolves Beginner tennis camp @ VRHS**

Vista Ridge High School

6/6/2017 - 6/9/2017

Sport Tennis COED  
 Incoming Grades 2nd-9th  
 Gender Both  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Dave Cunha  
 dave.cunha@leanderisd.org  
 randy.ballenger@leanderisd.org

08:00 AM - 11:00 AM

**Description**

VRHS and CPHS beginner tennis camp</br></br>

**Special Instructions** held @ Vista Ridge HS courts

**Special Requirements** This camp is for kids who have just started playing. (no knowledge of grips, form,rules,etc)

**Little Ranger Camp**

Henry Middle School

6/6/2017 - 6/9/2017

Sport Volleyball  
 Incoming Grades 4th-7th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Holly Lamb  
 holly.lamb@leanderisd.org

09:00 AM - 12:00 PM

**Description**

Campers will learn the basic skills and team concepts of volleyball

**Special Instructions**

**Special Requirements** Volleyball shoes/running shoes, water bottle, knee pads optional



**Vista Ridge HS****Ranger Fundamental Basketball Camp**

Vista Ridge High School

6/6/2017 - 6/9/2017

Sport Basketball Boys  
 Incoming Grades 2nd-6th  
 Gender Boys  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Jonathan Lamb  
 clint.anderson@leanderisd.org

09:00 AM - 11:00 AM

**Description**

In this camp the Vista Ridge coaching staff will work with campers on the fundamentals of the game of basketball. Players will improve their ball handling, passing, shooting, and basic defensive skills. Players will participate in several contests and games, as well as have an opportunity to play in controlled scrimmages with their age group.

**Special Instructions****Special Requirements****Future Ranger Volleyball Camp**

Henry Middle School

6/6/2017 - 6/9/2017

Sport Volleyball  
 Incoming Grades 8th-9th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Holly Lamb  
 holly.lamb@leanderisd.org

01:00 PM - 04:00 PM

**Description**

Campers will learn basic skills and team concepts of volleyball

**Special Instructions**

**Special Requirements** Volleyball/running shoes, water bottle, knee pads optional

**Girls Basketball Camp Grades 6-9**

Henry Middle School Gym

6/12/2017 - 6/15/2017

Sport Basketball Girls  
 Incoming Grades 6th-9th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Keith Allen  
 keith.allen@leanderisd.org

01:00 PM - 04:00 PM

**Description**

This is the second camp at Vista Ridge led by Head Coach Keith Allen. Last year's camp was a huge success, and this one promises to be bigger and better. Participants will receive a custom basketball and a t-shirt for attending the camp. We will focus on fundamentals, and aim to get kids "hooked" on basketball and build the foundation for future success at Vista Ridge!

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**Special Instructions****Special Requirements**

**Vista Ridge HS****RANGERS AND WOLVES ADVANCED TENNIS CAMP @ VRHS**

VISTA RIDGE HIGH SCHOOL

6/12/2017 - 6/15/2017

Sport Tennis COED  
 Incoming Grades 4th-9th  
 Gender Both

**Contact Info - Camp Director**  
 Dave Cunha  
 dave.cunha@leanderisd.org  
 randy.ballenger@leanderisd.org

08:00 AM - 11:00 AM

Half Day (3hrs) \$90

**Description**

VRHS AND CPHS ADVANCED TENNIS CAMP

**Special Instructions** held @ Vista Rdige High School**Special Requirements** Kids should have a good knowledge of the game (familiar w grips, form, rules and strategy)**Girls Basketball Camp Grades 1-5**

Henry Middle School Gyms

6/12/2017 - 6/15/2017

Sport Basketball Girls  
 Incoming Grades 1st-5th  
 Gender Girls

**Contact Info - Camp Director**  
 Keith Allen  
 keith.allen@leanderisd.org

09:00 AM - 12:00 PM

Half Day (3hrs) \$90

**Description**

This is the second camp at Vista Ridge led by Head Coach Keith Allen. Last year's camp was a huge success, and this year promises to be bigger and better! Participants will receive a custom basketball and a t-shirt for attending the camp. We will focus on fundamentals, and aim to get kids "hooked" on basketball and build the foundation for future success at Vista Ridge!

**Special Instructions****Special Requirements**

**Vista Ridge HS**

**7-12 VRHS STRENGTH AND CONDITIONING CAMP**

Vista Ridge High School---Main Weight room and Ranger Stadium

6/12/2017 - 7/27/2017

Sport Strength and Conditioning  
 Incoming Grades 7th-12th  
 Gender Both  
 Strg. and Cond. \$150

**Contact Info - Camp Director**  
 Todd Brown  
 todd.brown@leanderisd.org

08:00 AM - 11:30 AM

**Description**

This is a Speed and Strength Camp for all Vista Ridge High School students, all Henry students and Stiles students that will be attending Vista Ridge High School. The camp will consist of Weight lifting, Core training, Speed and Agility drills. The aim of this camp is to build the complete athlete, and is not sport-specific. The camp will go from Mondays -Thursdays.  
 Boys 9th-12th grade students will work out from 8 am -10 am. All Girls will work out from 10-11:30

Incoming 7th-8th grade boys will work out from 10:00am-11:30am.

There will be no camp from 7/3-7/6.

The camp will resume again on July 10th



**Vista Ridge HS****Ranger QB and WR Passing Camp**

Vista Ridge High School---Ranger Stadium

6/19/2017 - 6/22/2017

Sport                Football  
 Incoming Grades    3rd-6th  
 Gender                Boys  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Todd Brown  
 todd.brown@leanderisd.org

06:00 PM - 08:00 PM

**Description**

This is a 4 day camp for Quarterbacks and Receivers, taught by the Vista Ridge Football staff. It will focus on footwork, throwing mechanics, catching, route running, and other fundamentals of both positions. There will also be 7 on 7 each day.

**Special Instructions**

**Special Requirements**    We will be on the turf and possibly grass. Campers should bring football shoes

**RANGER BASEBALL CAMP 1-6**

VRHS Baseball Field

6/26/2017 - 6/29/2017

Sport                Baseball  
 Incoming Grades    1st-6th  
 Gender                Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Jason Bourgeois  
 jason.bourgeois@leanderisd.org

09:00 AM - 12:00 PM

**Description**

The 1st through 6th graders camp will focus on developing skills in hitting, fielding, baserunning, and throwing by the VR baseball staff and other instructors.

**Special Instructions**

**Special Requirements**    Campers will need to bring a glove, bat(if they have one), cap, and cleats.

**VRHS SOFTBALL CAMP GRADES 3-6**

Vista Ridge Softball Field

6/26/2017 - 6/29/2017

Sport                Softball  
 Incoming Grades    3rd-6th  
 Gender                Girls  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Lauren Myrick  
 lauren.myrick@leanderisd.org

09:00 AM - 11:00 AM

**Description**

This is a camp focussed on fundamental skills of the game. A softball glove is required for camp participation.

**Special Instructions**

**Special Requirements**

**Vista Ridge HS****RANGER BASEBALL CAMP 7-9**

VRHS Baseball Field

6/26/2017 - 6/29/2017

Sport Baseball  
 Incoming Grades 7th-9th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Jason Bourgeois  
 jason.bourgeois@leanderisd.org

01:00 PM - 04:00 PM

**Description**

This camp is for incoming 7th through incoming 9th graders. We will work on developing the campers' skills in the areas of hitting, baserunning, fielding, and throwing in a VR Baseball Practice format to let the players see how the high school practices are organized and managed while getting baseball instruction.

**Special Instructions**

**Special Requirements** Campers will need to bring a glove, bat(if they have one), cap, and cleats

**VRHS Softball Camp Grades 7-9**

Vista Ridge Softball Field

6/26/2017 - 6/29/2017

Sport Softball  
 Incoming Grades 7th-9th  
 Gender Girls  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Lauren Myrick  
 lauren.myrick@leanderisd.org

11:30 AM - 01:30 PM

**Description**

This is a camp focussed on fundamental skills of the game of softball. A softball glove is required for camp participation.

**Special Instructions****Special Requirements****VRHS GIRLS/ Boys SOCCER CAMP GRADES 7-9**

Vista Ridge High School (turf fields)

7/10/2017 - 7/13/2017

Sport Soccer COED  
 Incoming Grades 7th-9th  
 Gender Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Kristin Stone  
 kristin.stone@leanderisd.org

10:00 AM - 12:00 PM

**Description**

A soccer skills camp where girls will participate in dribbling, shooting and passing drills to increase level of play along with small sided games.

**Special Instructions**

**Special Requirements** All campers will need shin guards and cleats.

**Vista Ridge HS****BOYS & GIRLS SOCCER GRADES 1-6**

Vista Ridge High School - Turf Field

7/10/2017 - 7/13/2017

Sport Soccer COED  
 Incoming Grades 1ST-6TH  
 Gender Both  
 Two Hour Camp \$60

**Contact Info - Camp Director**  
 Samuel Reed  
 samuel.reed@leanderisd.org

08:00 AM - 10:00 AM

**Description**

This camp will focus on the technical aspects of soccer focusing on small sided games.

**Special Instructions**

**Special Requirements** Wear cleats and shin guards

**Vista Ridge Team Camp**

Vista Ridge High School Competition Gym

7/24/2017 - 7/26/2017

Sport Volleyball  
 Incoming Grades 10th-12th  
 Gender Girls  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Holly Lamb  
 holly.lamb@leanderisd.org

08:00 AM - 12:00 PM

**Description**

Current **Vista Ridge Volleyball** athletes will learn team concepts and volleyball skills

**Special Instructions**

**Special Requirements** Volleyball/running shoes, water bottle, knee pads optional

**Future Ranger Football Camp I**

Vista Ridge High School--Ranger Stadium

7/31/2017 - 8/3/2017

Sport Football  
 Incoming Grades 1st-6th  
 Gender Boys  
 Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Todd Brown  
 todd.brown@leanderisd.org

08:00 AM - 11:00 AM

**Description**

Join the Vista Ridge Football Staff for training and skills development in all areas of the game of football. Each day there will also be guest speakers to inspire your kids about the great game of football.

**Special Instructions**

**Special Requirements**

**Vista Ridge HS****Future Ranger Football Camp II**

Vista Ridge High School---Ranger Stadium

8/7/2017 - 8/10/2017

Sport                Football  
 Incoming Grades   7th-9th  
 Gender              Boys  
                           Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Todd Brown  
 todd.brown@leanderisd.org

08:00 AM - 11:00 AM

**Description**

This is a 4 day camp for all incoming 7th-9th graders planning to play football next fall that will be attending Henry MS, Stiles MS (who are zoned for Vista Ridge HS) and Vista Ridge High School. This camp will be conducted by the Vista Ridge Ranger football staffs. This camp will focus on the fundamentals, as well as the specifics of the Vista Ridge offense and defense. This will be a great head start for the kids as they get ready for football in the fall of 2013.

**Special Instructions**

**Special Requirements**    Football shoes

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**Wiley MS**

**Coyote Football Camp/Future Raiders - non contact**

Wiley Middle School

7/31/2017 - 8/3/2017

Sport                 Football  
 Incoming Grades   7th-8th  
 Gender               Boys  
                           Half Day (3hrs) \$90

**Contact Info - Camp Director**  
 Lance Jones  
 Lance.jones@leanderisd.org

08:00 AM - 11:00 AM

**Description**

This camp will teach the fundamentals of football. It will taught by the Wiley football coaches. We will also cover the offense and defense which we will be using for the upcoming season. The camp will be fun, as well as an asset to the athlete.

**Special Instructions**

**Special Requirements**   Athletes need to bring football cleats.

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