

# 2013-2014 Community Resource Guide

## Adolescent Resources

### Birth Certificates

[www.texas.gov](http://www.texas.gov)

**(512) 943-1515 Press #8 (Williamson County) or (888) 629-2016**

405 MLK Georgetown, Texas 78626

Order a copy of your birth certificate.

### Child Abuse Hotline

[www.txabusehotline.org](http://www.txabusehotline.org)

**(800) 252-5400**

If you know or suspect abuse of a child, call hotline number or fill out a report online (this is a secure website and you will receive a response within 24 hours).

### Covenant House/National Runaway Safeline (NRS)

[www.nineline.org](http://www.nineline.org)

[www.1800RUNAWAY.org](http://www.1800RUNAWAY.org)

[www.nineline.org](http://www.nineline.org)

**(800) 999-9999 or 1-800-RUNAWAY**

346 W. 17th St., New York, NY 10011

Through a collaboration with the National Runaway Safeline (NRS) calls to the Covenant House Neline will be answered by the National Runaway Safeline (NRS) which handles crisis calls 24-hours a day, 7 days a week, 365 days a year. NRS makes more than 250,000 connections to help and hope through hotline, online and offline resources. NRS also provides a family reunification program offered in collaboration with Greyhound Lines, Inc.

### Gary Job Corps

<http://gary.jobcorps.gov/home.aspx>

**(512) 396-6652 or (800) 733-5627 (JOBS)**

2800 Airport Hwy 21, San Marcos, TX 78667

Vocational training and basic education for ages 16-24 years. Contact for additional information.

### LifeWorks—Emergency Shelter

[www.lifeworksaustin.org](http://www.lifeworksaustin.org)

Austin, Texas 78704 (Call for specific location)

**(512) 735-2400**

Provides temporary shelter for homeless youth from Travis County. Services include food, clothing, counseling, medical care, and case management. Staff will contact the youth's parents or CPS for consent for youth to stay in shelter. Youth ages 10-17 given priority. Also provides a transitional, group living facility for homeless youth. Youth are expected to maintain a schedule of work and/or school, and participate in a savings plan. **Does not serve Williamson County – refer to Starry.**

### National Runaway Switchboard

[www.1800runaway.org](http://www.1800runaway.org)

**(800) 786-2929 or (800) 621-0394 TDD (24 hours)**

Provides confidential telephone crisis intervention and referrals to youth nationwide. Includes referrals to shelter, food, clothing, counseling, and substance abuse rehabilitation.

## **Adolescent Resources (continued)**

### **Out Youth**

<http://www.outyouth.org/>

**(512) 419-1233**

909 E. 49 1/2 St., Austin, TX 78751

Out Youth is a nonprofit organization that supports and provides services to gay, lesbian, bisexual, transgender, and questioning youth ages 12 to 19 in Austin and Central Texas. We offer peer support groups, counseling, educational programs, social activities and community outreach.

The Out Youth Drop In Center: Open to youth every Sun., Wed., and Thursday 4:30 to 8:30 pm..

### **Planned Parenthood**

[www.plannedparenthood.org/](http://www.plannedparenthood.org/)

North Austin Location:

**(512) 331-1288 or (800) 230-7526**

9401 Research #250, Austin, TX 78758

South Austin Location:

**( 512) 276-8000**

201 E Ben White Blvd., Austin, TX 78704

Provides free programs designed to help parents communicate more effectively with their children about sexuality. Offers presentations on puberty, birth control, self-esteem, relationships, sexual harassment, and communication. Serves both Travis and Williamson counties.

### **Social Security Administration**

<http://www.ssa.gov/>

**(866) 627-6991(Austin Office)**

1029 Camino La Costa Austin, TX 78752

**(877) 531-4699 (Georgetown Office)**

104 Parkview Drive Georgetown, TX 78626

### **STARRY**

[www.childrenatheartministries.org/STARRY-Home](http://www.childrenatheartministries.org/STARRY-Home)

**(512) 246-4276 Emergency Shelter**

**(512) 246-4303 SAFE Program**

1300 N. Mays, Round Rock, TX 78664: Emergency Shelter-Serves children who need immediate protection, typically after being removed from their homes by court order due to life-threatening abuse or neglect. The majority of children served are placed in their care by the Texas Department of Family and Protective Services (DFPS). In addition, on a "space available basis," we provide Emergency Shelter Care for children referred by their families who match our mission and programs. SAFE Program-provides a temporary safe haven for runaway and homeless youth in host homes for up to 21 days up to 17 years of age.

### **Texas Youth & Runaway Hotline**

[www.texasyouth.org](http://www.texasyouth.org)

**(800) 989-6884 or (888) 580-HELP(4357)**

Free confidential calls answered 24 hours a day. Offer referrals to local services in the State of Texas. Conference calling to parents and shelters to allow communication between parent and adolescent. Provides comprehensive information and referrals to other low-cost and free community services available to at-risk youth and their families. Call to discuss youth-related concerns with a trained volunteer.

## **Alcohol/Substance Abuse**

### **Alcoholics Anonymous/Central Texas Hotline – Hill Country Intergroup (24 hours)**

[www.austin.aa.org](http://www.austin.aa.org)

**(512) 444-0071**

### **Alcohol & Drug Awareness Institute**

<http://www.alcoholanddrugawareness.com/>

**(512) 459-3940**

North Austin Business Center, 8711 Burnet Rd., Suite A-1, Austin, TX 78757

Offers MIP, DWI Education, Alcohol Awareness and Drug Offender Education classes for a fee. All areas served. Contact for additional information.

### **Austin AL-ANON/ALATEEN Information Center**

[www.austinalanon.org](http://www.austinalanon.org)

**(512) 441-8591 or (888) 287-2115**

6301 Manchaca Road, Ste. F, Austin, TX 78745

Provides schedule information for 12-step meetings for people whose lives have been affected by someone else's drinking. Includes information about meeting schedules for Al-Anon (ages 20 and older), Alateen (ages 13-19), Pre-teen (ages 6-12), Adult Children of Alcoholics (ages 18 and older), for men only, women only, Spanish-speaking, wheelchair accessible, and non-smoking. Meetings are held in all areas of Austin, Georgetown, Round Rock, Pflugerville, Cedar Park and other surrounding areas. ELIGIBILITY: People whose lives have been affected by others' drinking, ages 6 and older.

### **Chemical Abuse Prevention Program (CAPP) Leander ISD**

**(512) 570-0315** Contact: Mary Ann Kluga

Offers alcohol, tobacco and other education classes (plus seminars and workshops). The counseling program gives students an opportunity to talk to a counselor, helping them deal with issues related to, or caused by substance use or abuse. Individual or group sessions are available. Contact the campus counselor to begin referral process. Services only offered to LISD students and faculty/staff members.

### **Cocaine Anonymous**

[www.ca-scta.org](http://www.ca-scta.org)

**(512) 339-4357 (HELP):** Meetings throughout Travis/Williamson County. Twelve step treatment program for drug/alcohol addiction. Leave message with answering service. See website for meeting times.

### **Lifesteps: Williamson County Council on Alcohol & Drug Abuse**

[www.lifestepsCouncil.org](http://www.lifestepsCouncil.org)

**(512) 246-9880**

2105 North Mays St., Round Rock, TX 78664

Provides screening for chemical dependency, short-term motivational counseling, and referrals to an appropriate facility. Outreach efforts include presentations to community groups and information dissemination at health fairs. Maintains a crisis line. Offers drug and alcohol education classes. Offers sliding scale fee, based on family gross annual income and family size. Williamson County residents served.

### **M.A.D.D. – Heart of Texas Chapter**

[www.madd.org/local-offices/tx/](http://www.madd.org/local-offices/tx/)

**(512) 445-4976**

3910 SIH 35, Suite #225, Austin, TX 78704

E-mail: [info@maddheartoftexas.org](mailto:info@maddheartoftexas.org)

Assisting victims of drunken driving crashes with financial resources and offers one on one support, court and telephone support. Serves Bastrop, Blanco, Burnet, Caldwell, Fayette, Hays, Lee, Llano, Travis and Williamson counties.

## **Alcohol/Substance Abuse (continued)**

### **Narcotics Anonymous**

[www.ctana.org](http://www.ctana.org)

**(512) 480-0004**

Central Texas Area NA, 1108 Lavaca Street Ste. 110-284, Austin, TX 78701

12 Steps self-help program for drug/alcohol addiction for men and women 7 days a week. Meetings are throughout Williamson County.

### **North Austin Foundation: Project Helping Hand**

[www.northaustinfoundation.com](http://www.northaustinfoundation.com)

**(512) 339-8746**

1000 Prairie Tr. Austin, TX 78758

Project Helping Hand is designed to house people in transition to a treatment center or sober living home. The dormitory includes six men's beds and four women's beds. The maximum stay for a client of PHH is 30 nights. There is no cost associated with the services provided. Potential clients need to meet set criteria to be admitted. Call or walk-in for help. A staff member is available weekdays at any hour.

### **Road to Rehab**

[www.roadtorehab.com](http://www.roadtorehab.com)

Road To Rehab is a searchable directory which includes more than 16,000 drug rehab programs, including long-term residential drug treatment, out-patient treatment; detox facilities for drug addiction and alcoholism, and drug rehab for specific types of drugs such as heroin, cocaine, ecstasy, marijuana, methamphetamine and prescription drug abuse.

### **US No Drugs: Handling Addiction and Restoring Lives**

[www.usnodrugs.com](http://www.usnodrugs.com)

**(855) 786-7378**

An informational website that educates and can help you locate drug and alcohol rehabilitation for your specific treatment needs.

## **Additional Substance Abuse Treatment Resources:**

### **Inpatient Chemical Dependency Treatment**

1. Phoenix Academy (South Austin) **(512) 440-0613**
2. Sundown Ranch (Canton/East Dallas) **(903)-479-3933**
3. Adult Rehabilitation Center/Salvation Army **(512) 447-2272**
4. Austin Drug & Alcohol Abuse Program (ADAAP) **(512) 454-8180**
5. Austin Recovery Center **(512) 697-8600** Toll-Free **(800) 373-2081**
6. Changes Counseling Services **(512) 257-0066**
7. La Hacienda Treatment Center Residential Facility **(512) 835-1994**
8. Starlite Recovery Center (Serves male adolescent/adult) **(866) 220-1626**
9. Summer Sky **(888) 857-8857**

### **Outpatient Chemical Dependency Treatment**

1. Shoal Creek Hospital (Austin) **(512) 324-2000**
2. Phoenix Academy (South Austin) **(512) 440-0613**
3. Palmer Drug Abuse Program (Austin) **(512) 927-0422**

## **Child Abuse/Prevention Resources**

### **Center for Child Protection – Austin; Travis County**

[www.centerforchildprotection.org](http://www.centerforchildprotection.org)

**Austin/Travis County: (512) 472-1164**

8509 FM 969, Building 2, Austin, Texas 78724

Center provides homelike, child-centered environment where abused children and their families can go for evaluation, crisis intervention, evidence gathering and counseling. Offers group and individual counseling. Must be referred by DPRS, CPS, police or other legal agency.

### **Child Abuse Hotline**

[www.txabusehotline.org](http://www.txabusehotline.org)

**24 hour number - (800) 252-5400**

Hotline operated by Child Protective Services (CPS) to report child abuse anywhere in the state of Texas. Use this number to report abuse, suspected abuse, neglect, and abandonment of children, elderly or disabled. You may also file a report using the secure website at: [www.txabusehotline.org](http://www.txabusehotline.org)

### **STARRY: A Children at Heart Ministry - Texas Baptist Children's Home (TBCH)**

[www.childrenatheartministries.org](http://www.childrenatheartministries.org)

1300 North Mays, Round Rock, Texas 78664

**STARRY Emergency Shelter (512) 246-4276:** The majority of children served are placed in our care by the Texas Department of Family and Protective Services (DFPS). **In addition**, we provide emergency shelter care for children referred by their families who match our mission and programs based on the amount of space available.

**Foster Care (512) 246-4288:** A Christian foster care agency dedicated to providing safe, loving homes for children in need of temporary care. Foster parents open their hearts and homes to children who need to live away from their families due to a crisis, often abuse or neglect. During this time efforts are made toward family reunification or permanent placement with an adoptive family.

### **(Continued) STARRY: A Children at Heart Ministry - Texas Baptist Children's Home (TBCH)**

**SAFE (512) 246-4303 or SAFE Hotline at (888) 206-4579:** SAFE (Shelter Alternatives & Family Empowerment) provides safety and services to runaway and homeless youth, while working with their families on reunification or alternative living arrangements. SAFE can offer shelter for up to 21 days, crisis counseling services and case management.

### **Texas Baptist Children's Home (TBCH)**

[www.childrenatheartministries.org](http://www.childrenatheartministries.org)

1101 North Mays, Round Rock, TX 78664

**Family Care (512) 255-3682:** Family Care is a place for motivated mothers and their children to live while they transition into a successful, independent future. The ministry has eight cottages, with live-in case managers, where up to five families each are housed. A team of therapists offers supportive counsel for every mother and child.

### **Williamson County Children's Advocacy Center**

[www.wilcocac.org](http://www.wilcocac.org)

**Georgetown/Williamson County: (512) 943-3701**

1811 SE Inner Loop

Georgetown, TX 78626

Center provides homelike, child-centered environment where abused children and their families can go for evaluation, crisis intervention, evidence gathering and counseling. Offers group and individual counseling. Must be referred by DPRS, CPS, police or other legal agency.

## **Child Care/ Mentoring Programs**

### **Bagdad Head Start/Early Head Start (ages 0-5)**

[www.wbco.net](http://www.wbco.net)

**(512) 259-9010 or (512) 259-7810**

Head Start and Early Head Start is comprehensive child and family development programs that prepare children from birth to five years of age to become successful school students and members of society. Children and families participate in the program on the basis of eligibility criteria.

### **Big Brothers/Big Sisters Program**

[www.bbbscentraltx.org](http://www.bbbscentraltx.org)

**(512) 472-5437 main (512) 442-4646 to enroll or check status of application**

1400 Tillery St., Austin, TX 78721

Program matches up children ages 6 to 16 with mentor to provide a positive role model. Free tutoring is provided as a separate program. Scholarship program available for 7th graders who promise to graduate high school, they receive \$2000 when they graduate to go toward college costs.

### **Child Care Management Services (CCMS)**

[www.workforcesolutionsrca.com](http://www.workforcesolutionsrca.com)

**(512) 260-1937 or (877) 223-0404 (Williamson County)**

**(512) 597-7191 (Travis County)**

1101 Arrow Point Drive Suite 203 Cedar Park, TX 78613

Provides assistance with child-care for low-income families. Current one year or more waiting list. Clients need to be working or a student.

### **Child Support Hotline**

[www.oag.state.tx.us](http://www.oag.state.tx.us)

**(800) 252-8014**

The Office of the Attorney General aids in the enforcement of child support obligations.

### **YMCA**

[www.austinyymca.org](http://www.austinyymca.org)

[www.ymcagwc.org](http://www.ymcagwc.org)

**Williamson County: (512) 250-9622**

**Travis County: (512) 236-9622**

After-school program available at some elementary schools. Call for availability, waiting list. Scholarships

## **Counseling Resources**

### **AIDS Services of Austin, Inc.**

<http://www.asaustin.org/site/PageServer>

**(512) 458-2437**

Provides one-on-one counseling and support for adults who engage in high-risk sexual and/or drug-using behaviors that can transmit HIV. Counselors work with clients to create an individualized risk reduction plan that promotes overall health, including lowering the risk of HIV transmission.

## **Counseling Resources (continued)**

### **Austin Child Guidance Center**

[www.austinchildguidance.org](http://www.austinchildguidance.org)

**(512) 451-2242**

810 W. 45th St., Austin, TX 78751

Staffed by professionals of many disciplines to treat and evaluate children with emotional and behavioral problems, victims of crime, or abused and neglected. Offers psychological testing, parenting classes, parent and child therapy groups, and individual therapy for ages 1-17. Sliding fee scale. Hours of service, Monday - Thursday, 8:00 a.m.-8:00 p.m., Friday 8:00 a.m.- 6:00 p.m.

Walk-in mental health therapy for children, up to age 17, and their family members, is available Fridays from 2 p.m. to 4 p.m. Sessions are 50 minutes. Availability of therapists is on a first-come, first-served basis.

### **Austin – Travis County Integral Care (MHMR)**

[www.integralcare.org](http://www.integralcare.org)

**(512) 472-4357 (HELP): 24/7 Crisis Hotline**

**( 512) 447-4141**

Robert T. Chapa Administration Building

Office Hours: 8 AM – 5 PM

1430 Collier St., Austin, TX 78704

Provides crisis intervention, psychiatric evaluation, medication checks and counseling for Travis County. Office Hours: 8 AM – 5 PM Monday - Friday

### **Bluebonnet Trails Community Services**

<http://www.bbtrails.org/>

**(512) 255-1720**

**(512) 244-8858 (Mental Health)**

**24 Hour Crisis Hotline: 1-800-841-1255**

1009 N. Georgetown St., Round Rock, TX 78664

Psychiatric evaluation, medication checks, crisis intervention work in mental health emergencies, including suicides for Williamson Cnty residents. Group and/or individual counseling services provided.

### **Capital Area Counseling**

<http://camhc.org/>

**(512) 302-1000 x100**

2824 Real Street Austin, TX 78722-1715

Provides low-cost, no-session-limit counseling for individuals, couples, families, and children.

### **Capital Area Psychological Association**

[www.austinpsychologists.net](http://www.austinpsychologists.net)

**(512) 451-4983**

PO Box 1448 Cedar Park, TX 78652

Provides a professional association of psychologists. Offers free referrals to psychologists by phone and through an online database. Referrals are based on criteria, such as the psychologist's specialty, technique/approach, ages served, languages spoken, location of practice, and whether or not Medicare or Medicaid is accepted.

### **Hope Alliance**

[www.hopealliancetxt.org](http://www.hopealliancetxt.org)

(512) 255-1212 or (800) 460-7233

211 Commerce Blvd., Suite 103, Round Rock, Texas 78664: Counsels victims of domestic violence and sexual assault. 24 hr crisis hotline, crisis counseling, emergency shelter, support groups, legal advocacy, transitional housing program. Services are free and confidential.

## **Counseling Resources (continued)**

### **Lifeworks**

[www.lifeworksaustin.org](http://www.lifeworksaustin.org)

**(512) 735-2400**

Provides individual, family, and group counseling at sliding scale rates. Must call Austin office to schedule an appointment. Various locations in Williamson and Travis County.

### **Lone Star Circle of Care**

[www.lscctx.org](http://www.lscctx.org)

**1-877-800-5722 (Behavioral Health & Psychiatry)**

2120 N. Mays Suite 430, Round Rock, TX 78664-2166

Email: [info@lscctx.org](mailto:info@lscctx.org)

Provides psychiatric and counseling services. Serves adults, children and adolescents residing in Williamson County; priority given to patients with low income and/or patients who are uninsured/underinsured. Offers sliding fee scale for income-eligible uninsured patients; accepts Medicare, Medicaid, CHIP, Williamson County and Cities Indigent Program, private insurance, self-pay.

### **My Healing Place**

[www.myhealingplace.org](http://www.myhealingplace.org)

**(512) 472-7878**

8401 Shoal Creek Blvd. Austin, TX 78757

Works with families who have experienced grief/trauma due to the death of a loved one from illness, accident, suicide, or violence; or have experienced loss due to separation. Offers grief and loss support groups, individual, family and couples therapy, therapy groups, school groups, and training.

### **Psychiatric Emergency Services (PES)**

[www.integralcare.org](http://www.integralcare.org)

**(512) 472-4357 (HELP)**

56 East Avenue, Austin, TX 78701

Formerly known as CAPE operated by Travis County MHMR. Provides 24-hour emergency psychiatric services for adults and children in a mental health crisis. Provides a 24-hour confidential hotline for anyone in crisis needing to talk with a licensed counselor. Services include crisis intervention, individual crisis counseling, crisis rehabilitative skills training, and screening and referrals to appropriate community services. Available to Travis Co. residents. Medicaid and Medicare accepted for in-person services; offers sliding scale for income eligible.

### **SafePlace**

[www.safeplace.org](http://www.safeplace.org)

**(512) 267-7233 or (512) 927-9616**

1515 A Grove Blvd., Austin, TX 78741

Provides counseling and support groups for adult and child survivors of domestic violence, rape or sexual abuse and their loved ones (family/friends). Provides court accompaniment to help client get protective order or testify in assault case. Offers advocacy and resources to help survivors leave a violent home. Website features links to various resources and online bookstore.

### **The Samaritan Center for Counseling & Pastoral Care**

[www.samaritan-center.org](http://www.samaritan-center.org)

**(512) 451-7337 (Austin Office)**

**(512) 931-0101 (Georgetown Office)**

Staffed by professionals with a variety of counseling degrees. Offers both clinical (secular) counseling and assistance with spiritual/religious concerns that might come up in a counseling situation. Has modified sliding fee scale. Files insurance claims for Medicare and Medicaid. Locations also available in Round Rock, Pflugerville and Georgetown. Appts. are available after 5 p.m. and on Saturdays.



## **Counseling Resources (continued)**

### **STARRY**

[www.childrenatheartministries.org](http://www.childrenatheartministries.org)

1300 N. Mays, Round Rock, TX 78664

**(512) 388-8290**

Provides short-term individual, family, and group counseling under a solution-focused, skills-based format for at-risk youth, ages 7-17, who are involved in family conflict, or have issues with running away, truancy, or delinquency. **Serves Williamson County.**

### **The Texas State University Counseling Practicum Clinic**

<http://webcache.tr.txstate.edu/>

**(512) 716-4553 (Dr. John Garcia)**

Round Rock Higher Education Center

1555 University Blvd., Round Rock, TX 78664

The clinic is a fully equipped teaching facility providing supervised clinical experience for advanced master's degree-seeking counseling students and vital, affordable mental health services to the community on a sliding scale fee. The clinic is open to individual adults, adolescents, children, couples, and families; both traditional and non-traditional.

### **Wilcomentalhealth.org**

[www.wilcomentalhealth.org](http://www.wilcomentalhealth.org)

Website sponsored by the Williamson County Mental Health Committee which offers links to crisis services, public assistance resources, rehab resources, support and advocacy, in-patient hospitals, veterans services and youth services. Links to various support groups are also located on the website.

### **Williamson County Children's Advocacy Center**

[www.wilcocac.org](http://www.wilcocac.org)

**(512) 943-3701**

Full-Time child and family therapist who provides free counseling services to child victims, child witnesses of abuse, and non-offending family members. Children and teens who have been interviewed at the WCCAC are eligible for counseling through our on-site counseling program, or if they have access to insurance, through our network of therapists from various cities within Williamson County.

### **YWCA**

[www.ywca.org](http://www.ywca.org)

**(512) 326-1222**

2015 S. IH35 #110, Austin, TX 78741

Provides short-term counseling for women, couples, and families. Offers after-school programs for girls and summer camps are available for girls. Sliding scale fees.

## **Domestic Violence/Sexual Assault Resources**

### **Austin Stress Clinic**

[www.austinstress.org](http://www.austinstress.org)

**(512) 326-1717**

1030 S. Lamar, Suite H, Austin, TX 78704

Prevention program for domestic violence. This agency provides a variety of services to individuals involved in abusive relationships (batterer's group on anger mngmnt). 12-week program. Call for more information. Sliding scale fee available based on individual circumstance. Mon.- Fri. 8:00 am ~ 4:00 pm

## **Domestic Violence/Sexual Assault Resources (continued)**

### **Hope Alliance**

[www.hopealliancetx.org](http://www.hopealliancetx.org)

**(512) 255-1212 or (800) 460-SAFE**

211 Commerce Blvd., Suite 103, Round Rock, Texas 78664

Services provided: Crisis hotline, crisis counseling, short-term shelter, and assistance to victims of sexual assault and family violence (adults and children). Provides Battered Women's Group, Sexual Assault Survivor's Group, Childhood Sexual Assault Survivor's Group, and a group for Parents of Child Victims. Educational services, presentations and films available for community groups and schools. Services are free of charge. Transitional housing for eligible women in program.

### **Lifeworks**

[www.lifeworksaustin.org](http://www.lifeworksaustin.org)

**(512) 735-2100**

LifeWorks Resolution Counseling is dedicated to creating a safe community by ending domestic violence and advocating for relationships based on equality and respect. Resolution Counseling offers psycho-educational groups for adults (male and female) who have been abusive towards their partners. Group goals include taking responsibility for violent and abusive behavior, understanding the dynamics of power and control, learning adaptive communication and conflict resolution skills, and managing emotions in non-aggressive ways.

### **National Domestic Violence Hotline (NDVH)**

[www.thehotline.org](http://www.thehotline.org)

**(800) 799-7233 or (800) 787-3224**

Offers crisis intervention, information and assistance to individuals, their friends, families, or employers about domestic violence, child abuse, sexual assault, intervention programs for batterers, and working through the criminal justice system. Provides referrals to battered women's shelters and programs, social service agencies and legal programs. 24 hours, 7 days a week. Spanish speaking counselors available.

### **National Teen Dating Helpline**

[www.loveisrespect.org](http://www.loveisrespect.org)

**(866) 331-9474 or (866) 331-8453**

### **SafePlace**

[www.safeplace.org](http://www.safeplace.org)

**(512) 267-SAFE (7233)**

1515 A Grove Blvd., Austin, TX 78741

Provides counseling and support groups for adult and child survivors of domestic violence, rape or sexual abuse and their loved ones (family/friends). Provides court accompaniment to help client get protective order or testify in assault case. Offers advocacy and resources to help survivors leave a violent home. Website features links to various resources and online bookstore.

### **Texas Association Against Sexual Assault (TAASA)**

[www.taasa.org](http://www.taasa.org)

**1-800-656-HOPE**

6200 La Calma, #110, Austin, TX 78752

Provides free and confidential information and referrals concerning sexual violence and sexual assault services statewide. Provides referrals to 114 sexual assault programs throughout Texas. Provides access, via phone or website, to bilingual brochures about sexual assault, a booklet for recent survivors of sexual assault, posters, fact sheets, and an advocacy training manual on adolescent sexual assault curriculum. Offers free and confidential online bulletin board forums for male survivors, sexual assault advocates, students and TAASA taskforce members. Offers a free on-line searchable database of articles on sexual assault topics.

## **Employment & Education**

### **AmeriCorps-Vista Program**

<http://www.nationalservice.gov/programs/ Americorps>

**(512) 391-2940**

300 E. 8th St., Room G-169, Austin, TX 78701

Provides a full-time, 10- to 12-month, residential, national service program for young adults ages 18-24. Members volunteer in nonprofit organizations and public agencies throughout the country working to fight illiteracy, improve health services, create businesses, increase housing opportunities, or bridge the digital divide. Members receive a modest living allowance, health coverage, and child care for those who qualify. After successfully completing the full term of service, members may receive either an education award that can be used to pay off student loans or finance college, graduate school, or vocational training; or an end-of-service stipend. Open to all US citizens ages 18 and older.

### **Austin Community College GED Classes/ESL Classes**

<http://www.austincc.edu/abe/>

**(512) 223-5123**

Austin Community College Highland Business Center

5930 Middle Fiskville Rd., Room 104, Austin, TX 78752

The purpose is to complete high school educational requirements. Contact each program for specific information.

### **Bagdad Elementary School Adult GED/ESL Classes**

(512) 570-5929

ESL Classes held Tuesday and Thursday evenings; GED Classes held Tues., Wed., Thurs. evenings. Contact: Emily Wilson for times/location information.

### **City of Austin Employment**

[www.austincityjobs.org](http://www.austincityjobs.org)

**Dial 3-1-1 (Texas) or 512 -974-2000 (out of state)**

2209 Rosewood Ave., Austin, TX 78702

Work Source Career Center : 6505 Airport Blvd, Suite 101, Austin, Texas 78752

In-person assistance in applying for jobs with the City of Austin can be found at either of two locations.

### **City of Round Rock Job Openings**

[www.roundrocktexas.gov/jobs/](http://www.roundrocktexas.gov/jobs/)

**(512) 218-7066**

Computer listing of current jobs available.

### **Free-Net**

[www.austinfreenet.net](http://www.austinfreenet.net)

**(512) 236-8225**

Computer classes and general computer access offered at a variety of sites throughout Austin. See website for details.

### **Gary Job Corps**

<http://gary.jobcorps.gov/home.aspx>

**(512) 396-6652 or (800) 733-5627 (JOBS)**

2800 Airport Hwy 21 E., San Marcos, TX 78667

Vocational training and basic education for ages 16-24 years. Contact for additional information. Offers students the skills they need to succeed in today's workforce-at no cost to them or their families.

## **Employment & Education (continued)**

**Literacy Council GED Classes** <http://www.literacycouncil-wc.org/>

**(512) 869-0497 (Main Number) (512) 244-6647 (Round Rock) (512) 415-7932 (Cedar Park)**

2411 Williams Dr. Suite 1

1009 N. Georgetown St., Suite A, Round Rock, TX 78664; Hours Monday-Thursday 9am-5pm ; Closed Fridays; Assistance offered at the following locations: Literacy Council of Williamson County Cedar Park, Hutto, Georgetown, and Taylor. Call main line for locations and times.

**Texas Workforce Center of Williamson County**

[www.texasworkforce.org](http://www.texasworkforce.org)

**(512) 244-2207**

1611 Chisholm Trail, Ste. 600, Round Rock, TX 78681

Offers career development information, job search resources, training programs and unemployment benefits.

**Job Source Program – Goodwill**

[www.austingoodwill.org](http://www.austingoodwill.org)

**(512) 637-7100**

1015 Norwood Park Blvd., Austin, TX 78753

Provides job search assistance for people seeking entry into the workforce who have a disadvantaging condition. Provides case management, client and employer follow-up, and supportive assistance as needed. Services are provided for up to 6 months after the client finds employment. Provides support services which may include bus passes, food vouchers, gas vouchers, utility assistance and occasional housing assistance. Support services are limited and administered on a case-by-case basis. Job bank available online or by calling Job Line at: **(512) 637-7105**

**Texas Department of Assistive and Rehabilitative Services (DARS)**

[www.dars.state.tx.us/drs/index.shtml](http://www.dars.state.tx.us/drs/index.shtml)

**(512) 310-3070 or (800) 538-8602**

2000 North Mays #110, Round Rock, Texas 78664

Vocational Rehabilitation program provides case management services for people with physical or mental disabilities to prepare for, find, or keep employment. Services include: Medical, psychological and vocational evaluation to determine disability and job capabilities; Counseling to plan vocational goals and adjust to working world; Job skills training in trade school, college, university, on the job, or at home; Hearing examinations, hearing aids and other communication equipment, aural rehabilitation and interpreter services for people who are deaf or have hearing impairments; Rehabilitation technology devices and services to improve job functioning; training in appropriate work behaviors and other skills; and job placement assistance and follow-up support.

## **Tutoring Resources**

**Club Z**

[www.clubztutoring.com](http://www.clubztutoring.com)

866-44-TUTOR

Provides in-home tutoring services, study skills, test prep, test anxiety, organizational skills, note-taking skills, homework management, etc.

**Huntington Learning Center**

[www.huntingtonlearning.com](http://www.huntingtonlearning.com)

1-800-CAN-LEARN

Provides study skills programs and tutoring for reading, math, and SAT/ACT/TAKS.

**Sylvan Learning Center** [www.sylvanlearning.com](http://www.sylvanlearning.com) (888)-EDUCATE

Provides tutoring in reading, math, writing, study skills, homework help, SAT/ACT test prep, etc.

## **Financial Assistance & Food Pantries**

When referring a family for financial assistance, please inform the family of the following: When calling the agency, write down the name of the person you spoke with, the date, the phone number, your appointment time, and all documents needed for appointment. Examples include: birth certificate, proof of income (pay stub), Social Security card, utility bill, proof of identification, any outstanding bills.

### **Angel Food Ministries**

<http://www.revealchurch.tv/FoodPantry.php>

**512-259-0881**

Food pantry and clothes closet on Tuesdays at 9:00 am

### **Capital Area Food Bank of Texas**

[www.austinfoodbank.org](http://www.austinfoodbank.org)

**(512) 973-9203**

### **LISD PTA Clothes Closet**

Clothes for LISD students ages pre-K - 12. Families may visit up to six times a year, and all files are confidential.

Open every Tuesday from 10:00 a.m. to noon, and the first Saturday of each month, from 10:30 a.m. to noon.

### **Caritas of Austin (Serves Travis County Only)**

<http://www.caritasofaustin.org/>

**(512) 479-4610 (General Information) (512) 472-4135 (Make Appointment)**

611 Neches St., Austin, TX 78701

E-mail: [info@caritasofaustin.org](mailto:info@caritasofaustin.org)

Provide Emergency assistance to people and families in need of clothing, food, partial rent and utility assistance, rapid re-housing for permanent housing, transitional housing, and permanent supportive housing . Spanish speaking counselors available.

### **Catholic Charities of Central Texas: Access for Central Texans**

<http://ccctx.org/help>

**(512) 450-4328 (Travis County & Williamson County)**

Assistance with the following applications: CHIP (Children's Health Insurance Program); TANF (Temporary Assistance for Needy Families); Long-Term Care Services for the elderly/disabled Medicaid; CHIP Perinatal; SNAP Food Benefits

### **Gethsemane Lutheran Church**

**(512) 836-8560**

200 W. Anderson Ln., Austin, TX 78752

Provides assistance with food and clothing. Call on Tuesdays from 1:30pm-3:45pm to schedule an appointment. Serves the Travis County/Williamson County area.

### **Hill Country Community Ministries Food Pantry & Clothes Closet**

[www.hccm.org](http://www.hccm.org)

**(512) 259-0360**

Hours: Mon-Fri 9:00-11:30am, 1:00-2:30pm; Clothing Closet: Tues/ Thur 9:00am-12:00, 1:00pm-3:00pm

1005 Lacy Dr., Leander, TX 78641

Provides an onsite food pantry and clothes closet. Provides case management for families and individuals. Food is every 4-5 weeks and used clothing every 3 months. Provides walk-in emergency food assistance. For continued assistance, an appointment with a case manager is required.

### **Financial Assistance & Food Pantries (continued)**

#### **Leander Church of Christ at Crystal Falls**

[http://new.leanderchurch.org/lcoc2\\_047.htm](http://new.leanderchurch.org/lcoc2_047.htm)

512-259-4673

300 West Crystal Falls, Leander, TX

Food Pantry on Wednesday at 6:30 pm to 8:00

#### **Mobile Loaves and Fishes – St. Thomas Moore Church/St Margaret Mary Catholic Church**

<http://mlf.org/>

**(512) 328-7299 (Headquarters)**

10205 RR 620 North, Austin, TX 78726

**(512) 293-7495 (Cedar Park)**

Provides mobile catering trucks that travel nightly to serve food and clothing to people in need.

#### **RockPointe Church**

<http://www.rockpointechurch.com/#/our-community-world>

512-259-8872 ext 2

1070 CR 177, Leander, TX

Food Pantry on Thursday 6:30-7:30

#### **St. Andrews Presbyterian Church Food Pantry**

**(512) 251-0698**

14311 Wells Port Dr. Austin, TX 78728

Food Pantry is on the 2<sup>nd</sup> & 4<sup>th</sup> Saturdays of every month from 10:00AM-12:00pm. Serves all families (Travis & Williamson counties)

#### **St. Thomas Moore Catholic Church**

[www.stmaustin.org](http://www.stmaustin.org)

**(512) 258-1161**

10205 Ranch Road 620 North, Austin, TX 78726

Sometimes helps with rent and utilities through St. Vincent de Paul Society. Call for area served.

#### **Statewide Temporary Assistance to Needy Families (TANF)/SNAP Food Benefits (food stamps)/Health Care Benefits (Medicaid)/Medicare Programs for Long-Term Care**

[www.yourtexasbenefits.com](http://www.yourtexasbenefits.com)

**\*\*If family does not have internet access, have application(s) sent to the family's home address.**

Land line: 2-1-1

**Round Rock office: (512) 244-1592; If calling from cell phone: (877) 541-7905**

355 E. Texas Ave. Round Rock, TX 78664

Information on where to apply for benefits and qualifications. See Texas Health and Human Services Commission (HHSC) website for additional information.

#### **Travis County Health and Human Services**

**(512) 267-3317**

Emergency assistance for rent, mortgage, electric, gas, propane, water, food, and food pantry.

### **Financial Assistance & Food Pantries (continued)**

#### **Williamson Burnet Counties Opportunities (WBCO)- Bagdad Activity Center**

Round Rock Neighborhood Center: Serves Cedar Park and Austin

**(512) 255-2202**

#### **The Madella Hillard Neighborhood Center: Serves Leander, Georgetown, Liberty Hill**

**(512) 930-0873**

Outreach centers offer utility and rental assistance for Williamson and Burnet counties. Families must meet poverty income guidelines. Assistance by appointment only.

#### **Williamson County Brown Santa**

**(512) 943-1400**

[www.wilco.org/CountyDepartments/SheriffsOffice/BrownSanta](http://www.wilco.org/CountyDepartments/SheriffsOffice/BrownSanta)

Provides assistance to families in Williamson county for purchasing toys, books, etc. for Christmas.

#### **Williamson County Cities & Health District**

[www.wcchd.org](http://www.wcchd.org)

**(512) 260-4240 Toll-Free: (800) 890-6296**

350 Discovery Blvd. #102, Cedar Park, TX 78613 **(512) 248-3252 Healthcare Helpline**

Provides coverage for doctor visits, pharmacy, and diabetic supplies for children and adults with diabetes who have low income, are uninsured, and are ineligible for Medicaid. Pays for primary care (not specialty care) at an assigned community clinic. Provides case management services for clients as needed. Open to Williamson County residents.

### **Housing & Homeless Resources**

#### **Austin Resource Center for the Homeless (Front steps)**

[www.frontsteps.org](http://www.frontsteps.org)

**(512) 305-4100 or (512) 305-4233 (Cold Weather Shelter Hotline)**

500 E. 7th St., Austin, TX 78701

Provides an overnight shelter, day sleep shelter, and cold weather shelter for homeless adults. At night, men only are housed overnight and women are directed to the Salvation Army (located next door). All case management, clinic, clothes closet, and daytime services are open to both men and women.

#### **Caritas of Austin**

[www.caritasofaustin.org](http://www.caritasofaustin.org)

**(512) 479-4610 (General Information)**

**(512) 472-4135 (Schedule Appointment)**

611 Neches St., Austin, TX 78701

**Serves Travis County Only:** Provides financial assistance with rent for eligible people who have lived in their housing for a minimum of 30 days. Assistance with current month only. Will only help ONCE every

12 months. Eligibility phone screening must be completed. Household gross income must be at or below

the Federal Poverty Guidelines within the past 30 days. Must have experienced an unexpected, verifiable emergency within the past 60 days. Must have had stable income/financial support prior to last 30 days (must NOT have a chronic lack of income). Documents required: Photo ID, Proof of household income for all household members including pay stub or a termination letter from employer, unemployment benefits, government benefits (TANF, SSI, SSDI, Food Stamps), or child

## **Housing & Homeless Resources (continued)**

support. Will NOT accept handwritten income notes such as for people paid only in cash. Past-due letter from landlord and copy of lease stating rent due date and amount (first page of lease is enough); documentation of unexpected emergency. Provides long-term case management (up to 18 months) and transitional housing for single adults who are homeless. Clients must be willing to work with a case manager to achieve self-sufficiency. Services include life skills classes, mental health/ substance abuse counseling, financial assistance for basic needs, and referrals to education, employment and training opportunities.

### **Cedar Ridge Apartments**

**(512) 259-7648**

2702 S. Bagdad Rd., Leander, TX 78641

Offers lower rent, must meet eligibility guidelines

### **Foundation for the Homeless**

[www.foundationhomeless.org](http://www.foundationhomeless.org)

**(512) 453-6570**

Provides transitional shelter and case management for homeless families who have custody of their children (children must live with them). Program is a partnership of churches that provides shelter for homeless families on a weekly rotating basis. 24-48 hours is the average waiting time between calling and being placed in shelter. Provides free transportation for clients to move between the churches, and to and from work, school and daycare. Provides hot meals, laundry facilities, personal hygiene items, and referrals to services. Provides a Day Resource Center for clients, which provides computers with Internet access, a family voicemail number, fax machine, photocopier, life skills classes, and other services. Maximum length of stay is 90 days.

### **Green Doors**

<http://www.greendoors.org/>

**(512) 469-9130**

1503 S. I-35 Austin, TX 78741

Focused on creating different types of housing tailored to the needs of residents. Services Include: Transitional veterans re-entry housing, 3 permanent supporting housing and affordable housing programs, and housing rental assistance to adults and families with disabilities. Housing programs have a strong focus on single veterans, single-parent families affected by disability, and low income individuals at risk for homelessness.

### **Housing Authority of Georgetown**

<http://www.georgetownha.org/stonehaven.htm>

**(512) 863-5565 Extension 404**

Public housing program.

### **Housing Authority of Travis County**

[www.hatctx.com](http://www.hatctx.com)

**512) 480-8245**

2200 E. MLK Blvd., Austin, TX 78702

An independent, government-funded agency charged with the responsibility to provide access to safe, decent, low-income housing to help meet the needs of residents. Service area: City of Austin, Cedar Park, Lago Vista, Lakeway, Del Valle, Manor, Elgin, Pflugerville, as well as parts of Leander and Manchaca. Other services include: Shelter & Care Program for homeless and MHMR qualified patients only.



## **Housing & Homeless Resources (continued)**

### **Homeless Liaison/504 Coordinator—Leander**

**ISD (512) 570-0311**

204 W. South St. Leander, TX 78641

**Contact: Linda Sekula**

Can help establish transportation, hygiene kits, school supplies, and tutoring needs for students that qualify as homeless. SRQ Form Required.

### **LifeWorks—Emergency Shelter**

<http://www.lifeworksaustin.org/>

Austin, Texas 78704 (Call for specific location)

**(512) 735-2400**

**Provides temporary shelter for homeless youth from Travis County.** Services include food, clothing, counseling, medical care, and case management. Staff will contact the youth's parents or CPS for consent for youth to stay in shelter. Youth ages 10-17 given priority. Also provides a transitional, group living facility for homeless youth. Youth are expected to maintain a schedule of work and/or school, and participate in a savings plan. **Does not serve Williamson County – refer to Starry.**

### **Project Transitions, Inc.**

[www.projecttransitions.org](http://www.projecttransitions.org)

**(512) 454-8646**

PO Box 4826, Austin, TX 78765

Licensed social workers personalize transition plans for each resident to help them attain the skills and resources needed to live independently. Staff provides relapse prevention, counseling, as well as educational and vocational guidance. Hours: Monday - Friday from 8:00 a.m. to 5:00 p.m. Offers transitional, subsidized housing for people living with HIV/AIDS and their families at various locations. Services include assistance with planning and achieving goals, location of permanent housing, and individual program plans. Staff provides services by conducting home visits. Must have a diagnosis of HIV or AIDS, with low income, and able to live independently. Rent is sliding scale. Documents required include: Income verification, Social Security card, and photo ID.

### **Salvation Army Shelter**

<http://www.salvationarmyaustin.org/>

501 East 8th St., Austin, TX 78701

**(512) 476-1111 or (512) 933-0600 (Women/Children Shelter)**

Provides emergency shelter for homeless families and individuals, including Williamson County residents. Services include: meals, clothes, case management, job readiness training, bus passes for job search, after school programs, tutoring, and support groups. First-time residents may sign up for a bed in person from 1:45 p.m. to 7:00 p.m. every day. Returning residents have priority, but if beds are unclaimed by 7:00 p.m., they are given to people on the sign-up list. No one who is physically present is turned away, unless beds are full. No one is turned away in freezing weather. There is a wait list. TB test required within first week of stay. TB tests are available at Salvation Army clinic.

## **Housing & Homeless Resources (continued)**

### **STARRY S.A.F.E Program (Adolescents Only Shelter)**

[www.childrenatheartministries.org](http://www.childrenatheartministries.org)

**(512) 246-4303 (SAFE-English & Spanish) (888) 206-4579 (Hotline)**

Shelter Alternatives & Family Empowerment provides safety and services to runaway and homeless youth, while working with their families on reunification or alternative living arrangements. Our services address basic needs (food and shelter), create case plans for services and develop life skills for the future. S.A.F.E can offer shelter for up to 21 days, crisis counseling services and case management. We work closely with all Williamson County schools, police and mental health service providers.

### **Texas Baptist Children's Home**

[www.childrenatheartministries.org](http://www.childrenatheartministries.org) **(512) 246-4257**

1101 N. Mays St., Round Rock, TX 78664

Provides transitional housing for single mothers and their children. Services include individual/group counseling. Do not accept pregnant teens or that need drug rehab.

## **Immigrant Assistance**

### **AIDS Services of Austin, Inc.: Capital Area AIDS Legal Project**

[www.asaustin.org](http://www.asaustin.org)

**(512) 458-AIDS (2437) or (512) 406-6173**

Provides legal assistance for people who are HIV-positive. Services include assistance with estate planning, wills, power of attorney, guardianship, family law, debtor counseling, insurance problems, discrimination, immigration, and problems with access to health care. Serves both Williamson and Travis counties.

### **American Civil Liberties Union (ACLU): Immigrants Rights Campaign**

<http://www.aclutx.org/strategic-campaigns/immigrants%E2%80%99-rights-campaign/>

Austin Regional Office

P.O. Box 12905, Austin, TX 78711-2905

**(512) 478-7300 Fax: (512) 478-7303**

The Immigrants' Rights Campaign is a priority of the ACLU of Texas. We are dedicated to reclaiming constitutional and civil rights for all Texans, regardless of immigration status.

### **American Gateways**

[www.americangateways.org](http://www.americangateways.org)

**(512) 478-0546 (VOICE) Fax: (512) 476-9788**

314 E. Highland Mall Blvd., Suite 501, Austin, TX 78752

Empowers immigrants to advocate for themselves and their families and keeps them informed of their rights and responsibilities. Offers legal representation to refugees.

## **Immigrant Assistance (continued)**

### **Caritas of Austin**

[www.caritasofaustin.org](http://www.caritasofaustin.org)

**(512) 479-4610 or (512) 472-4135 (Schedule Appointment)**

611 Neches St., Austin, TX 78701

Refugee Resettlement Program: Case management program provides long-term case management for refugees and asylees. Provides referrals for health and emergency services and cultural adjustment. Program serves Travis County and areas within 50 miles. Refugee resettlement program provides resettlement assistance for refugees who are referred to Caritas by the US State Department. Services provided for up to six months for newly arrived refugees/asylees, people who fled their countries because of a legitimate fear of persecution. Services may include housing, basic needs assistance, and help with filling out applications for Medicaid and/or food stamps, school enrollment for children, job assistance and obtaining a Social Security number. Provides an orientation to life in the United States. Provides ESL classes.

### **Casa Marianella**

[www.casamarianella.org](http://www.casamarianella.org)

**(512) 385-5571**

821 Gunter Street Austin, TX 78702

Casa Marianella is an emergency homeless shelter that has served recently-arrived men and women immigrants, asylum seekers, and asylees for over 26 years in East Austin. In addition to shelter, Casa offers access to legal and medical resources, food, clothing, English classes, computer access, and job support for Latina women. Casa shelters an average of 500 individuals annually as well as providing assistance and services to thousands of community members. Casa's occupancy is 35 people and the length of stay ranges from a few days to a few months. Our goal is to not only connect our residents with resources and services in the community but to help them on the path towards self-sufficiency and independence as they start their new lives in the United States.

### **Catholic Diocese of Austin: Immigration Counseling and Outreach Services**

[www.austindiocese.org](http://www.austindiocese.org)

[www.ccctx.org](http://www.ccctx.org) (Immigration Services)

#### **Catholic Charities of Central Texas Headquarters**

1625 Rutherford Lane

Austin, Texas 78754

**512-651-6100**

**1-866-464-9494 Toll Free**

Counsels legal permanent residents and undocumented individuals in their rights and responsibilities regarding their immigration status in the United States of America. The primary purpose of the Office of Immigrant Concerns of Catholic Charities of Central Texas is to keep families together and to reunite those currently separated due to the immigration law.

### **Lawyer Referral Service of Central Texas**

[www.austinlrs.com](http://www.austinlrs.com)

**(512) 472-8303 Toll Free: (866) 303-8303**

P.O. Box 218, Austin, TX 78767 email: [referrals@AustinLRS.org](mailto:referrals@AustinLRS.org)

Provides free, unbiased referrals to private-practicing attorneys who specialize in various types of legal problems and who are in good standing with the State Bar of Texas, Austin Bar Association, or Williamson County Bar Association. Helps people determine if their issue is truly of a legal nature and makes referrals to other service agencies when appropriate. One attorney referral is given at a time. Does not make referrals based on age, gender, race, or religion. If the lawyer referred to you cannot handle your problem, you may request another referral from the referral service. Serves both Travis and Williamson counties.

## **Immigrant Assistance (continued)**

### **Legal Assistance**

Disability Rights Texas

[www.disabilityrightstx.org](http://www.disabilityrightstx.org)

**(512) 454-4816 or (800) 252-9108 or (866) 362-0902 (Video Phone) Fax: (512) 323-0902**

7800 Shoal Creek Blvd. Suite 171 E, Austin, TX 78757

Provides assistance with the legal rights of disabled individuals. Call to schedule intake appointment.

### **Mexican Consulate**

[www.sre.gob.mx/austin](http://www.sre.gob.mx/austin)

410 Baylor Street

Austin, TX 78703

**(512) 478-2866 Fax: (512) 478-8008**

Provides support for families living in the U.S. who have a family member detained in Mexico that has U.S. citizenship.

### **Texas Advocacy Project, Inc.**

[www.texasadvocacyproject.org](http://www.texasadvocacyproject.org)

**(512) 476-5377 Fax: (512) 476-5773**

**(800) 374-HOPE Family Violence Legal Line (Statewide) Sexual Assault Hotline 888-296-SAFE**

**(Statewide) (512) 225-9290 (Austin) (512) 476-5770 (Austin)**

P.O. Box 833, Austin, TX 78767

Provides free legal advice for domestic violence victims in the area of family law, divorce, child custody, physical or sexual abuse of children, protective orders, and modifications. Provides a Pro Se Protection Order packet for women who are not able to obtain legal representation to achieve protection in family violence matters. Callers may also be referred to attorneys who give free 30 minute consultations, or to agencies that provide free representation. Serves the State of Texas.

### **Family Law Hotline 800-777-FAIR (Statewide) (512) 476-1866 (Austin)**

Provides free legal advice related to family law. Works to expand legal education and promote access to justice. Callers may be referred to attorneys who give free 30 minute consultations or agencies that provide free representation.

Available to public. Technical Advocacy Program: Provides in-depth problem solving and advocacy for female survivors of domestic abuse. Assists women who are having difficulty receiving crime victim's compensation funds or accessing other services that affect their safety and security. Assists with completion of application forms, appeals, and expedited processing for emergency funds. Serves the State of Texas.

### **Texas Rio Grande Legal Aid**

[www.trla.org](http://www.trla.org)

**(512) 374-2700 Fax: (512) 447-3940**

**Toll-Free: (888) 988-9996 or (800) 369-9270**

4920 N. I-35, Austin, TX 78751

Provides civil legal representation and advice to people with low income. Legal specialties include family law; public benefits issues (Social Security, SSDI, SSI, Food Stamps, TANF, Medicaid and Medicare); housing problems; advice with consumer problems, such as fraud or bankruptcy; and wills, estate matters and other concerns of senior citizens. Does NOT handle any personal injury or criminal cases, or represent people who are incarcerated. Serves both Travis and Williamson counties.

### **Immigrant Assistance (continued)**

#### **Texas Workforce Commission (Civil Rights Division)**

<http://www.twc.state.tx.us/customers/cwp/civil-rights-discrimination.html>

**(512) 463-2642 Fax: (512) 463-2643 Toll-Free: (888) 452-4778**

1117 Trinity St., Room 144T, Austin, TX 78778

Program assists individuals who believe they have been discriminated against (for reasons of national origin, religion, disability, sex, or race) in employment or fair housing. They investigate cases and advise people of their rights. Website has step-by-step process of how to file a complaint and helpful forms. Serves the state of Texas.

#### **Travis County Attorney's Office**

[www.co.travis.tx.us/county\\_attorney/](http://www.co.travis.tx.us/county_attorney/)

**(512) 854-9415 Fax: (512) 854-9316**

314 W. 11th Street, Suite 300, Austin, TX 78701

Office serves as the county's chief legal advisor and prosecuting attorney in the county courts. Provides representation for the state in misdemeanor cases. Office processes, collects, and accounts for bad checks, fees for protective orders, and enforcement fees on tax cases as well as re-imbursment of college work-study funds. Office is responsible for prosecuting misdemeanor domestic violence charges. Provides outreach to victims and assistance with obtaining protective orders (a 2-year restraining order) for victims of family violence. Serves Travis County residents.

#### **Volunteer Legal Services of Central Texas**

[www.vlsoct.org](http://www.vlsoct.org)

**(512) 476-5550**

816 N. Congress Ave., Suite 701, Austin, TX 78701

Provides general legal advice and intakes at clinics on Monday and Wednesday evenings at local middle schools. We also offer specialty advice clinics for specific legal topics such as special education and HIV/AIDS. Attorneys, interpreters, and others volunteer their time at these clinics to give brief advice to people with civil legal problems. Many attendees are then referred to VLS for further legal assistance, depending on the merits of their case and income eligibility.

#### **Williamson County Attorney's Office**

<http://www.wilco.org/default.aspx?tabid=222>

**(512) 943-1111**

405 M.L.K Street, Suite 265 Georgetown, TX 78626

Prosecutes criminal offenses committed in Williamson County.

#### **Texas Advocacy Project, Inc**

[www.texasadvocacyproject.org](http://www.texasadvocacyproject.org)

(512) 476-5377 Fax: (512) 476-5773

(800) 374-HOPE Family Violence Legal Line (Statewide) Sexual Assault Hotline 888-296-SAFE (Statewide) (512)225-9290 (Austin)

(512) 476-5770 (Austin)

P.O. Box 833, Austin, TX 78767

Provides free legal advice for domestic violence victims in the area of family law, divorce, child custody, physical or sexual abuse of children, protective orders, and modifications. Provides a Pro Se Protection Order packet for women who are not able to obtain legal representation to achieve protection in family violence matters. Callers may also be referred to attorneys who give free 30 minute consultations, or to agencies that provide free representation. Serves the state of Texas.

### **Immigrant Assistance (continued)**

Family Law Hotline 800-777-FAIR (Statewide) (512) 476-1866 (Austin): Provides free legal advice related to family law. Works to expand legal education and promote access to justice. Callers may be referred to attorneys who give free 30 minute consultations or agencies that provide free representation. Available to public. Technical Advocacy Program: Provides in-depth problem solving and advocacy for female survivors of domestic abuse. Assists women who are having difficulty receiving crime victim's compensation funds or accessing other services that affect their safety and security. Assists with completion of application forms, appeals, and expedited processing for emergency funds. Serves the state of Texas.

### **Medical & Health Care Resources**

#### **AIDS Services of Austin, Inc.**

[www.asaustin.org](http://www.asaustin.org)

**(512) 458-AIDS (2437)**

Provides case management for people living with HIV/AIDS in Austin. Dental clinic is available on a sliding scale fee. Case management services include access to food pantry, clothing closet, nutritional consultations, grocery delivery, housing assistance, health insurance assistance, direct volunteer services, wellness education, home health aide assistance, emergency financial assistance with rent, utilities, and telephone bills, and limited medication payment assistance. Offers HIV/AIDS awareness and prevention education to the public. Offers opportunity for people in the community to adopt a family for the holidays, as well as weekly drop-in volunteer opportunities. Pre-screens for Capital Area AIDS Legal Project, which provides legal services for people with HIV who meet income guidelines. Clients of the dental clinic or legal services do not have to participate in case management.

#### **Any Baby Can**

[www.abcaus.org/](http://www.abcaus.org/)

**(512) 454-3743 Fax: (512) 477-9205 HIPAA Fax: (512)334-4465**

(800) 672-0238

1121 E. 7<sup>th</sup> Austin, TX 78702

Any Baby Can Child and Family Resource Center provides support for families caring for a child with special needs, therapies and support for children with, or at-risk for developmental delays, prenatal education to at-risk pregnant women, and childbirth, parenting and literacy programs for the community in general. Call to set up an appointment.

#### **Austin Hospice: Williamson County**

102 West Morrow Street, Suite 204

Georgetown, TX

[www.hospiceaustin.org/](http://www.hospiceaustin.org/)

**(512) 863-8700 (Georgetown) (800) 445-3261**

Hospice Austin provides comprehensive, specialized care to patients and families living with a life-threatening or advanced illness.

Note: There are several hospice care facilities throughout Central Texas to choose from depending on each family's individual needs and financial ability.

#### **Austin Travis County Integral Care: Community AIDS Resources & Education (CARE)**

[http://www.integralcare.org/?nd=bh\\_care](http://www.integralcare.org/?nd=bh_care)

**(512) 804-3650 Fax: (512) 476-0217**

1631 E. 2nd St., Bldg. E

C.A.R.E. offers case management, mental health and outpatient substance use treatment to individuals living with HIV/AIDS through community outreach, education and testing for individuals most at-risk for contracting HIV and other

## **Medical & Health Care Resources (continued)**

communicable diseases. Additionally, C.A.R.E. offers access to Housing Opportunities for Persons Living with AIDS (HOPWA), psychiatric care, financial assistance for psychiatric medications, both individual and group counseling, assistance in accessing residential addiction treatment services, acupuncture-detoxification and yoga groups. C.A.R.E. also offers the Journey outpatient substance use treatment program, where individuals living with HIV/AIDS and addiction learn to live and recover from the complex illnesses they face. HIV counseling and testing are key components of these services and are offered by appointment and in the community. Hepatitis C and Syphilis testing are also available. Professional staff are available to provide HIV education and community presentations. Risk reduction materials (condoms, needle and pipe cleaning kits, brochures, etc.) are also available at no cost.

### **Caring for Children Foundation of Texas – Care Van**

[www.carevan.org/neighborhood.htm](http://www.carevan.org/neighborhood.htm)

**1-800-259-5437 Option 8**

The Care Van Program provides immunizations to uninsured and medically underserved children. Serves ages 2 months to 18 years of age in Central Texas – must have shot record and guardian to receive immunizations. Call or check the website to find out when the van will be in your area.

### **Cedar Park Regional Medical Center**

[www.cedarparkregional.com](http://www.cedarparkregional.com)

**(512) 528-7000**

1401 Medical Parkway Cedar Park, TX 78613

### **Community Action, Inc.: Breast and Cervical Health Care Program/Reproductive Health Care Program**

<http://www.communityaction.com/>

**(512) 392-1161**

101 Uhland Rd. Ste. 107, San Marcos, TX 78666

Provides various support through the following resources: Breast and Cervical Cancer Screenings, Family Planning, Reproductive Health Care for men & women, Rural AIDS Services Program (RASP, and transportation to medical, dental appointments, financial assistance for housing, utilities, food, prescriptions, physicians visits and radiology services.

### **Lone Star Circle of Care**

[www.lscctx.org](http://www.lscctx.org)

**(877) 800-5722 (Call main number for all clinic locations)**

Provides primary health care services for medically underserved children and adolescents. Services include: Well-child check-ups, physicals, sick care, immunizations, laboratory testing and chronic disease management such as asthma, etc. Serves children and adolescents residing in Williamson County and Travis County; priority given to patients with low income and/or patients who are uninsured/underinsured. Offers sliding fee scale for income-eligible uninsured patients; accepts Medicare, Medicaid, CHIP, Williamson County and Cities Indigent Program, private insurance, and self-pay.

### **People's Community Clinic**

[www.austinpcc.org](http://www.austinpcc.org)

**(512) 478-4939 (Option 3 to make an appointment)**

2909 North I-35, Austin, TX 78722

Provides general health care services to Central Texas residents who are without health insurance or are eligible for medicare, medicaid or CHIP.

## **Medical & Health Care Resources (continued)**

### **Planned Parenthood**

<http://www.plannedparenthood.org/>

**(512) 331-1288 Fax: (512) 257-1745 Toll-Free: (800) 230-7526**

9041 Research Blvd., Suite 250, Austin, TX 78758

Program provides HIV and STD testing on a walk-in basis for both men and women. Provides low cost reproductive services to women. Care includes well-woman exams, birth control, treatment of vaginal and urinary tract infections, breast exams, pap smears, blood pressure screenings, anemia screening, loan or grant for Norplant, loan for clospotrepy or abortion, and video library. Offers pregnancy tests, emergency contraception, and birth control pills. Emergency contraception and birth control pill refills are available on a walk-in basis during clinic hours. Offers medication abortions by appointment. Clients must commit to the required three appointments before beginning the process. Serves both Travis and Williamson counties. Accepts Medicaid; patients ages 17 and younger qualify for a teen discount on birth control pills.

### **Prevent Blindness Texas**

[www.preventblindness.org/tx](http://www.preventblindness.org/tx)

Southwest Texas Region (Travis & Williamson)

1600 N.E. Loop 410, Suite 125

San Antonio, Texas 78209

**(210) 236-7360 Fax: (210) 236-7671**

Provides assistance with eye exams and eye glasses for all Texans.

### **Samaritan Health Ministries**

<http://www.theshm.org/>

**(512) 331-5828 Fax (512) 331-6410**

700 W. Whitestone Blvd., Cedar Park, TX 78613

Provides low-cost outpatient health clinic services for adults and children without insurance. Services include acute care for illnesses, chronic medical care, and diagnostic exams. Provides psychiatric counseling and medication monitoring for people with mental illness stabilized by medication. Does not accept patients with bipolar disorder or schizophrenia. Provides a 30-day supply of medication, and helps patients apply for the Patient Assistance Program (PAP) to cover medication costs. Provides dental services, including cleanings, x-rays, fillings, and extractions. Does not handle root canals or dentures. Patients with chronic medical conditions may receive free medications. Provides Breast Cancer Early Detection Program that provides payment for screening and diagnostic mammograms for women ages 40 and older without health insurance through Komen for the Cure.

### **St. David's Round Rock Medical Center**

[www.roundrockmc.com](http://www.roundrockmc.com)

**(512) 341-1000**

2400 Round Rock Avenue, Round Rock, Texas 78681

A hospital providing a 24-hour emergency room and other services, including breast care, emergency and urgent care, heart and vascular imaging services, maternity and newborn, neurosciences, occupational health, orthopedic surgery, robotics, weight loss surgery, surgery, women's services, wound care and other services

### **Websites for Prescription Drugs**

<http://www.pparx.org/>

[www.rxassist.org](http://www.rxassist.org)

[www.needymeds.com](http://www.needymeds.com)



## **Medical & Health Care Resources (continued)**

### **WIC Cedar Park**

<http://www.dshs.state.tx.us/wichd/>

**(512) 260-4241**

The WIC and Community Nutrition program at WCCHD provides nutrition education and healthy foods for pregnant women, new mothers, infants and young children. WIC services are provided at the four main WCCHD clinics in Georgetown, Taylor, Round Rock, and Cedar Park, as well as a part-time clinic in Bartlett.

### **Williamson County Cities and Health District**

[www.wcchd.org](http://www.wcchd.org)

**(512) 248-3252 or 1-800-890-6296 Se Habla Espanol**

312 Main St., Georgetown, TX 78626

**(512) 260-4200 (Cedar Park)**

350 Discovery Blvd # 102 Cedar Park, TX 78613

Provides preventive health care services (not sick care) for families who do not have access to private health care. Services include case management for high risk pregnant women and children enrolled in Medicaid, Title II or undocumented and children w/ special needs, immunizations, testing and treatment of STDs and Tuberculosis (TB), and testing and counseling for HIV. Makes referrals for in house maternal and child health services. Social workers can assist with voluntary acknowledgement of paternity and prenatal education classes. Some services are free. Serves Williamson County.

## **Mental Disabilities Resources**

### **Any Baby Can**

[www.abcaus.org/](http://www.abcaus.org/)

**(512) 454-3743 Fax: (512) 477-9205 HIPAA Fax: (512)334-4465 (800) 672-0238**

1121 E. 7<sup>th</sup> Austin, TX 78702

Any Baby Can Child and Family Resource Center provides support for families caring for a child with special needs, therapies and support for children with, or at-risk for developmental delays, prenatal education to at-risk pregnant women, and childbirth, parenting and literacy programs for the community in general. Call to set up an appointment.

### **The ARC of the Capital Area**

[www.arcofthecapitalarea.org](http://www.arcofthecapitalarea.org)

**(512) 476-7044 Fax: (512) 476-9054**

2818 San Gabriel, Austin, TX 78705

Provides free, on-going services for adults and children with a developmental disability diagnosis and their families and caregivers. Offers workshops, support groups, and consultation on special education. Provides case management for adults with developmental disabilities living in Travis County. Provides special education advocacy for families by attending Admission, Review, and Dismissal (ARD) meetings with them. Children must meet eligibility criteria and be in Special Education. Provides a resource library of books, magazines, videos, and articles on disabilities and related issues. May provide assistance to clients with formula, family pantry, diapers, and financial assistance for crisis needs. Serves both Travis and Williamson counties.

## **Mental Disabilities Resources (continued)**

### **ARCIL, Inc. – Round Rock**

[www.arcil.com](http://www.arcil.com)

**(512) 828-4624 Fax: (512) 828-4625 Toll-Free: (800) 572-2973**

525 Round Rock W., Suite A 120, Round Rock, TX 78681

Private non-profit, community based consumer driven corporation for persons with disabilities and their family members with the goal to help them live independently. Services include advocacy in accessing support systems, information and referral, Independent Living Skills Activities, peer support, transportation and employment services. Serves both Travis and Williamson counties.

### **The Arrow Project**

[www.arrow.org](http://www.arrow.org)

**(512) 388-2400 Toll-free: (800) 552-5750**

231 E. Main St., Suite 100, Round Rock, TX 78664

Provides services to eligible adults and children with developmental disabilities. Services may include: comprehensive case management; residential support services, supervised living, companion/foster care and/or supported home living; respite care; nursing; day habilitation; supported employment; speech/language therapy; occupational therapy; physical therapy; psychological services; social work services; audiology; dietary services; dental services; adaptive aids; and/or minor home modifications. All services are faith-based. Open to Texas residents. Contact for additional eligibility requirements.

### **Austin – Travis County Integral Care (MHMR)**

[www.integralcare.org](http://www.integralcare.org)

**(512) 472-4357 (HELP) TTY: (512) 703-1395**

Robert T. Chapa Administration Building

1430 Collier Street

Austin, TX 78704

Provides various services to Travis County residents at offices located throughout Austin, including: psychiatric outpatient services for adults with a diagnosis of clinically severe depression, bipolar disorder, and/or schizophrenia; Provides services for people with mental illness or mental retardation including psychiatric medication management services, service coordination, individual and group rehabilitative skills training, and individual and group counseling; Provides outreach and case management for adults with mental illness who are disconnected from services they need; Provides 24-hour emergency psychiatric services for adults and children in a mental health crisis (see PES).

### **Bluebonnet Trails Community Services**

<http://www.bbtrails.org/>

**(512) 255-1720 (512) 244-8858 - (Mental Health) 24 Hour Crisis Hotline: 1-800-841-1255**

1009 N. Georgetown St., Round Rock, TX 78664

Psychiatric evaluation, medication checks, crisis intervention during mental health emergencies, including potential risk for suicide. Serves Williamson County residents. Group and/or individual counseling services provided.

## **Mental Disabilities Resources (continued)**

### **Child Find—Leander ISD**

**(512) 570-0350**

Child Find is a continuous process of public awareness activities, screening and evaluation designed to *locate, identify, and refer as early as possible* all young children with disabilities and their families who are in need of Early Intervention Program (Part C) or Preschool Special Education (Part B/619) services of the Individuals with Disabilities Education Act (IDEA). To receive Early Intervention Program or Special Education, children must meet eligibility guidelines according to the IDEA. States have different eligibility guidelines for their Early Intervention Program and Special Education services. In addition to children with disabilities, some states have elected to provide early intervention services for infants and toddlers who are at risk of developmental delay and their families.

### **Department of Protective & Regulatory Services**

[www.txabusehotline.org](http://www.txabusehotline.org)

**(800) 252-5400**

To report abuse/neglect of a disabled/handicapped person-24 hours.

### **Easter Seals Central Texas**

[www.centraltx.easterseals.com/](http://www.centraltx.easterseals.com/)

**(512) 615-6896**

Easter Seals Central Texas Early Childhood Intervention (ECI) program serves babies and toddlers, aged birth to 36 months, with developmental delays or disabilities. Easter Seals' staff include early childhood specialists, therapists, social workers, and other professionals work in homes, childcare facilities, and other community settings to conduct evaluations and provide services to children and their families. Service coordination with other agencies is provided at no cost and is essential for integrating services around family-centered goals. Services include: developmental services, physical, occupational, and speech therapy, family education, counseling services, screenings and assessments.

### **Parents as Teachers—Leander ISD**

<http://www.leanderisd.org/default.aspx?name=dept.ECE.PAT>

**(512) 570-0320**

410 South West Drive Leander, TX 78641 (located in portable buildings next to Leander Middle School)

Parents as Teachers is a free early education program provided by Leander ISD for families with children ages birth to five who are interested in learning the best ways to ready their child for school success. These services are also offered to expectant parents. Families must live within the boundaries of the following elementary schools: Bagdad, Faubion, Giddens, Knowles, Mason, Plain, Pleasant Hill, Winkley, and Whitestone. If your child's first language is Spanish and would attend one of the bilingual campuses (Knowles, Whitestone, Bagdad, and Westside), your family also qualifies for Parents as Teachers.

### **Texas Department of Assistive & Rehabilitative Services**

[www.dars.state.tx.us/](http://www.dars.state.tx.us/)

**(800) 628-5115**

**TTY (866) 581-9328**

2000 N. Mays, Suite 110, Round Rock, TX 78664

Vocational Rehabilitation Program provides case management services for people with physical or mental disabilities to prepare for, find, or keep employment. Comprehensive Rehabilitative Services (CRS) Program provides services for people who survive a traumatic injury to the spinal cord or brain to reenter their communities and live as independently as possible. Serves the state of Texas.

## **Mental Disabilities Resources (continued)**

### **Texas Parent to Parent**

[www.txp2p.org/](http://www.txp2p.org/)

**(512) 458-8600 F (512) 451-3110 (866) 896-6001**

3710 Cedar St., Box 12 Austin, Texas 78705

Texas Parent to Parent (TxP2P) is committed to improving the lives of Texas children who have disabilities, chronic illness, and/or special health care needs. TxP2P empowers families to be strong advocates through parent-to-parent support, resource referral, and education. In addition, TxP2P educates professionals about the unique needs of our children with the goal of improving care and opportunities for our children. Lastly, TxP2P is dedicated to championing the efforts of a diverse set of parent support groups and advocacy on behalf of our children's well-being.

## **Pregnancy Resources**

### **Annunciation Maternity Home**

[www.thematernityhome.org](http://www.thematernityhome.org)

**(512) 864-7755 (877) 714-2836**

3610 Shell Rd., Georgetown, TX 78628

Provides safe housing and a Christian environment for women or teenagers who are struggling with an unplanned pregnancy. Annunciation Maternity Home can enroll new clients between the ages 14 to 22, who are currently pregnant or parenting a child under the age of 1. Once enrolled, a client may remain enrolled until her child reaches the age of 2 years old. Services for residents include: continuing education, prenatal and postnatal medical care, parenting classes, life skills training, job assistance and placement, transportation, child care, mentor program, spiritual development, non-residential program, transitional housing, follow-up program, Adam Plan, family counseling and referral. Serves the Central Texas area.

### **Planned Parenthood**

<http://www.plannedparenthood.org>

**(512) 331-1288 Fax: (512) 257-1745**

North Austin Clinic:

9041 Research #250 Austin, TX 78758

Provides free programs designed to help parents communicate more effectively with their children about sexuality. Offers presentations on puberty, birth control, self-esteem, relationships, sexual harassment, and communication. Serves both Travis and Williamson counties.

### **Agape Pregnancy Resource Center**

[www.agapeprc.org](http://www.agapeprc.org)

**(512) 248-8200**

104 E. Main St., Round Rock, TX 78664

Provides free pregnancy tests and education on pregnancy, fetal development, and adoption. Also provides referrals to medical and community agencies. Serves both Travis and Williamson counties.

## **Pregnancy Resources (continued)**

### **Bagdad Head Start/Early Head Start (ages 0-5)**

[www.wbco.net](http://www.wbco.net)

**(512) 259-9010 or (512) 259-7810**

351 N. Bagdad Rd., Leander, Texas 78641

Head Start and Early Head Start are comprehensive child and family development programs that prepare children from birth to five years of age to become successful school students and members of society. This is a helpful resource for young parents to begin the daycare/childcare process. Children and families participate in the program on the basis of eligibility criteria.

### **Child Care Management Services (CCMS)**

[www.workforcesolutionsrca.com](http://www.workforcesolutionsrca.com)

1101 Arrow Point Drive Suite 203 Cedar Park, TX 78613

**(512) 260-1937 or (877) 223-0404 (Williamson County) or (512) 597-7191 (Travis County)**

Child Care Services (CCS) assists parents who are striving to become self-sufficient by providing them with more choices of child care arrangements and also by identifying qualified caregivers. If you meet certain income guidelines, CCS can reimburse some or all of your child care costs. Provides assistance with child-care for low-income families. Eligibility requirement: client must be working or a student.

### **Hope Connections Pregnancy Resource Center**

<http://hcprc.org>

**(512) 260-8855**

2701 Highway 183 Suite C, Leander, TX 78641

Provides free and confidential services such as pregnancy tests, sonograms, client advocate support, maternity and baby items, individual support from trained staff, ultrasounds, parenting classes, life skills classes, and referrals to community resources.

### **Lutheran Social Services, Inc. – Unplanned Pregnancy Program**

<http://www.lsss.org>

**(512) 459-1000 Toll Free: (800) 938-5777 (800) 369-4611 (For Unplanned Pregnancy)**

8305 Cross Park Dr., Austin, TX 78714

Provides services to women facing an unplanned pregnancy and considering putting their child up for adoption. Services include individual counseling at no cost to birth parents, mutual support from others who have faced and dealt with an unplanned pregnancy, and assistance in finding community resources. Open to Texas residents.

### **LifeWorks—Teen Parent Services**

<http://www.lifeworksaustin.org>

**(512) 735-2100**

8913 Collinfield Drive Austin, TX 78758

Teen Parent Services are provided to expectant/parenting teens in Austin/Travis County to encourage teens to stay in school and to prevent subsequent pregnancies (up to age 20). Case management services are provided to help teens access resources in order to stay in school and to teach positive parenting skills. Case managers work with teen parents to develop individual plans for attaining these goals by identifying areas in which the teen is in need of additional support. Staff assist with and advocate for clients' needs, including housing, child care, employment, health care, and basic needs, such as food, utilities, clothes, etc. Teen parent group services are offered primarily in area high schools in order to promote and teach positive parenting skills. Teens are provided parenting information on

## **Pregnancy Resources (continued)**

### **LifeWorks—Teen Parent Services (continued)**

topics such as infant/child growth and development, discipline and guidance, budgeting, and many other relevant topics. Program staff are actively involved in the community in order to provide current information and referrals to participants.

### **Lone Star Circle of Care**

[www.lscctx.org](http://www.lscctx.org)

**(877) 800-5722 (Call main number for all clinic locations)**

Provides primary health care services for medically underserved children and adolescents. Services include: Well-child check-ups, physicals, sick care, immunizations, laboratory testing and chronic disease management such as asthma, etc. Serves children and adolescents residing in Williamson County and Travis County; priority given to patients with low income and/or patients who are uninsured/underinsured. Offers sliding fee scale for income-eligible uninsured patients; accepts Medicare, Medicaid, CHIP, Williamson County and Cities Indigent Program, private insurance, and self-pay.

### **WIC Cedar Park Health Clinic**

**(512) 260-4241**

350 Discovery Blvd, Suite 102 Cedar Park, TX 78613

To be eligible for WIC in Texas, we have listed some of the eligibilities: 1. Be a pregnant woman. 2. Be a breastfeeding woman with a baby who is under 1 year old. 3. Woman who has had a baby within the last six months. 4. You can also be eligible if you are a foster parent, step parent, guardian, or parent of a child who is under the age of 5. As this adult you can apply for WIC for the child. There are many WIC offices in Texas. They include local health departments, county and city agencies, community action agencies, hospitals and migrant health centers. WicPrograms.org is not a government entity. The WIC and Community Nutrition program at WCCHD provides nutrition education and healthy foods for pregnant women, new mothers, infants and young children. WIC services are provided at the four main WCCHD clinics in Georgetown, Taylor, Round Rock, and Cedar Park, as well as a part-time clinic in Bartlett.

## **Senior Citizen Resources**

### **Capital Area Agency on Aging**

[www.capcog.org](http://www.capcog.org)

**(512) 916-6000**

6800 Burleson Rd. Building 310 Ste. 165 Austin, Texas 78744

An ombudsman supports residents and families to resolve any problems or differences with the facility staff by defining concerns, explaining rights and identifying possible courses of action. An ombudsman can help resolve the problem in most cases; however, complaints involving serious abuse or neglect are referred to the appropriate agency. In all situations, confidentiality is maintained and no information is released without permission of the resident or legal guardian. An ombudsman is a good source of information about selecting a long-term care facility, eligibility criteria, and other services for older adults. Ombudsmen assist in nursing homes and assisted-living facilities in Travis and surrounding counties. Other services include: Benefits counseling, Care Coordination Services, Care Giver Initiative Program, Information & Referral for Older Adults, and Medicare Drug Plan Benefits Counseling. The Health and Wellness—for adults 60+. Older adults meet together in support group setting with a specialist to discuss strategies and coping skills to reduce their fear of falling (through Texas Falls Prevention Coalition).

## **Senior Citizen Resources (continued)**

### **Meals on Wheels: Bagdad Activity Center (Williamson & Travis)**

[http://www.wbco.net/services\\_meals.html](http://www.wbco.net/services_meals.html)

**(512) 259-0288**

351 N. Bagdad Rd., Leander

Provide hot, home-delivered meals, five days a week to those who, due to illness, age, or disability, are unable to provide proper nutrition for themselves. Serves those who are 60+ and are home bound and unable to prepare meals due to limited mobility, psychological or mental impairment, are unable to safely prepare nourishing and well-balanced meals, and are without resources such as family friends or other community services to provide them with meals. We request a contribution of \$2.00. No eligible person shall be denied a meal if they do not contribute.

### **Family Elder Care, Inc.**

[www.inhomefamilyeldercare.org](http://www.inhomefamilyeldercare.org)

**(512) 467-6168**

2210 Hancock Dr., Austin, TX 78756 or 805 W. University Ave. Georgetown, TX 78626

Family Eldercare is a non-profit that ensures all older adults receive the care they need to remain independent and living in the comfort of their own homes for as long as possible. Support caregivers with services and education that allow them the opportunity to have balance in their lives and to maintain good health. Sliding fee scale based on the client's income. Services are available in the home, assisted living communities, nursing homes or continuous care communities, and hospitals 24 hours a day, 7 days a week. Licensed by the Texas Department of Aging and Disability Services to provide Personal Assistant Services.

### **Legal Hotline for Older Texans**

**(800) 622-2520**

Hours: 9:00 a.m. - 5:00 p.m., Monday - Friday.

Free legal advice and consultation. Serve persons 60 and older and/or have Medicare coverage, nursing home residents, and victims of violent crimes.

### **Texas Department of Aging & Disability Services (DADS)**

<http://www.dads.state.tx.us/>

**(512) 438-3011**

701 W. 51st St. Austin, Texas 78751

Provides multiple services for the elderly including: Community Based Alternative Program, Assisted Living Residential Care, 24-hour residential facilities, Community Living Assistance & Support Care, Home Delivered Meals, Agency on Aging, Adult Foster Care, Family Care, Community Attendant Services, Primary Home Care, In Home Family Support Program, Medically Dependent Children's Program, Hospice Care, Deaf Blind Multiple Disabilities Program.

### **Texas Department of Protective and Regulatory Services: Adult Protective Services**

[www.dfps.state.tx.us/Adult\\_Protection/About\\_Adult\\_Protective\\_Services](http://www.dfps.state.tx.us/Adult_Protection/About_Adult_Protective_Services)

**(512) 244-6651 Abuse Hotline: (800) 252-5400**

701 W. 51st St., Austin, TX 78751

APS is responsible for investigating abuse, neglect, and exploitation of adults who are elderly or have disabilities.

## **Suicide Referrals & Prevention**

### **Austin State Hospital (ASH)**

<http://www.dshs.state.tx.us/Mental-Health/>

**(512) 452-0381**

4110 Guadalupe, Austin, TX 78751

Visiting Hours: Monday - Friday: 3 PM - 5 PM and 6 PM - 8 PM Saturday - Sunday: 9 AM - 11 AM and 3 PM - 8 PM

In-patient mental health services for the seriously or chronically mentally ill person. Emergency short and long term treatment available if guidelines are met. Emergency services available 24 hours a day. Serves persons ages 3 through adult. ASH Services include: In-hospital rehabilitation, counseling, psycho-therapy, and vocational assistance. Fees based on a sliding scale. Psychiatric facility provides short-term crisis stabilization and mental health services for adults, children and adolescents, older adults, patients with hearing impairments, and patients with a dual diagnosis of mental illness and mental retardation. Focus of treatment is stabilization of acute psychiatric illness and return to the community where community centers working with ASH provide outpatient support services. Average length of stay is about 18 days. Admission procedures include a psychiatric evaluation, physical assessment, nursing assessment, rehabilitation assessment, TB skin testing, appropriate laboratory tests, dental screening, examination of past medical history and the need for any special precautions, and social history.

### **Shoal Creek Hospital**

[www.seton.net](http://www.seton.net)

**(512) 324-2000**

3501 Mills Ave., Austin, TX 78731

Psychiatric hospital provides inpatient, outpatient and day hospital programs. Provides adult, child, adolescent, and older adult psychiatric services. Inpatient services include intensive psychiatric stabilization for patients dealing with emotional crises, depression and drug/alcohol dependence. For those individuals requiring less intensive, longer term treatment, outpatient services are offered. Offers free assessments on-site or at other facilities, including hospitals, nursing homes, outpatient clinics, doctors office, and the police department to determine the need for hospitalization. Serves the Austin area. Accepts Medicare, private insurance, and self-pay.

### **Austin Lakes Hospital**

[www.austinlakeshospital.com](http://www.austinlakeshospital.com)

**(512) 544-5253**

1025 East 32<sup>nd</sup> Street at St. David's Pavilion (2<sup>nd</sup> & 3<sup>rd</sup> Floors) Austin, TX

Provides inpatient and outpatient services for individuals 18 and older with acute mental health needs.

### **Austin – Travis County Integral Care (MHMR)**

**(512) 472-HELP (4357)**

Provides access to licensed counselors 24/7. Hotline callers receive immediate assessments, crisis intervention services if needed and referral to additional community resources. If the caller is in imminent danger, a staff member will contact 911.

### **Bluebonnet Trails Community Services**

<http://www.bbtrails.org>

**(512) 255-1720 or (512) 244-8858 (Mental Health)**

**24 Hour Crisis Hotline: 1-800-841-1255**

1009 N. Georgetown St., Round Rock, TX 78664

Psychiatric evaluation, medication checks, crisis intervention work in mental health emergencies, including suicides for Williamson County residents. Group and/or individual counseling services provided.



## **Suicide Referrals & Prevention (continued)**

### **Bluebonnet Trails Community Services**

<http://www.bbtrails.org>

**(512) 255-1720 or (512) 244-8858 (Mental Health)**

**24 Hour Crisis Hotline: 1-800-841-1255**

1009 N. Georgetown St., Round Rock, TX 78664

Psychiatric evaluation, medication checks, crisis intervention work in mental health emergencies, including suicides for Williamson County residents. Group and/or individual counseling services provided.

### **Williamson County Mobile Outreach Team (MOT)**

**(512) 943-1300 (County Dispatch over Crisis Intervention Team (CIT) & MOT)**

**(512) 943-3545 (MOT Office)**

**(800) 841-1255 (MOT After Hours/Crisis Hotline)**

Team of Mental Health Specialists who assist families and individuals in Williamson County who are experiencing a mental health crisis. MOT arranges mental health care with county agencies, law enforcement, EMS, Bluebonnet Trails Community Services, area schools, and hospitals. MOT will also respond in cases such as: Student is in immediate need of psychotropic medication and has no means to obtain it; A consumer needs emergency mental health care and has no means to obtain it; Screenings for admission to the San Gabriel Respite Center (18 and older only).

## **Support Groups**

### **Al-Anon/ Al-Teen**

<http://www.austinal-anon.org>

**(512) 441-8591 or (888) 287-2115**

6301 Manchaca Road, Ste. F, Austin TX 78745

Several meeting locations are set up all over Williamson County and Austin and held several times a week. Support group for families and friends of alcoholics. Call to receive meeting times, or to pick up schedules and locations. Schedule information available for 12-step meetings for people whose lives have been affected by someone else's drinking.

### **Alcoholics Anonymous Adult Program**

<http://wilcomentalhealth.wilco.org/SupportGroups>

Several meeting locations are set up all over Williamson County and Austin and held several times a week. Schedule information available for AA meetings.

### **Alzheimer's Caregiver Support Group**

[www.alz.org/texascapital](http://www.alz.org/texascapital)

**(512) 241-0420 ext. 15 or (800) 272-3900 (Helpline)**

3429 Executive Center Dr., Suite 100, Austin, TX 78731

Provides support groups for people caring for someone with Alzheimer's disease. Meetings are available throughout Texas.

### **Aspergers Support Group**

<http://www.meetup.com/aspergers-230/>

Monthly support group in central Austin for children, teens and adults with Aspergers, as well as the people in their lives who wish to offer support. Members of the community also meet informally to share resources and provide opportunities to socialize. There are no membership fees or requirements to attend meetings. Refer to website for additional information.

## **Support Groups (continued)**

### **Brain Injury Association of Texas**

<http://www.biausa.org/Texas/support-groups.htm>

**Contact Person: Chip Howe: Phone: 512-443-5777**

1327 Lamar Square Drive

Mary Lee Foundation Community Center, Austin, TX 78704

A local chapter that provides support groups in Central Texas for survivors of brain injuries and other neurological disorders, their families, advocates and professionals serving these populations . Meets first Tuesday of each month from 7:00pm-8:30pm. Serves individuals ages 18 years and older; available to families with any age member experiencing a brain injury. Can connect families or individuals to State and national organizations for individuals with brain injuries or neurological disorders. All services free.

### **Hospice Austin (Bereavement Support Groups)**

[www.hospiceaustin.org](http://www.hospiceaustin.org)

**(512) 342-4700 or (800) 445-3261**

4107 Spicewood Springs Road, Suite 100 Austin, Texas 78759

Offers several different support groups including: Survivors of Suicide (SOS), Families in Grief (FIG), Spouse/Partner Group –Age 40-60, Spouse/Partner Group – Over Age 60, Loss of Parent Group, Loss of Sibling Group, Williamson County General Group, Yoga/Group, Spanish Bereavement Group, and All Men’s Bereavement Group. Support groups meet for 8 weeks at the main office. A minimum of \$25 is requested.

### **Cocaine Anonymous**

<http://www.ca-scta.org/meetings.html> (Meeting Dates/Locations as of 8/19/12)

**(512) 339-HELP (4357)**

Meetings throughout Travis and Williamson Counties - Twelve step treatment program for addiction. Leave message with answering service.

### **Depression and Bipolar Support Alliance (DBSA)**

[www.dbsalliance.org](http://www.dbsalliance.org)

DBSA Round Rock

**Contact 1: Robbye Oehlert (512) 844-5575 or Contact 2: James Pinget (512)-579-9576**

Provides a free support group for people with depression and manic-depression (bipolar disorder).

### **Down Syndrome Association of Central Texas**

<http://dsact.com>

**(512) 323-0808**

3710 Cedar St., Box 3, Austin, TX 78705

Support for families with children born with Down Syndrome.

### **Austin Eating Disorder Specialists**

<http://www.austineds.com/Groups.htm>

Support Groups for individuals and families located throughout Austin. Check website for all locations and contact information.

## **Support Groups (continued)**

### **Emotions Anonymous**

[www.emotionsanonymous.org](http://www.emotionsanonymous.org)

(512) 457-1448

Provides free support group for people who are coping with emotional difficulties, such as: depression, anger, broken or strained relationships, grief, anxiety, low self-esteem, panic, abnormal fears, resentment, jealousy, guilt, despair, fatigue, tension, boredom, loneliness, withdrawal, obsessive and negative thinking, worry, compulsive behavior and a variety of other emotional issues. This 12-step self-help group is modeled after Alcoholics Anonymous. Serves Central Texas area.

### **First Candle**

[www.firstcandle.org](http://www.firstcandle.org)

First Candle is a national nonprofit health organization uniting parents, caregivers and researchers nationwide with government, business and community service groups to advance infant health and survival. With help from a national network of partner organizations, First Candle works to increase public participation and support in the fight against Stillbirth, Sudden Infant Death Syndrome (SIDS) and other causes of Sudden Unexpected Infant Death (SUID). **Support groups for families throughout US.**

**(800) 221-7437 (24 Hour Bilingual Crisis Hotline for families who have lost infants due to stillbirth or SIDS)**

#### **Support Groups:**

**Department of State Health Offices Development Offices in Austin (512) 458-7650**

**St. David's Round Rock Medical Center in Round Rock (512) 341-1391**

### **For the Love of Christi, Inc.**

<http://fortheloveofchristi.org>

**(512) 467-2600**

2306 Hancock Dr. Austin, TX 78756

Provides support groups for anyone dealing with the death of a loved one including grief and loss support for victims of crime (who have lost a loved one), suicide (loved one committed suicide), kids program, teen program, adult groups, East Austin group, and school-based support group (determined as needed by campus—need to call to set up). Spanish-speaking support groups are also provided (call to find out specific schedule) Groups are non-denominational, and promote a better understanding of the grief process through education and awareness.

### **Gamblers Anonymous**

<http://www.texasga.org>

**(512) 860-2958**

Provides support group for people who have problems with gambling. Meetings are held at St. John Neumann Pastoral Center and Riverbend Church. Call to confirm updated meeting days/times/location.

### **P-FLAG**

<http://pflagaustin.org>

**(512) 302-FLAG (3524)**

Works to promote the health and well-being of gay, lesbian, bisexual and transgendered persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. Provides free support group open to gays, lesbians, family, friends and lovers of gays. Provides support group for straight spouses.

## **Support Groups (continued)**

### **SAHELI**

<http://www.saheli-austin.org>

**(877) 281-8371 (Helpline for non-emergencies/information)**

SAHELI is a non-profit organization that provides assistance to Asian and other immigrant families dealing with domestic violence, sexual assault, and trafficking. Provides free and confidential group counseling and support to express their feelings concerning family, culture, race, relationships, work, school, interracial dating, media, gender roles, body image, rage, anxiety, depression, grief, violence, and intergenerational conflict.

### **Sex Addicts Anonymous Support Group**

**(512) 370-9571**

P.O. Box 1056, Austin, TX 78767

Provides a 12-step support group for recovering sex addicts who have a desire to stop compulsive sexual behavior. Serves the Central Texas area.

### **Hope Alliance**

<http://www.hopealliancetx.org>

**Crisis Hotline: 1-800-460-7233**

Survivors of Domestic Violence Support Groups: Provides direct services to adult and child victims of domestic violence, sexual assault, and violent crime. Individual, family, and group counseling is available to victims of sexual assault and domestic violence as well as their families. Also offers educational services, support groups, emergency shelter and extended temporary haven for men, women and child survivors of domestic violence and sexual assault.

### **SafePlace**

[www.austin-safeplace.org](http://www.austin-safeplace.org)

**(512) 267-SAFE (7233) (512) 927-9616 (TTY for the Deaf community)**

Exists to end sexual and domestic violence and abuse. Provides prevention, intervention, and advocacy to the community so that women, children, and men may lead safe and healthy lives. 24 hour hotline, shelter, transitional housing, legal advocacy, education and outreach, services for clients with disabilities, survivors of same sex domestic violence, etc. Client needs to attend orientation before attending groups. Contact agencies for information on specific groups.

### **Wonders and Worries, Inc.**

[www.wondersandworries.org](http://www.wondersandworries.org)

**(512) 329-5757**

Main Office: 9101 Burnet Road Ste 107 Austin, TX 78758

Provides services for children and adolescents who have a parent with a chronic or serious physical illness, such as cancer. Services include: intake session; support groups for children, teens, and young adults; individual counseling or play therapy for children and teens (six initial sessions, then reevaluation); and a specific class for parents on child-parent relationship training, with a focus on helping their children cope, informal support/recreational group activities, and bereavement support sessions. W&W works with families at ANY stage of the illness - from recent diagnosis to remission to a reoccurrence. Bereavement support is available to any family who was a W&W client prior to the loss. Agency will also conduct support groups in schools if counselor can organize a group with more than three students.

## Transportation

### **CARTS – Williamson & Travis Counties**

[www.ridecarts.com](http://www.ridecarts.com)

**For Austin: (512) 478-7433 or (800) 456-7433 (RIDE)**

2010 E. 6th St., Austin, TX 78702

Provides door-to-door transportation to any destination within service area. Each county served offers transportation into Austin, in addition to other towns. Rides must be scheduled 24 hours in advance and must be cancelled one hour before the scheduled pick-up time (departures before 8:00am must be cancelled the previous day). Prices vary from \$2-\$15 depending on type of ride and mileage. Persons over 60 and under 12 are eligible for half fares. People with disabilities, older adults, and students receive discounts. Also accepts Texas Medicaid.

### **Capital Metro**

[www.capmetro.org](http://www.capmetro.org)

**(512) 474-1200 or (512) 389-7454 (Information Center/Ticket & Pass sales )**

2910 E. 5th St., Austin, TX 78702

Provides bus service on fixed routes; Provides free park and ride locations where commuters may park their cars and board buses; Provides information to help people join or start a successful car pool. Provides referral service to match people who wish to share rides with others who live along the same commuter route; Provides vans to encourage people to rideshare. Monthly fee includes gasoline for commute, insurance, roadside service, and vehicle maintenance. Must have at least six ride share members (including driver) for a mid-sized van, or ten members for a full-sized van. Includes assistance to recruit members; Provides door-to-door share-ride transportation service for people with disabilities. Call reservation line 1-8 days in advance to schedule. New Metro Rail Schedule also available online and over the phone.

### **Greyhound**

[www.greyhound.com](http://www.greyhound.com)

**Customer Assistance: (214) 849-8966 or Fees and Schedules: (800) 231-2222 Espanol: 1-800-531-5332**

Provides bus transportation from Austin to destinations throughout the United States. Call or go to website for routes, prices, and information.

## Victim Services

### **American Red Cross of Central Texas**

<http://www.centex.redcross.org>

**(512) 928-4271**

2218 Pershing Drive, Austin, TX 78723-5849

Provides emergency assistance to victims of natural or man-made disasters, such as fires or floods. Serves both Williamson and Travis counties.

### **Crime Victim's Compensation Program**

[https://www.oag.state.tx.us/victims/about\\_comp.shtml](https://www.oag.state.tx.us/victims/about_comp.shtml)

**(512) 936-1200 or (800) 983-9933**

300 W. 15th St., Austin, TX 78701

Provides financial assistance to help eligible victims of violent crime with certain expenses related to the crime. To find out the status of a crime victim's compensation claim, call the toll-free number. Serves the state of Texas.

### **Victim Services (continued)**

#### **People Against Violent Crime Hot-line**

[www.peopleagainstviolentcrime.org](http://www.peopleagainstviolentcrime.org)

**(512) 837-7282**

Program assists crime victims as they move through the criminal justice system. Assistance includes emotional support, advocacy, education on the justice system, assistance in obtaining benefits through Crime Victim Compensation Fund, assistance in completing a victim impact statement, and court accompaniment.

#### **Texas Crime Victims Clearinghouse**

[http://www.tdcj.state.tx.us/divisions/vs/victim\\_txcvc.html](http://www.tdcj.state.tx.us/divisions/vs/victim_txcvc.html)

**(800) 848-4284**

Resource and Referral Line for victims of crime.

#### **Williamson County Sheriff's Office Victims Assistance Program**

<http://www.wilco.org>

**(512) 943-1374**

508 South Rock St. Georgetown, TX 78626

Provides services to crime victims, including immediate crisis intervention; general information regarding the criminal justice system, including what happens next; information about your case; property return assistance; referrals to appropriate social service agencies; and assistance in applying for and obtaining crime victim compensation. Serves Williamson County.