

MARCH Elementary Menus



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Happy Birthday Dr. Seuss!

March 2 enjoy a special celebration at breakfast & lunch!

SCHOOL BREAKFAST WEEK CHALLENGE

Eat breakfast in your school café each day the week of March 6-10 and get a FREE snack! Participation includes SBW punch card. See cafeteria for details.

Did you know?

A healthy school breakfast sets students up for success in the classroom every day. Students who eat breakfast are able to focus better, are in a better mood, and have higher test scores!



This institution is an equal opportunity provider.

Monday

Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast



Menu is subject to change

Tuesday

V= Vegetarian Option (or vegetarian upon request)
GF = Naturally Gluten Free
GF*= GF Option
Available Upon Request

Wednesday

1 Lunch
Steak Fingers
Alfredo Rotini V & Chicken Sun Butter & Jelly Sandwich
Mashed Potatoes GF & Gravy
Steamed Green Peas V GF
Breakfast
Apple Frudel V
Whole Grain Breakfast Pizza
Cinnamon French Toast V

Thursday

2 Lunch
Crispy Chicken Sandwich
Rotini w/Italian Meatsauce
Cat in the Hat Parfait V GF*
Buttery Corn V GF
Sautéed Green Beans V GF
Breakfast
Green Eggs & Ham
Very Berry Yogurt Parfait V GF*
Iced Cinnamon Roll V

Friday

3 Lunch
Baked Fish Nuggets
Cheese V & Pepperoni Pizza
Ham & Cheese Pita Pocket
Oven Roasted Cauliflower V GF
Baked Beans V GF
Breakfast
Banana Bread w/Strawberry Yogurt
Whole Grain Breakfast Pizza
Mini Pancakes V

6 Lunch
Homemade Pig in a Blanket
Creamy Mac & Cheese V
Turkey & Cheese Sub
Mixed Peas & Carrots V GF
Roasted Garden Veggies V GF
Breakfast
Egg, Sausage & Cheese Biscuit
Whole Grain Breakfast Pizza
Mini Blueberry Pancakes V

7 Lunch
Crispy Chicken & Waffles
Cheesy Chicken Nachos V GF
Chicken Taco Salad GF
Rainbow Veggies V GF
Refried Beans V GF
Breakfast
Egg & Cheese Taco V
Iced Cinnamon Roll V
Pancakes V & Turkey Sausage

8 Lunch
Hamburger w/Cheese
Baked Beefy Macaroni
Fruit & Yogurt Box V GF*
Steamed Green Beans V GF
Crispy Potato Wedges V GF
Breakfast
NEW! Apple Cinnamon Scone V
Whole Grain Breakfast Pizza
Jumbo Waffles V

9 Lunch
Breakfast for Lunch –
Pancakes, Eggs & Turkey Sausage
Turkey Hot Dog
Sun Butter & Jelly Sandwich V
Baked Beans V GF
Buttery Carrots V GF
Breakfast
Biscuits & Gravy w/Sausage
Iced Cinnamon Roll V
Pancakes V & Turkey Sausage

10 Lunch
Crispy Fish Sandwich
Cheese V & Pepperoni Pizza
Ants on a Log Lunch Box V GF*
Steamed Green Peas V GF
Buttery Corn Tidbits V GF
Breakfast
Very Berry Yogurt Parfait V GF*
Whole Grain Breakfast Pizza
Mini Pancakes V



15 TAKE THE BREAKFAST CHALLENGE
School Breakfast Week 2017
March 6 - 10
#SBW2017



20 Lunch
Crispy Chicken Sandwich
Grilled Cheese Sandwich V
Crispy Chicken Ranch Wrap
Crispy Tater Tots V GF
Mixed Peas & Carrots V GF
Breakfast
Apple Frudel V
Whole Grain Breakfast Pizza
Mini Blueberry Pancakes

21 Lunch
Cheesy Chicken Nachos V GF
Country Fried Steak
Pepperoni Pizza Lunch Box
Mexican Pinto Beans V GF
Buttery Carrots V GF
Breakfast
Egg, Sausage & Cheese Taco
Iced Cinnamon Roll V
Pancakes V & Turkey Sausage

22 Lunch
Steak Fingers
Cheese & Beef Penne
Sun Butter & Jelly Sandwich V
Steamed Green Peas V GF
Mashed Potatoes GF & Gravy
Breakfast
Pancake & Turkey Sausage Wrap
Whole Grain Breakfast Pizza
Cinnamon French Toast V

23 Lunch
Chicken Corn Dog
Alfredo Rotini V w/Chicken
Turkey & Cheese Sub
Sweet Potato Fries V GF
Steamed Broccoli Florets V GF
Breakfast
Cheesy Omelet GF w/Toast V
Iced Cinnamon Roll V
Pancakes V & Turkey Sausage

24 Lunch
Baked Fish Nuggets
Cheese V & Pepperoni Pizza
Grilled Chicken Salad GF*
Steamed Green Beans V GF
Roasted Cauliflower V GF
Breakfast
Very Berry Yogurt Parfait V GF*
Whole Grain Breakfast Pizza
Pancakes V & Turkey Sausage

27 Lunch
Crispy Popcorn Chicken
Creamy Mac & Cheese V
Ham & Cheese Lunch Box GF*
Rosemary Roasted Veggies V GF
Buttery Corn Tidbits V GF
Breakfast
Cheesy Scrambled Eggs V GF*
Whole Grain Breakfast Pizza
Mini Blueberry Pancakes

28 Lunch
Crispy Beef Tacos
Cheesy Breadsticks V
Chopped Chef Salad GF*
Rainbow Veggies V GF
Seasoned Refried Beans V GF
Breakfast
Egg, Ham & Cheese English Muffin
Iced Cinnamon Roll V
Pancakes V & Turkey Sausage

29 Lunch
Hamburger w/Cheese
Creamy Chicken Spaghetti
Berry Yogurt Parfait V GF*
Crispy Potato Wedges V GF
Steamed Green Beans V GF
Breakfast
Pig in a Blanket
Whole Grain Breakfast Pizza
Fluffy Waffles V

30 Lunch
Beef Lasagna
Turkey Hot Dog
Mediterranean Salad V GF*
Baked Beans V GF
Buttered Crinkle Carrots V GF
Breakfast
Strawberry Banana Parfait V GF*
Iced Cinnamon Roll V
Pancakes V & Turkey Sausage

31 Lunch
Cheesy Meatball Sub
Cheese V & Pepperoni Pizza
Tuna Salad Lunch Box GF*
Sautéed Fresh Spinach V GF
Steamed Cauliflower Florets V GF
Breakfast
Maple Blueberry Pancake Wrap
Whole Grain Breakfast Pizza
Mini Pancakes V

Breakfast Meal Price: Paid \$1.35 / Reduced \$0.30 Lunch Meal Price: Paid \$2.45 / Reduced \$0.40 Adult: Breakfast \$2.00/ Lunch \$3.50