

JANUARY Elementary Menus



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Fruit of the Month – Citrus

Local Texas Grapefruit & Mandarin Oranges are served on Tuesdays. Remember to **Try it Tuesday!** Taste a new citrus food on Tuesdays!

Did you know?

New Year's Day traditions vary from culture to culture, but many believe foods such as collard greens, black eyed peas, pork, and grapes bring good fortune and health. So eat up for a happy belly and a happy new year!

Fresh Fruit & Vegetable Bar Served Daily!



This institution is an equal opportunity provider.

Monday

2 Lunch
Mini Chicken Corn Dogs
Sweet & Sour Chicken
Fruit & Yogurt Box V GF*
Roasted Edamame V GF
Buttery Corn V GF
Breakfast
Pancake Wrap
Breakfast Pizza
Mini Strawberry Pancakes V

9 Lunch
Crispy Chicken Nuggets
Creamy Mac & Cheese V
Strawberry & Vanilla Yogurt Parfait V GF*
Mixed Peas & Carrots V GF
Roasted Garden Veggies V GF
Breakfast
Egg, Sausage & Cheese Biscuit
Breakfast Pizza
Mini Blueberry Pancakes V

16
I have a dream...

23 Breakfast For Lunch!
Lunch
Creamy Mac & Cheese V
Tuna Salad Sub
Orange Glazed Carrots V GF
Steamed Green Beans V GF
Breakfast
Pancake Wrap
Breakfast Pizza
Mini Blueberry Pancakes V

30 Lunch
Crispy Chicken Sandwich
Cheesy Breadsticks w/Marinara V
Ham & Cheese Box GF*
Roasted Garden Veggies V GF
Crispy Tater Tots V GF
Breakfast
Scrambled Eggs GF w/Toast V
Breakfast Pizza
Mini Strawberry Pancakes V

Tuesday

3 Lunch
Cheesy Nachos V w/Beef GF
Crispy Fish Nuggets
Chicken Taco Salad GF
Buttery Carrots V G
Charro Beans V GF
Breakfast
Cinnamon Oatmeal V
Iced Cinnamon Roll V
Pancakes V & Sausage

10 Lunch
Cheesy Chicken Quesadilla
Grilled Cheese Sandwich V
Sun Butter Dippers Lunch Box V GF*
Rainbow Veggies V GF
Refried Beans V GF
Breakfast
Colby Cheese Omelet w/Toast V
Iced Cinnamon Roll V
Pancakes V & Sausage

17 Lunch
Crispy Beef Tacos
Baked Chicken Tenders
Garden Salad V GF*
Seasoned Black Beans V GF
Buttery Corn Tidbits V GF
Breakfast
Egg, Sausage & Cheese Sandwich
Iced Cinnamon Roll V
Pancakes V & Sausage

24 Lunch
Cheesy Chicken Nachos V GF
Bean & Cheese Burrito V
Sun Butter & Jelly Sandwich V
Rainbow Veggies V GF
Charro Beans V GF
Breakfast
Egg & Cheese Taco
Iced Cinnamon Roll V
Pancakes V & Sausage

31 Lunch
Chicken Tacos
Grilled Cheese Sandwich V
Chicken Ranch Wrap
Buttery Carrots V GF
Refried Beans V GF
Breakfast
Egg, Sausage & Cheese Taco
Iced Cinnamon Roll V
Pancakes V & Sausage

Wednesday

4 Lunch
Country Fried Steak
Cheesy Beef Penne
Sun Butter & Jelly Sandwich V
Mashed Potatoes GF & Gravy
Steamed Green Peas V GF
Breakfast
Very Berry Yogurt Parfait V GF*
Breakfast Pizza
Fluffy French Toast V

11 Lunch
Hamburger w/Cheese
Cheesy Breadsticks w/Marinara V
Turkey & Cheese Sub
Crispy Potato Wedges V GF
Steamed Broccoli Florets V GF
Breakfast
Blueberry Yogurt Parfait V GF*
Breakfast Pizza
Fluffy Waffles V

18 Lunch
Steak Fingers
Crispy Fish Sandwich
Sun Butter & Jelly Sandwich V
Buttery Green Peas V GF
Mashed Potatoes GF & Gravy
Breakfast
Very Berry Yogurt Parfait V GF*
Breakfast Pizza
Fluffy French Toast V

25 Lunch
Hamburger w/Cheese
Spinach & Cheese Quesadilla V
Cold Cuts Club Sandwich
Crispy Potato Wedges V GF
Steamed Green Beans V GF
Breakfast
Mandarin Yogurt Parfait V GF*
Iced Cinnamon Roll V
Pancakes V & Sausage

V = Vegetarian Option (or vegetarian upon request)
GF = Naturally Gluten Free
GF* = GF Option Available Upon Request

Thursday

5 Lunch
Beef Lasagna
Crispy Chicken Sandwich
Southwest Veggie Wrap V
Steamed Broccoli Florets V GF
Sweet Potato Fries V GF
Breakfast
Egg, Sausage & Cheese Sandwich
Iced Cinnamon Roll V
Pancakes V & Sausage

12 Lunch
Turkey Hot Dog
NEW! Elvis Panini Sandwich V
Ham & Cheese Sub
Baked Beans V GF
Buttery Crinkle Carrots V GF
Breakfast
Biscuits & Gravy w/Sausage
Iced Cinnamon Roll V
Pancakes V & Sausage

19 Lunch
Homemade Bolognese Meat Sauce w/Rotini
Country Fried Steak Sandwich
Yogurt & Fruit Plate V GF*
Steamed Green Beans V GF
Crispy Tater Tots V GF
Breakfast
Scrambled Eggs GF w/Toast V
Iced Cinnamon Roll V
Pancakes V & Sausage

26 Lunch
Orange Chicken
Fried Rice V w/Chicken
Teriyaki Chicken Salad
Stir Fried Veggies V GF
Roasted Edamame V GF
Breakfast
Apple Frudel V
Iced Cinnamon Roll V
Pancakes V & Sausage

Menu is subject to change

Friday

6 Lunch
Cheese V & Pepperoni Pizzas
BBQ Pork Rib Sub
Chef Salad GF*
Seasoned Green Beans V GF
Steamed Cauliflower Florets V GF
Breakfast
Blueberry Pancake Wrap
Breakfast Pizza
Mini Maple Pancakes V

13 Lunch
Cheese V & Pepperoni Pizzas
Cheesy Meatball Sub
Mediterranean Salad GF*
Sautéed Spinach V GF
Roasted Garbanzo Beans V GF
Breakfast
Pancake Wrap
Breakfast Pizza
Mini Maple Pancakes V

20 Lunch
Cheese V & Pepperoni Pizzas
Sloppy Joe Sandwich
Ham & Cheese Pita Pocket
Chuck Wagon Beans V GF
Steamed Cauliflower V GF
Breakfast
Banana Bread w/Yogurt V
Breakfast Pizza
Mini Maple Pancakes V

27 Lunch
Cheese V & Pepperoni Pizzas
BBQ Pork Rib Sub
Chicken Garden Salad GF*
Roasted Garbanzo Beans V GF
Rainbow Veggies V GF
Breakfast
Very Berry Yogurt Parfait V GF*
Breakfast Pizza
Mini Maple Pancakes V

Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast

Breakfast Meal Price: Paid \$1.35 / Reduced \$0.30 Lunch Meal Price: Paid \$2.45 / Reduced \$0.40 Adult Meal Price: \$3.50