



LEANDER INDEPENDENT SCHOOL DISTRICT

204 W. South Street
P.O. Box 218
Leander, Texas 78646
(512) 570-0000

School Year 2016/2017

Dear Parent/Guardian,

Your child has expressed an interest in participating in a Life Skills Education Group provided by LISD's Chemical Abuse Prevention Program (CAPP). The individual/group sessions typically meet weekly/biweekly for approximately 30-45 minutes each time. Some students may only need/want counseling for a shorter length of time (i.e., 2-6 sessions). The sessions may focus on the following topics:

- Planning and Decision Making
- Assertiveness/Refusal Skills
- Self-esteem/Self-image
- Ethical Principles
- Issues concerning Substance Use/Abuse
- Peer Influence/Friendship Skills
- Building Positive Relationships
- Resolving Conflicts

In order to evaluate the effectiveness of our program, we will be administering pre and post surveys to our students to measure the skills that they have learned from attending our sessions.

Please sign and have your child return this form to the CAPP Counselor circled below. Your child may participate in our program as long as determined necessary by his/her CAPP Counselor.

If you have any questions, please call your child's CAPP Counselor. Thank you for your support.

Laura Zermeno	Sarah Romer	Lucy Dunnehoo	Angela Carey	Mary Ann Kluga
CAPP Counselor	CAPP Counselor	CAPP Counselor	CAPP Counselor	CAPP Coordinator
512-570-0316	512-570-0317	512-570-0318	512-570-0319	512-570-0315

I, _____, give permission for my child
_____, to participate in this guidance class and to
complete the pre/post surveys.

Parent/Guardian Signature

Phone Number

Date

Student's Full Name

Student's Campus

9/26/2016