



## **Leander ISD Food Allergy Management Plan (FAMP)**

Leander ISD's food allergy management plan has been developed according to Texas Education Code, EDUC §38.0151. Anaphylaxis is a sudden, severe, and potentially life-threatening allergic reaction that occurs when a person is exposed to an allergen. The most dangerous symptoms include breathing difficulties, a drop in blood pressure or shock. Common examples of potentially life threatening allergies are those to food, stinging insects, medications and latex.

### **Identification of student with food allergies who are at risk for anaphylaxis**

Identification of students with food allergies who are at risk for anaphylaxis began during the 2012-2013 school year. Currently, all students receive a food allergy information form in their new enrollee packet or in their back-to-school packet. These forms are collected by the registrar/front office staff for each campus. If a student's form is marked declaring the student has a food allergy, placing them at risk for anaphylaxis, then the form is transferred temporarily to the school nurse/clinic assistant. Necessary information is obtained by the campus clinic and then the form is returned to the registrar, in order to be maintained in the student's cumulative file. This is in accordance with EDUC 25.0022.

### **Emergency care plans, individualized health-care plans and reduction of risk**

Leander ISD's allergy emergency action plans and health plans are individualized to each student with an allergy. Once notified of a student's allergy, a working relationship with the student, parents/guardians, student's physician, campus clinic staff and other Leander ISD personnel, as appropriate, begin. School health staff receive school orders, signed by the parent and physician, enabling the student's emergency medication to be administered at school. Areas addressed on the emergency action plan include the student's signs and symptoms of anaphylaxis and when to administer epinephrine, as well as when to activate EMS. The individualized health plan, covers the staff training for food allergy awareness and anaphylaxis, including epinephrine administration for school personnel, ensuring a team approach is taken when working with a student at risk for anaphylaxis. Staff training occurs annually and more frequently, if needed.

In the case of severe life-threatening allergies, the school principal collaborates with the campus clinic to determine if classroom notification, requesting parents to voluntarily refrain from sending allergen foods, needs to occur. Depending on physical constraints within the school, the campus principal may also designate a food-allergy friendly area or lunch table. The child nutrition services department, in collaboration with the parents and school nurse, follow their policy regarding medical documentation required for meal substitution. Hand washing guidelines to staff and students are enforced. The custodial department is instructed to use cleaners that remove allergens from the hard surfaces. Non-food items used in curriculum will be modified for those classes who have students with allergies. The transportation department is also trained and informed of students with life threatening allergies. While Leander ISD cannot guarantee an allergy-free environment at school, the district is committed to encouraging prevention and to doing everything possible to ensure the safety of every child who has allergies.

### **Training for school staff on anaphylaxis and emergency response to anaphylactic reactions**

Staff training for anaphylaxis includes a registered nurse covering a power point presentation to discuss anaphylactic reactions. In addition to the power point presentation, a hands on demonstration with an epi-pen trainer is performed. Staff are encouraged to perform a return demonstration with an epi-pen trainer, reinforcing the administration process. School staff are provided with the power point presentation, which includes a link to [epipen.com](https://www.epipen.com/en/about-epipen-and-generic/how-to-use-epipen), which again shows when and how to administer an epi-pen.

<https://www.epipen.com/en/about-epipen-and-generic/how-to-use-epipen>

### **Location of Epinephrine**

Student epinephrine is typically kept in the school clinic, in an unlocked location. This allows for easy access during an emergency for trained school staff to access. Students may also be allowed to self-carry their epinephrine, as long as the physician, parents, and campus health staff view the student as knowledgeable about when and how to administer the medication. The prescription medicine must be prescribed for the student, indicated by the label, and used in compliance with the physicians directions. A self-carry form, signed by parents and physician, is also required to be on file in the campus clinic. The self-administration of prescription anaphylaxis medication is in accordance with EDUC §38.015.

### **Post-anaphylaxis reaction review of policies and procedures**

After a student's anaphylactic reaction at school or at a school-related activity, the health service staff member or athletic trainer should submit an incident report to the District Food Allergy Coordinator, identifying:

1. The source of allergen exposure, if known.
2. Emergency action taken, including whether epinephrine was used and whether the student or a staff member administered the epinephrine.
3. Any recommended changes to procedures.

After a student's anaphylactic reaction the District Food Allergy Coordinator, the school nurse, or a clinic team leader will:

1. Review the FAAP, 504 and IHP as applicable to address any changes needed or made by the student's healthcare provider.
2. If an epinephrine auto-injector was used during the reaction, the school nurse/clinic assistant will contact the parent/guardian to remind him/her to obtain a replacement for the school.
3. If the allergic reaction is thought to be from food provided by the school food service, work with the school food service department to ascertain what potential food item was served/consumed and how to reduce risk in the cafeteria by reviewing food labels, minimizing cross-contamination, and other strategies.

### **Review of District Plan**

The Leander ISD FAMP is reviewed yearly by the appointed District Food Allergy Coordinator to ensure current the maintenance of best practices.



# LEANDER INDEPENDENT SCHOOL DISTRICT

## REQUEST FOR FOOD ALLERGY INFORMATION

**MY CHILD DOES NOT HAVE SEVERE FOOD ALLERGIES** (Check if applicable)

This form allows you to disclose whether your child has a food allergy or severe food allergy that you believe should be disclosed to the District in order to enable the District to take necessary precautions for your child's safety.

**"Severe food allergy" means a dangerous or life-threatening reaction of the human body to a food-borne allergen introduced by inhalation, ingestion, or skin contact that requires immediate medical attention.**

Please list any foods to which your child is allergic or severely allergic, as well as the nature of your child's allergic reaction to the food.

Food:	Nature of allergic reaction to the food:

The District will maintain the confidentiality of the information provided above and may disclose the information to teachers, school counselors, school nurses, and other appropriate school personnel only within the limitations of the Family Educational Rights and Privacy Act and District policy.

Student name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Grade: \_\_\_\_\_

Parent/Guardian name: \_\_\_\_\_

Work phone: \_\_\_\_\_ Home phone: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Date form was received by the school: \_\_\_\_\_



# LEANDER INDEPENDENT SCHOOL DISTRICT

## SOLICITUD DE INFORMACIÓN SOBRE ALERGIAS A ALIMENTOS

### MI HIJO (A) NO TIENE ALERGIAS ALIMENTARIAS SEVERAS

(Compreuebe si aplican)

Este formulario le permite revelar si su hijo tiene alguna alergia a alimentos o alergia severa a alimentos que usted entiende que se debe informar al distrito para que el distrito tome las precauciones necesarias para la seguridad de su hijo.

**"Alergia severa a alimentos" significa una reacción peligrosa o de peligro mortal del cuerpo humano a un alérgeno producido por un alimento, introducido mediante inhalación, ingestión o por contacto con la piel, que requiere atención médica inmediata.**

Por favor, escriba una lista de los alimentos a los cuales su hijo es alérgico o severamente alérgico, al igual que la naturaleza de la reacción alérgica a la comida.

Alimento:	Naturaleza de la reacción alérgica a los alimentos:

El distrito mantendrá toda ésta información confidencial y solo podrá diseminarla a los maestros, consejeros escolares, enfermeras escolares y demás personal escolar apropiado, solo dentro de las limitaciones de la Ley de derechos educativos de la familia y privacidad, y la política del distrito.

Nombre del estudiante: \_\_\_\_\_ Fecha de nacimiento: \_\_\_\_\_

Grado: \_\_\_\_\_

Nombre del padre o encargado: \_\_\_\_\_

Teléfono del trabajo: \_\_\_\_\_ Teléfono de la casa: \_\_\_\_\_

Firma del padre o encargado: \_\_\_\_\_ Fecha: \_\_\_\_\_

Date form was received by the school: \_\_\_\_\_