

Leander Independent School District

Message to 6th Grade Parents/Guardians:

Teaching Your Child About Abstinence and Human Sexuality

During this school year, we'll be teaching a unit about abstinence and human sexuality. The information is very important, and I'd like you to know more about what your son or daughter will be learning. If you wish to preview the material for this unit, you may do so in the library between the hours of 8:30 a.m.- 4:00 p.m. during these dates: _____ . You may choose to exempt your child from this unit by returning the form at the bottom of the page to your child's teacher.

Human sexuality education begins at home. **You** are the primary educators of your children, and you can be an important influence on your child's health decisions. This unit is designed to reinforce what you are teaching at home, not to replace it.

The following topics will be covered in the 6th grade lessons:

- Abstinence
- Personal Hygiene
- Puberty
- Human Reproductive System
- HIV and AIDS
- Refusal Skills

This unit is up to 5 lessons of 30-45 minutes each. It will be taught by LISD PE Teachers.

If you have any questions about this curriculum, feel free to contact the campus Physical Education department.

Sincerely,

Coach <Girls PE> _____ Middle School

Email: _____

Coach <Boys PE>

Email: _____

I do not wish my child, _____, to participate in any of the Puberty, Abstinence and Human Sexuality discussions.

Parent Signature

Date

Return this form to Coach _____ in the gym by <DATE> in order to exempt your student.