

# Leander Independent School District

Message to High School Parents/Guardians:

## Teaching Your Child About Human Reproduction, Abstinence and Human Sexuality

*As part of the high school biology and health curricula, students learn about the human reproductive system, abstinence and human sexuality. The information is very important, and will be taught this year. If you wish to preview the material for this unit, you may do so in the library between the hours of 8:30 a.m.- 4:00 p.m. during these dates: \_\_\_\_\_ or go to the Austin Lifeguard website, [www.austinflifeguard.com](http://www.austinflifeguard.com), and request a parent review under the parent tab. **You may choose to exempt your child from this instruction by returning the form at the bottom of the page to the student's teacher or the Campus Coordinator.***

Human sexuality education begins at home. **You** are the primary educators of your children, and you can be an important influence on your child's health decisions. This unit is designed to reinforce what you are teaching at home.

Austin LifeGuard, an independent organization, conducts presentations on "character and sexuality" education for Leander ISD students in grades 7- 9. The program's goal is to empower teens with accurate information and practical tools to help them make healthy decisions, build healthy relationships, and postpone sexual involvement until marriage. The following topics will be covered in the 9<sup>th</sup> grade presentations:

- Sexually Transmitted Diseases (STDs)
- Abstinence
- Types of Sexual Activity
- Contraceptives
- Pregnancy & Fetal Development
- Influences on Sexual Behavior
- Boundaries
- Goals
- Respect, Self-Esteem and Character
- Healthy Relationships
- Steps to Physical Intimacy
- Love vs. Lust

The program will include a slide presentation on sexually transmitted diseases prepared by the Medical Institute. The presentation shows actual case studies (including STDs on male and female genitalia) in a professional manner. Pre and post surveys will be administered as part of the presentation. This unit is covered in 3 lessons. Students will receive instruction on (DATE)\_\_\_\_\_.

If you have any questions about this curriculum, feel free to contact the Campus Coordinator.  
Sincerely,

Name: \_\_\_\_\_

Email: \_\_\_\_\_

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I do not wish my child, \_\_\_\_\_, to participate in any of the Human Reproduction, Abstinence and Human Sexuality discussions.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

**Return this form to (Teacher Name) \_\_\_\_\_ in (Location) \_\_\_\_\_ by  
(Date) \_\_\_\_\_ in order to exempt your student.**