

# Diabetes Information/Orders from Physician

## For Students Without Pump

**Physician please complete and have parent bring on or prior to the first day of school**

Date \_\_\_\_\_

Student Name \_\_\_\_\_ DOB \_\_\_\_\_ School \_\_\_\_\_

Physician: \_\_\_\_\_ Office Phone: \_\_\_\_\_

Diabetes Educator: \_\_\_\_\_ Pager: \_\_\_\_\_ Phone: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

**I. General Orders**

- A. Blood Glucose Goal Range \_\_\_\_\_ to \_\_\_\_\_ mg/dl  
 Call parents if student's blood sugar:  
     is below \_\_\_\_\_  
     above \_\_\_\_\_  
     urine ketones present \_\_\_\_\_
- B. Times for glucose testing at school \_\_\_\_\_  
     at home \_\_\_\_\_
- C. Current Insulin orders or see attached sheet \_\_\_\_\_
- D. Other medications: \_\_\_\_\_
- E. Meal/snack planned: \_\_\_\_\_
- F. Check blood glucose prior to physical activities? \_\_\_\_\_yes \_\_\_\_\_no
- G. Special instructions regarding physical activity on field trips, track day, etc.  
 Check if appropriate:  
     ↑ Blood Sugar testing \_\_\_\_\_  
     ↑ Snack \_\_\_\_\_  
     ↑ When to exclude from activity \_\_\_\_\_
- H. Level of Diabetic Self Care approved by physician/provider:
 

| Student<br>Alone | Student<br>with<br>Supervision | Student<br>Requires<br>Assistance |                                     |
|------------------|--------------------------------|-----------------------------------|-------------------------------------|
| _____            | _____                          | _____                             | Perform own blood sugar checks      |
| _____            | _____                          | _____                             | Count carbohydrates                 |
| _____            | _____                          | _____                             | Determine correct amount of insulin |
| _____            | _____                          | _____                             | Draw correct amount of insulin      |
| _____            | _____                          | _____                             | Give own injections                 |
| _____            | _____                          | _____                             | Check urine ketones                 |
- I. Student has been instructed regarding:
 

|        |  |
|--------|--|
| Yes/No | Signs and symptoms in recognizing hypoglycemia and hyperglycemia |
| Yes/No | Universal precautions  |
| Yes/No | Proper disposal of sharps  |

**II. Emergency Orders for \_\_\_\_\_ Hypoglycemia and \_\_\_\_\_ Hyperglycemia**

- Check one:
- \_\_\_\_\_ Use standard attached treatment plan as attached  
     Physician's Hyperglycemia Treatment Plan  
     Physician's Hypoglycemia Treatment Plan
  - \_\_\_\_\_ See attached MD orders

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### III. Signatures and Authorizations

#### A. Physician:

These orders as noted previously and as noted on the Hypoglycemic Treatment Plan and the Hyperglycemic Treatment Plan will be in effect for the school year.

\_\_\_\_\_  
**Physician Signature**

\_\_\_\_\_  
**Date**

#### B. Parent/Guardian Authorization:

##### 1. Release of Medical Information from Physician

I authorize \_\_\_\_\_ to fax/phone diabetes related information this school  
Doctor's Office

year regarding my child \_\_\_\_\_, who attends \_\_\_\_\_  
Child's Name  
school to the school clinic.

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Print Name**

\_\_\_\_\_  
**Date**

##### 2. Consent to communicate with physician

I give permission for LISD Student Health Services to communicate with my child's doctor's office concerning my child's diabetes.

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Print Name**

\_\_\_\_\_  
**Date**

#### C. School Nurse/Clinical Manager:

I have reviewed the order for safe implementation. The date for renewal/review is \_\_\_\_\_.

\_\_\_\_\_  
**School Nurse/Clinical Manager**

\_\_\_\_\_  
**Date**

#### D. School Principal:

I have accepted the order to be carried out by the school nurse/trained personnel in my school.

\_\_\_\_\_  
**School Principal Signature**

\_\_\_\_\_  
**Date**